



## Designated Safeguarding Lead



**Joanne Fennelly**  
Headteacher

### Deputy Designated Safeguarding Leads



**Jennifer de Board**  
Assistant Headteacher



**Laura Cunningham**  
Inclusion Leader



**Hannah Garrard**  
Family Support Worker



**Natalie Richards**  
EYFS Lead

**Northampton Safeguarding Children's Board  
(NSCB) Tel: 0300 126 1000  
Email: [nscb@northamptonshire.gcsx.gov.uk](mailto:nscb@northamptonshire.gcsx.gov.uk)**



Dear Parents and Carers,

We have come to the end of an amazing term, with fabulous teaching and learning taking place. Extra opportunities and experiences have added to every child's development and enjoyment of being in school and every child has progressed in all areas of learning- socially, emotionally and academically.

It's now time to take a short break, rest, relax and enjoy the lovely weather before we begin the final term of the year. Please look out for a letter from me on the first day of the new term which will have the dates and details of the wonderful activities and experiences that will be taking place. As always, the final term of the year will be full to the brim!

I am exceptionally proud of your child and all they have achieved this term along with the kindness and consideration they have shown to their classmates and others around the school.

Enormous thanks for your ongoing support and for enabling our school community to be such a wonderful place.

Take care and I look forward to seeing you and your child on Monday June 5th.

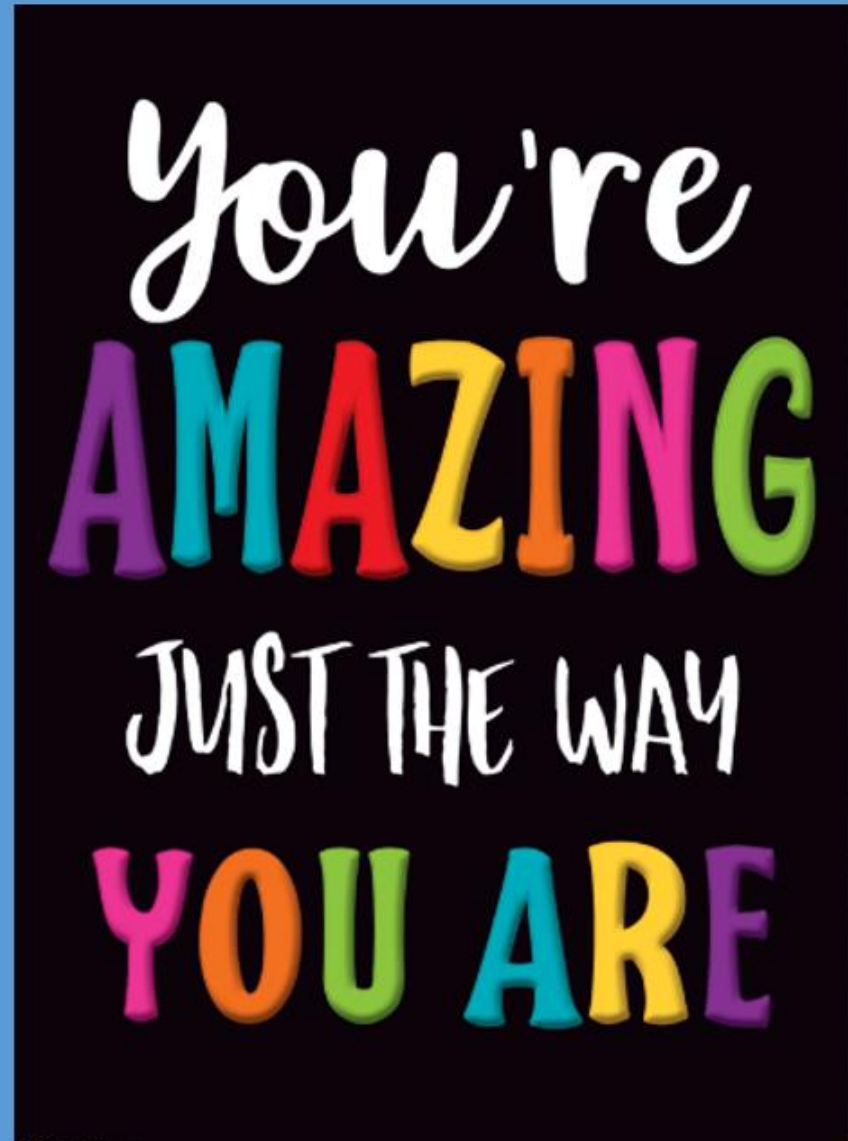
Mrs Fennelly



## **POSTER OF THE WEEK**

**This week we shared how each of us is different and we are all amazing. There is no expectation to change or be different, instead to carry on being the amazing and individual people we are!**

**We are all AMAZING!**





**PLEASE CHECK THE  
LOST PROPERTY RAIL  
IF YOU HAVE ANY ITEMS  
MISSING**





**Please come along to the  
pre-loved uniform sale today at  
3pm on the grassy area at the  
front of the school.**



**Cash donations please,  
all thankfully received.**





## **SPREADING READING HAPPINESS**

**LOOK OUT FOR THE READING BOOKS IN  
THE LOCAL AREA- IF YOU FIND ONE, ENJOY  
IT AND THEN PLACE IT SOMEWHERE IN  
THE COMMUNITY FOR SOMEONE ELSE TO  
FIND AND ENJOY!**

## Dates for your Diary

Date	Year group	Event
29th May – 2nd June	Whole School	Half Term
5th June	Whole School	Return to School, 08:40am
7th June	Parents/Carers	Friends of Simon de Senlis meeting, all Parents & Carers welcome to join
9th June	Whole School	3:30pm After school Fun Run in memory of Rachel Kiff
9th June	Whole School	Entries for the whole school poetry slam
13th June	Robinson	National Space Centre
15th June	Year 6	STEAM visit. University of Northampton
16th June	Year 4	National Art Gallery Visit
19th June	Wiggins, R, 1 & 2	Sports Day

## Dates for your Diary

Date	Year group	Event
20th & 21st June	Year 5	The Festival at The Derngate
22nd – 23rd June	Year 3	Frontier Centre Residential Trip
22nd June	Year 5	Guildhall - photography
22nd June	Year 2	Northampton Museum
23rd June	Year 1	Woburn
26th-30th June	Year 6	West Runton Residential Trip
29th June	Year 3, Robinson & Wiggins	Chocolate Workshop
30th June	Year 2	Brixworth Country Park



## Dates for your Diary

Date	Year group	Event
6th July	Robinson, 3, 4, 5 & 6	Sports Day
8th July	Whole School & Families	Summer Fete
11th & 12th July	Parents	Performance by our Drama club of: SuperStan
13th July	Year Groups	SDS Has Talent Year Group Heats
14th July	Whole School	Art Exhibition in classes
20th July	Year 6	1:30pm Leavers assembly. Tea & cake on the field
21st July	Whole School	SdS Has Talent Final for Children

# YEAR 6 LEAVERS PARTY

## LEAVERS PARTY 2023!



**SATURDAY 22ND  
JULY 2023  
6PM TO 9PM**



**GRANGEWOOD  
RESIDENTS CLUB  
50 BARN OWL CLOSE  
NN4 0UA**

**TICKETS  
£15 EACH**

**INCLUDES DISCO,  
HOT FOOD,  
AND LEAVER'S GIFT!**

**Tickets available to buy from the Year 6 Classroom doors on:  
Friday 26th May and Friday 16th June. Cash only.**

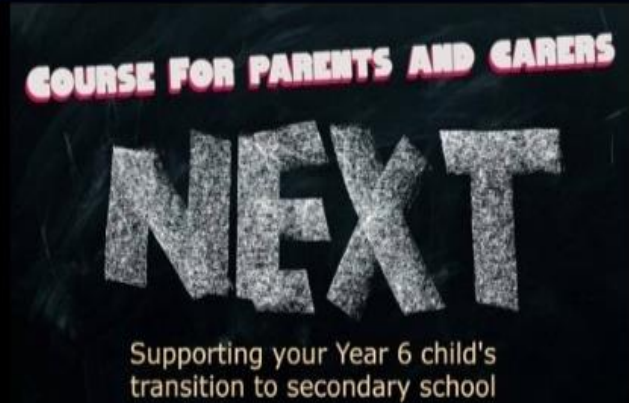
**If you need to arrange a different payment method or ticket collection please email [year6plans@hotmail.com](mailto:year6plans@hotmail.com)**

**Disclaimer: This event is organised by parent volunteers and we are not responsible for your child.**

# New secondary school in September?

## Free course for parents

- Changes and challenges
- How best to support your child
- Where to find advice



Free online courses of 3 weekly evening sessions, starting  
**Tuesday 13<sup>th</sup> and Wednesday 14<sup>th</sup> June, 7pm-8.30pm**

Details and book at:

[northnorthants.gov.uk/adult-learning](http://northnorthants.gov.uk/adult-learning) (Search 'Next')



North  
Northamptonshire  
Council



West  
Northamptonshire  
Council



Northamptonshire  
Police



Wootton Community Safety Event, Thursday 1st  
June, 11am to 2pm.

Please come along to **Wootton Community Centre, Curtlee Hill** on **Thursday 1st June** between **11am and 2pm** where Northants Police will be hosting a Community Safety Event along with numerous partner agencies.

# Wootton Community Safety Event



Thursday 1st June, 11am to  
2pm Wootton Community  
Centre



# Maths



## **Place Value with Michael Underwood**

White Rose Maths have teamed up with TV presenter, teacher and parent Michael Underwood to bring you a mini-series called Maths with Michael.

The first episode in the series explains the importance of place value. Place value is simply the size of a number and how that number can be broken down. This is always the first 'block' of teaching in all year groups throughout the school. The reason for this is that when children have a secure understanding of numbers, they can apply this knowledge to their future knowledge. Place value is the foundation that future maths is built upon.

**Please follow the link below to have a look at the video**

**<https://whiterosemaths.com/for-parents/maths-with-michael/>**

[Maths with Michael | White Rose Maths](#)





# NPAT Reading Challenge!

This year, the NPAT Reading Challenge is taking on poetry!

Choose a poem (or write one)

Learn it.

Perform it!

POETRY BY  
HEART

Have your poem ready to perform for your class competition in the week beginning  
**Monday 19th June.**

All entries will receive a certificate. The winning performers from each year group will go into a Poetry Slam whole school assembly, where the winner will enter our Trust finals!  
Every entry will be entered into a prize draw to win a £10 book voucher and the winning school will win a £50 book token for their class.

Please give your entry form to your class teacher on or before **Friday 9th June.**

## School Mental Health Leads

### Ms Cunningham and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class teacher or contact us in school.



Laura Cunningham

Inclusion Leader  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



Hannah Garrard

Family Support Worker  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



# Simon de Senlis Primary Weekly Update – 26th May 2023



## Meaningful May 2023

### MONDAY

1 Do something kind for someone you really care about

8 Set yourself a kindness mission to help others today

15 Do something to contribute to your local community

22 Find a way to help a project or charity you care about

29 Today do something to care for the natural world

### TUESDAY

2 Focus on what you can do rather than what you can't do

9 What values are important to you? Find ways to use them today

16 Show your gratitude to people who are helping to make things better

23 Recall three things you've done that you are proud of

30 Share a quote you find inspiring to give others a boost

### WEDNESDAY

3 Take a step towards an important goal, however small

10 Be grateful for the little things, even in difficult times

17 Find a way to make what you do today meaningful

24 Make choices that have a positive impact for others today

31 Find three reasons to be hopeful about the future

### THURSDAY

4 Send your friend a photo from a time you enjoyed together

11 Look around for things that bring you a sense of awe and wonder

18 Send a hand-written note to someone you care about

25 Ask someone else what matters most to them and why

### FRIDAY

5 Let someone know how much they mean to you and why

12 Listen to a favourite piece of music and remember what it means to you

19 Reflect on what makes you feel valued and purposeful

26 Remember an event in your life that was really meaningful

### SATURDAY

6 Look for people doing good and reasons to be cheerful

13 Find out about the values or traditions of another culture

20 Share photos of 3 things you find meaningful or memorable

27 Focus on how your actions make a difference for others

### SUNDAY

7 Make a list of what matters most to you and why

14 Get outside and notice the beauty in nature

21 Look up at the sky. Remember we are all part of something bigger

28 Do something special and revisit it in your memory tonight



ACTION FOR HAPPINESS

Happier · Kinder · Together

## Mental Health Awareness Week 2023



This week is Mental Health Awareness Week and anxiety is the one of the themes for this year.

Anxiety is a normal emotion in us all, but sometimes it can get out of control and become a mental health problem. In children, lots of things can lead to feelings of anxiety, including experiencing sudden change, struggles at school, having responsibilities beyond their age range, experiencing family stress (such as money or debt), going through a traumatic experience or other big life events.

Focusing on anxiety for this year's Mental Health Awareness Week will increase people's awareness and understanding of anxiety by providing information on the things that can help prevent it from becoming a problem.

For more information and tips to help children cope with anxiety please visit:

<https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/anxiety/#Howtohelpyourchildinananxiousmoment>



# Simon de Senlis Primary

## How to help your child in an anxious moment

When your child is in the middle of a very anxious moment, they may feel frightened, agitated or worried about having a panic attack. The important thing to do in the moment is to help them calm down and feel safe.

These strategies can help:



Breathe slowly and deeply together.

You can count slowly to five as you breathe in, and then five as you breathe out. If this is too much, try starting with shorter counts. If it works for them, gradually encourage your child to breathe out for one or two counts longer than they breathe in, as this can help their body relax.



Sit with them and offer calm physical reassurance.

Feeling you nearby, or holding your hand or having a cuddle if it's possible, can be soothing.



Try using all five senses together.

Connecting with what they can see, touch, hear, smell and taste can bring them closer to the present moment and reduce the intensity of their anxiety. You might think together about five things they can see, four things they can touch, three things they can hear, two things they can smell and one thing they can taste.





Reassure them that the anxiety will pass and that they will be okay.

It can be helpful to describe it as a wave that they can ride or surf until it peaks, breaks and gets smaller.



Ask them to think of a safe and relaxing place or person in their mind.

If you haven't tried this before, agree with them when they're feeling calm what this place or person is. It could be their bedroom, a grandparent's house, a favourite place in nature or somewhere they've been on holiday. Sometimes holding a memento of a relaxing place, like a seashell or pebble, can help.



Encourage them to do something that helps them to feel calmer.

This could be running, walking, listening to music, painting, drawing or colouring-in, writing in a journal, watching a favourite film or reading a favourite book.



**NPFG**  
Northants Parent Forum Group

## YOUR WELLBEING MATTERS



 **Northampton MIND**  
28th June 2023

 **Corby MIND**  
12th July 2023

 **Wellingborough MIND**  
11th September 2023

 **Towcester MIND**  
14th September 2023

 **10:00-14:00**

 **Free Lunch Provided**

### WHATS ON OFFER!

- Mindfulness
- Mental Health Services
- Local Carers support
- Anxiety Workshops
- Health and well-being
- Community Services
- Time for you....

**IN PARTNERSHIP WITH**



**mind**  
Northamptonshire

**OPEN TO ALL PARENT/CARERS OF YOUNG PEOPLE WITH S.E.N.D**

Miss Garrard says....

## What is parental conflict?

### Definition

Evidence from a range of studies shows that children and young people, who witness conflict between their parents, that is:

- frequent
- intense
- poorly resolved

are at risk of a host of negative developmental outcomes.

Gordon Harold et al (2016) DWP

If you would like some further information or support around parental conflict, please contact me via [info@simondesenlis.org](mailto:info@simondesenlis.org).

## Conflict between parents is normal

### HELPFUL CONSTRUCTIVE CONFLICT - relationship enhancing

- ✓ Try to compromise
- ✓ Demonstrate warmth
- ✓ Use humour and negotiation
- ✓ Resolve their differences
- ✓ Agree to differ
- ✓ Not trying to put the other person down

### HARMFUL CONFLICT - relationship damaging

- × Intense arguments
- × Hostile verbal exchanges
- × The 'silent treatment'
- × The need to win
- × Personal attacks
- × Arguments that are about or involve the children

## How does it impact on children?

At 6 months babies display higher physiological symptoms of distress such: elevated heart rate in response to overt, hostile exchanges between their parents when compared to exchanges between non-parental adults (Cummings, E. and P. Davies, 2002)

1 -5 yrs old children show signs of significant distress: crying, acting out, freezing, withdrawing from or attempting to intervene in the actual conflict (El-Sheikh, M., et al., 2008)

Children between 6 and 12 years and 13 and 17 years show signs of emotional and behavioural distress when exposed (Harold, G. and R. Conger, 1997)

Pre  
schoolers

# WELLIES IN THE WOODS

7th June

STORY TIME AND EXPLORE SESSIONS AT  
DELAPRE ABBEY!



6 week course starting 7th June 2023 at Delapre Abbey  
10:00-11:30

Pre school aged children

To book please email: [emily.oakley@groundwork.org.uk](mailto:emily.oakley@groundwork.org.uk)





## Looking After Your Wellbeing Online

The online world and digital technology has become such a significant part of our lives – and integral to so many aspects of our daily routine – that we shouldn't be surprised at the degree of influence it can wield over what we think and how we feel. Many experiences that young people have on the internet are hugely positive and uplifting ... but sadly, that's not always the case.

Negative incidents online – such as disagreements with other users, stumbling across upsetting content or feeling left out by friends – can be intensely damaging to a child's emotional state. Our #WakeUpWednesday poster has some useful tips for young people and trusted adults on how even small, simple actions can help to protect our wellbeing when we're on the internet.



# What Parents & Carers Need to Know about **INFLUENCERS**

In today's digital age, social media influencers play an increasingly significant role in shaping the opinions, interests and behaviours of our children. While many of these individuals can have a positive effect, influencer culture can also present certain risks – such as encouraging consumerism, affecting self-esteem and blurring trustworthiness. To help ensure a safe online environment for young people, it's vital to maintain open communication, set sensible boundaries, promote a healthy self-image and teach digital media literacy. Our guide delves deeper into all of these.



## WHAT ARE THE RISKS?

### HEIGHTENED CONSUMERISM

A major way that influencers make money is through brand partnerships and sponsored content. As a result, children who follow them may be exposed to a steady stream of advertising; this can lead to materialistic attitudes, unrealistic expectations and an increased desire to have the latest products. Many influencers have built huge brand empires around their large, impressionable following.

### THE SOFT SELL

Some influencers aren't always transparent about the motivations behind their posts, blurring the lines between genuine recommendations and paid-for promotions – and young people sometimes find it difficult to distinguish authentic content from advertising. Many major social platforms have taken steps to make sponsored content and ads easier to identify, but it remains an area of concern.

### PRIVACY CONCERNS

Inspired by their favourite influencers, children may start sharing more of their own lives online – which could reveal personal information or details about their daily routine. This openness can put them at risk of cyberbullying or even predatory behaviour. This is exacerbated by live streaming, which gives young people no time to consider the potential consequences of saying too much.

### UNDERMINING SELF-ESTEEM

Many influencers share images and videos of themselves and their activities, which are often painstakingly curated and edited to present an idealised version of their life. Children who follow these influencers may develop distorted expectations about body image and the concept of beauty, which can potentially lead to negative self-esteem and even mental health issues.





## Advice for Parents & Carers

### KEEP TALKING

Chat to your child about the content they consume on social media and the influencers that they like. Encourage them to think critically about what they see and hear online, and listen to any concerns they might have. Maintaining this line of open, honest communication can help your child to make informed decisions about which individuals they follow and what content they engage with.

### SUPPORT A HEALTHY SELF-IMAGE

Reinforce your child's awareness that real life isn't usually as picture perfect as it may appear on social media – and how some content (particularly that of influencers) is often curated, staged or edited to look more glamorous. If possible, highlight examples of other influencers who share authentic, relatable material which acknowledges their imperfections and struggles as well.

### SET SOME BOUNDARIES

Agree age-appropriate boundaries for your child's social media use, including time limits and privacy settings (the two major operating systems on mobile devices, Android and iOS, have these controls baked in). Try to keep an eye on your child's online activity and discuss it regularly with them – including reminding them of the potential risks that can arise from following influencers.

### PROMOTE MEDIA LITERACY

Talk to your child about the concepts of sponsored content, advertising and potential influencer bias. Teach them to critically evaluate the information they're presented with online and to consider the possible reasons behind content creation. This can help young people develop the skills to make healthier decisions about the influencers they choose to follow and the content they consume.

### Meet Our Expert

A former director of digital learning and currently a deputy headmaster and DSL, Brendan O'Keefe's experience and expertise gives him a clear insight into how modern digital systems impact the experience of children, staff and parents – and which strategies help to ensure that the online world remains a useful educational tool rather than a minefield of risks.



National  
Online  
Safety®

#WakeUpWednesday



If you are a keen coder and what to practice your coding skills, there are some fantastic tutorials which you can work through from home!

# Want to scrub up on your Scratch skills?

Select the Create tab

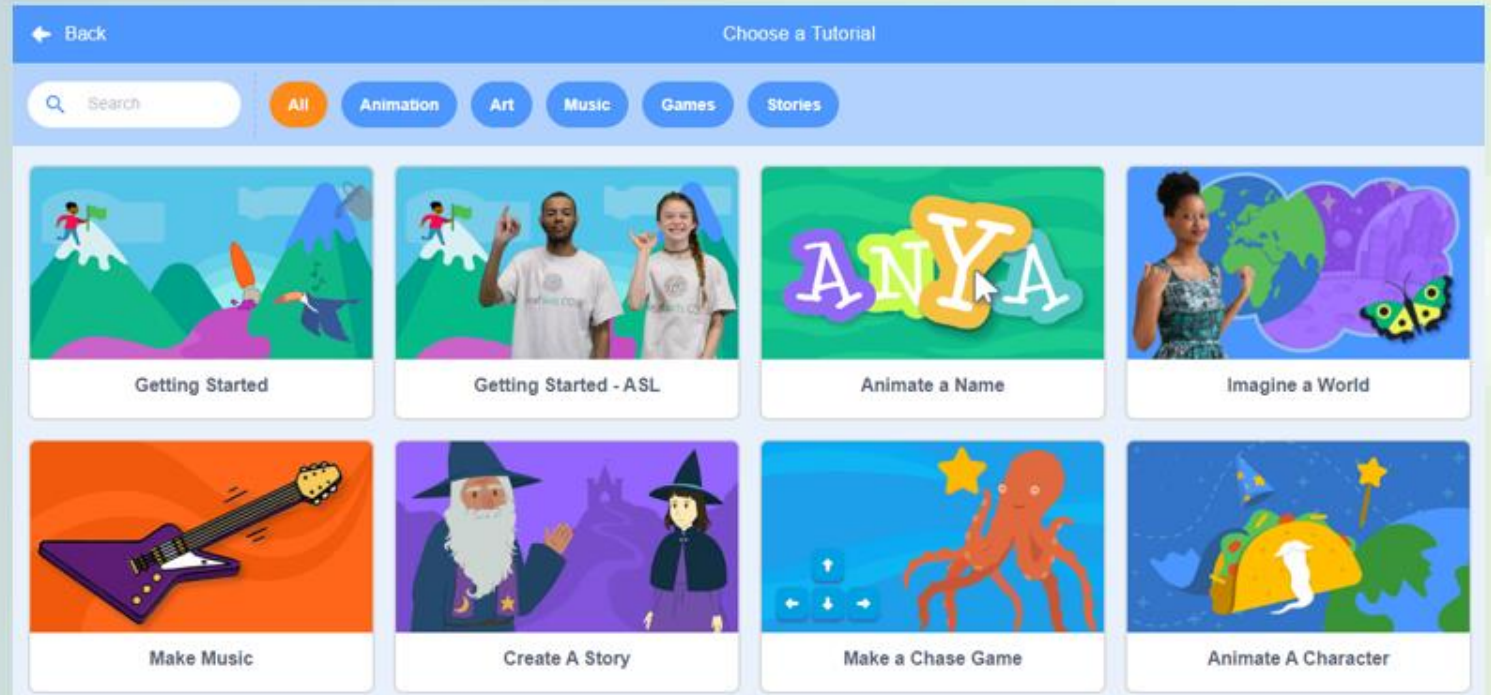


Then select Tutorials



Select a tutorial which you are interested in!

Be sure to share it with us in school!



## West Northamptonshire Council SEND Support Service (SSS): **Northampton Spectrum Course**



West  
Northamptonshire  
Council

Free course for parent/carers  
of children aged 8+ who are on  
the pathway or have an autism  
diagnosis who live in West  
Northamptonshire.

**Six Weekly Sessions Starting  
Thursday 8 June 2023  
(6.30pm-8.30pm)**

Kingsthorpe Children's Centre,  
St. David's Road, Northampton  
NN2 7QJ

*On-site parking available*

For more information and to  
book, visit:

**<https://buff.ly/3GBIxJm>**



## Thunk of the Week

A **thunk** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



If you could choose  
just one thing to change  
about the world, what  
would it be?



# STREET ballet modern ACROBATIC ARTS MUSICAL THEATRE TAP



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WE ACCEPT  
CHILDCARE  
VOUCHERS  
& TAX FREE  
CHILDCARE!

 **PACESETTER**  
SPORTS & WELLBEING

# MAY HALF TERM SPORTS CLUBS

**TUESDAY 30TH MAY - FRIDAY 2ND JUNE**

**REDWELL  
PRIMARY SCHOOL**

**9AM - 4PM  
£23.50 PER DAY**

**MULTISPORTS  
& GYMNASTICS**

Wellingborough. NN8 5LQ

**ABINGTON  
PDC**

**9AM - 4PM  
£23.50 PER DAY**

**MULTISPORTS  
& GYMNASTICS**

Northampton. NN1 5JS

**BOOK 5 OR  
MORE FULL  
DAYS IN  
THE SAME  
ORDER &  
SAVE 10%!**

**KING'S  
PARK SPORTS**

**9AM - 4PM  
£23.50 PER DAY**

**MULTISPORTS**

Northampton. NN3 6LL

**ACTIVITIES  
INCLUDING FOOTBALL,  
DODGEBALL,  
TENNIS, CRICKET,  
BASKETBALL, HOCKEY,  
BADMINTON...AND  
LOTS OF FUN GAMES!**

Book online at:

**[WWW.PACESETTERONLINE.CO.UK/HOLIDAY](http://WWW.PACESETTERONLINE.CO.UK/HOLIDAY)**

[www.pacesetteronline.co.uk](http://www.pacesetteronline.co.uk)

T. 01604 686367 E. [info@pacesettersports.co.uk](mailto:info@pacesettersports.co.uk)





We are proud to announce that we are now fully OFSTED Registered and as a result of this, we are able to accept all types of childcare vouchers and the government tax-free scheme as payment for our services.

This is something we have been working on for some time that will hopefully allow even more people to join us at our amazing Holiday Camps.

## HOW TO REGISTER

To register for any of our Camps throughout the year, please head to our website.

**Rhinosportsacademy.co.uk/camps**

Select the camp activity and dates you desire and your good to go.

### NEED SOME HELP REGISTERING?

If you are experiencing any difficulties registering your child for one of our clubs or camps please don't hesitate to get in contact with one of the team who will be more than happy to help.



@Rhinosportsacademy



@RhinoSportsAcad



@rhinosportsacademy

Phone: 07894 713006

Email: [enquiries.rhinosportsacademy@gmail.com](mailto:enquiries.rhinosportsacademy@gmail.com)



# MAY CAMP



**MULTISPORTS**

**ARTS & CRAFTS**

**PERFORMING ARTS**

**RHINOSPORTSACADEMY.CO.UK/CAMPS**



# MAY HALF TERM

**Kids Club**

Ages 7 - 17 yrs

**Parent & Tot**

Ages 2 - 4 yrs

**Parent & Child**

Ages 4 - 7 yrs

**Discover Paddlesports**

Suitable for all ages 7+

**Taster Days**

Suitable for all ages 7+

29th May  
-  
2nd June

Northampton Active  
NN4 7AA

Check online  
for times

We have a wide range of activities to be enjoyed here (Session depending)

Canoeing  
Kayaking  
Paddleboarding  
MEGA Paddleboard  
Archery  
High Ropes

Whitewater Tubing  
Whitewater Rafting  
Problem Solving  
And more...





## May Half Term 2023

# Holiday Fun

<b>Games /Sports</b> 	<b>Atomic Science</b> 
<b>Arts &amp; Crafts</b> 	<b>YOGA and Mindfulness</b> 
<b>Big Bubble</b> 	<b>Music</b> 
<p>Is it for me?  <b>Open to Primary age children from Reception to Age 11</b>          How much?  <b>£15 per day, 9am – 3.30pm each day</b>          How do I book?  <b>To book spaces please visit: <a href="http://www.northamptonesco.co.uk">www.northamptonesco.co.uk</a>, you can book as many days as you require. Full details can be seen on our website/facebook page.</b>          What do I need?  <b>Packed Lunch and plenty of drinks.</b>  <b>Wear clothes suitable for moving freely and trainers/plimsolls.</b>  <b>Parents/Carers must drop off and pick up children.</b>  <b>Please ensure your child's lunch does not contain any nuts.</b>          Queries?          Email- <a href="mailto:holidaycamps@northamptonesco.co.uk">holidaycamps@northamptonesco.co.uk</a> or call/text 07940 705535</p>	

Tuesday 30 <sup>th</sup> May	Wednesday 31 <sup>st</sup> May	Thursday 1 <sup>st</sup> June	Friday 2 <sup>nd</sup> June	Venue
<b>Big Bubble</b> 	<b>Sports</b> 	<b>Science</b> 	<b>Games</b> 	<b>Millway Primary School</b>  <b>Millway, Duston, Northampton NN5 6ES</b>
<b>Arts and Crafts</b> 	<b>Arts and Crafts</b> 	<b>Yoga</b> 	<b>ISM Music</b> 	
<b>Circus Skills</b> 	<b>ISM Music</b> 	<b>Big Bubble</b> 	<b>Science</b> 	





ELITE FOOTBALL COACHING

# **EFC FOOTBALL DEVELOPMENT CAMP**

**JUNE 1ST 2023**



**Boys and Girls Aged 6 - 13**



**CAMP TIME 09:00AM - 03:00PM**



**The Obelisk, Northampton, NN2 8UE**

**£26 PER DAY**



ALL PLAYERS ARE WELCOME AND WILL TRAIN IN SMALL GROUPS BROKEN UP BY AGE AND ABILITY SO THEY CAN LEARN AT THEIR OWN PACE.

**[WWW.ELITEFOOTBALLCOACHING.ORG/BOOKONLINE](http://WWW.ELITEFOOTBALLCOACHING.ORG/BOOKONLINE)**





# GIRLS FOOTBALL DEVELOPMENT CAMP

*ONLY FEMALE FOCUSED DEVELOPMENT CAMP IN NORTHAMPTONSHIRE.*

MAY  
**30**

MEMORIAL SPORTS FIELD  
SYWELL ROAD, NN8 6BS

JUNE  
**1**

OBELISK CENTRE  
NORTHAMPTON, NN2 8UB

**ALL CAMPS RUN 9AM - 3PM**  
**GIRLS AGED | 6 - 14**

**£26 PER DAY**



[WWW.ELITEFOOTBALLCOACHING.ORG/BOOKONLINE](http://WWW.ELITEFOOTBALLCOACHING.ORG/BOOKONLINE)





# World Cup

## FEMALE FESTIVAL

WELLINGBOROUGH  
OLD GRAMMARIANS  
NN8 6BS

SUNDAY 23RD  
JULY 2023

10AM - 4PM



### Tournament

5-A-SIDE

U9 | U11 | U13

9-A-SIDE

U15

EARLY BIRD  
OFFER  
£20  
P/TEAM  
UNTIL 23/04

### Skill Sessions

5-11 YEAR OLDS

FREE! SIGN UP  
HERE!

ENTER HERE!



FALCON FRANKIE | BOUNCY CASTLE | FACE PAINT | STALLS | REFRESHMENTS

For more information please contact: [Harley.Collyer@NorthantsFA.com](mailto:Harley.Collyer@NorthantsFA.com)



# Female FOOTBALL OPPORTUNITIES

There are a number of different opportunities  
for females to play football around  
Northamptonshire

## OPPORTUNITIES

WILDCATS | SQUAD GIRLS'  
GRASSROOTS | RECREATIONAL  
WALKING FOOTBALL

5-11 YEAR OLDS

12 YEARS OLD +



Scan here!

[www.northantsfootball.com/femaleopportunities](http://www.northantsfootball.com/femaleopportunities)



# U12'S NEWS



WEDNESDAY'S  
18:30-20:00  
NN1 5RX

OLD  
NORTHAMPTONIANS  
RFC

SUNDAY'S  
13:30-15:00  
NN1 5RX

**RUGBY TRAINING 18:30-20:00**



## OLD NORTHAMPTONIANS U12s GIRLS RUGBY TRAINING

JOIN OUR TEAM ON'S U12S ARE RECRUITING!  
WHETHER YOU HAVE PLAYED BEFORE OR BRAND  
NEW WE WOULD LOVE TO HAVE YOU AS PART OF  
OUR TEAM

TRAINING IS WEEKLY WEDNESDAY'S 18:30-20:00  
& SUNDAY'S 13:30-15:00

FOR MORE INFO CONTACT  
TONY:07368223120 or  
EMAIL:[fionagirlsrugby@gmail.com](mailto:fionagirlsrugby@gmail.com)





## NPAT TERM DATES 2022-23

TERM DATES	STARTING	ENDING
TERM 1	Monday 5 September 2022	Friday 21 October 2022
TERM 2	Tuesday 1 November 2022	Friday 16 December 2022
TERM 3	Wednesday 4 January 2023	Friday 10 February 2023
TERM 4	Tuesday 21 February 2023	Friday 31 March 2023
TERM 5	Monday 17 April 2023	Friday 26 May 2023
TERM 6	Monday 5 June 2023	Friday 21 July 2023

## TRAINING DAYS

Thursday 1 and Friday 2 September 2022
Monday 31 October 2022 (NPAT Conference)
Tuesday 3 January 2023
Monday 20 February 2023

SCHOOL HOLIDAYS (NOT INCLUDING TRAINING DAYS)	FROM	TO
OCTOBER	Monday 24 October 2022	Friday 28 October 2022
CHRISTMAS	Monday 19 December 2022	Monday 2 January 2023
FEBRUARY	Monday 13 February 2023	Friday 17 February 2023
EASTER	Monday 3 April 2023	Friday 14 April 2023
MAY	Monday 29 May 2023	Friday 2 June 2023

BANK HOLIDAYS
Christmas Holidays Monday 26 & Tuesday 27 December 2022
Bank Holiday Monday 2 January 2023
Easter Weekend Friday 7 & Monday 10 April 2023
May Bank Holidays Monday 1 May, Monday 8 May* & Monday 29 May 2023
Summer Bank Holiday Monday 28 August 2023

\*Coronation of King Charles

 Pupil Days

 Bank Holidays

 School Holidays

 Teacher Training Days

## NPAT Academic Calendar 23/24

**Teacher Training Days**  
Monday 4 September 2023  
Tuesday 5 September 2023  
Monday 30 October 2023  
Monday 26<sup>th</sup> February 2024  
Monday 3<sup>rd</sup> June 2024

September 2023					
Mon		4	11	18	25
Tues		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

October 2023					
Mon		2	9	16	23
Tues		3	10	17	24
Wed		4	11	18	25
Thu		5	12	19	26
Fri		6	13	20	27

November 2023					
Mon			6	13	20
Tues			7	14	21
Wed		1	8	15	22
Thu		2	9	16	23
Fri		3	10	17	24

December 2023					
Mon		4	11	18	25
Tues		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

January 2024					
Mon	1	8	15	22	29
Tues	2	9	16	23	30
Wed	3	10	17	24	31
Thu	4	11	18	25	
Fri	5	12	19	26	

February 2024					
Mon		5	12	19	26
Tues		6	13	20	27
Wed		7	14	21	28
Thu	1	8	15	22	29
Fri	2	9	16	23	

March 2024					
Mon		4	11	18	25
Tues		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

April 2024					
Mon	1	8	15	22	29
Tues	2	9	16	23	30
Wed	3	10	17	24	
Thu	4	11	18	25	
Fri	5	12	19	26	

May 2024					
Mon		6	13	20	27
Tues		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31

June 2024					
Mon		3	10	17	24
Tues		4	11	18	25
Wed		5	12	19	26
Thu		6	13	20	27
Fri		7	14	21	28

July 2024					
Mon	1	8	15	22	29
Tues	2	9	16	23	30
Wed	3	10	17	24	31
Thu	4	11	18	25	
Fri	5	12	19	26	

August 2024					
Mon			5	12	19
Tues			6	13	20
Wed			7	14	21
Thu		1	8	15	22
Fri		2	9	16	23





***26TH MAY  
2023***

**SOME  
NEWS FOR  
OUR  
CHILDREN**

## Wind power wins!



**Pictured:** Off shore wind farm, North Sea, England **Source:** Canva

Research from Imperial College London has shown that wind turbines have generated more energy than gas for the first time in the UK! The research, which is funded by Drax energy company, found a third of the country's electricity used in January – March 2023 came from wind farms. Iain Staffell, energy researcher at Imperial College and lead author of the report said, 'There are still many hurdles to reaching a completely fossil fuel-free grid, but wind out-supplying gas for the first time is a genuine milestone event.' The UK aims for all of its electricity to have net zero emissions by 2035. This

means removing an equal amount of CO<sub>2</sub> (carbon dioxide) from the atmosphere as is released. Carbon emissions continue to increase, despite the growth of sustainable technologies in recent years such as wind turbines. Currently, the majority of homes use gas for their heating but the government hopes to switch households to heat pumps, which use electricity. As a result, renewable energy sources such as wind and solar, can be used to generate the energy to heat people's homes. **Do you support these plans? How may this affect the way you heat your home in the future?**

## Acts of kindness are universal

Researchers from The University of Sydney have concluded that small acts of kindness are universal. The global study has found that people all over the world help each other every two minutes! The scientists discovered that in our everyday lives, humans will signal a need for assistance (for example, to pass items, help to make food or move heavy objects) on average once every two minutes and seventeen seconds. In all cultures, these small requests for help are complied with seven times more often than they are turned down, and six times more often than they are ignored. 'Our reliance on each other for help is constant,' said Professor Nick Enfield, who led the study,

'On the rare occasions when people do decline, they explain why. This human tendency to help others when needed –and to explain when such help can't be given—transcends other cultural differences.' Assistant Professor Giovanni Rossi from the University of California, Los Angeles, and his team analysed over 40 hours of video recordings of everyday life in towns in Italy, Poland, Russia, Aboriginal Australia, Ecuador, Laos, Ghana, and England. The study was conducted over five continents and represented eight diverse languages and cultures.

**Do you enjoy helping other people?**

**How does it make you feel?**

**Pictured:** Children helping each other. **Source:** Canva





# Saving the Sturgeon



Pictured: Sturgeon fish. Source: Blue Marine Foundation @Bluemarinef Twitter page.

A team of conservationists, led by the Zoological Society of London (ZSL), have launched the UK Sturgeon Conservation Strategy and Action Plan. It is hoped the ancient, critically endangered native sturgeon can be reintroduced to UK waters using the UK Sturgeon Action Plan. The majestic 'dinosaur fish' has been living in UK waters since the Bronze Age, surviving several mass extinctions and even ice ages. Sadly, researchers say, they have struggled to survive man-made changes to their environment. Dam construction in rivers blocked their migration routes and overfishing caused numbers to plummet. 'Growing up to 5m in length, with long whisker-like barbels and diamond-shaped armoured plates along their backs, sturgeons look like they've swum straight out of a palaeontologist's textbook,' Hannah McCormick, from ZSL described



the imposing looking fish. She added, 'These impressive and ancient animals were once common in UK rivers and along our coastline, so it's hardly surprising that they were declared "royal fish" by King Edward II back in the 14<sup>th</sup> century, meaning all sturgeons landed in the UK have to be offered to the Crown – although nowadays this is just a formality.' ***Did you know that under UK law, whales are also 'royal fish' - meaning that when caught, they become the personal property of the monarch of the United Kingdom?***

Last week's topic:

Do you think music has a positive impact on the world?

I think when you have to represent your country it will be really exiting but scary . I want to be a performer one day like all these artists.

Jaida



Some types of music can make you feel happy and can have a good impact on your mental health.

Poppy

I think music does have a good impact on the world.

Max

Yes, music adds value and speaks about different things that happens in different culture. It also shows the culture and values of each society.

Ariella

Let us know what you think about this week's news?



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## Let's look at this week's story

30 years ago, on 30<sup>th</sup> April 1993, Swiss science company CERN opened up the World Wide Web to the world, free-of-charge. The 'collaborative information system' was being used by the scientists at CERN (the European Organisation for Nuclear Research) to communicate, without delay, across countries and continents but deciding that there could be wider uses for the tool, they made it available for everyone.





Picture  
News

**Has being online  
changed things for  
the better?**

W3

The World Wide Web project

Beveiligd | <https://www.w3.org>

# World Wide Web

The WorldWideWeb (W3) is a wide-area hypermed

Everything there is online about W3 is linked direc

What's out there?

Pointers to the world's online information, s

Shutterstock

# Reflection



Whilst there are many benefits of having access to a huge amount of information at the click of a button, it's important to use it wisely. We can do this by checking where it has come from and ensuring safety in all we do online.





# TAKEHOME



**Has being online changed things for the better?**



## In the news this week

30 years ago, on 30<sup>th</sup> April 1993, Swiss science company CERN opened up the World Wide Web to the world, free-of-charge. The 'collaborative information system' was being used by the scientists at CERN (the European Organisation for Nuclear Research) to communicate, without delay, across countries and continents but deciding that there could be wider uses for the tool, they made it available for everyone.

### Things to talk about at home ...

- > How often do you access websites online? Are there any particular sites that are your favourites? What about others in your home?
- > Talk to someone older, who can remember a time before people had access to the World Wide Web. Ask them how things were different.

**Please note any interesting thoughts or comments**

**Share your thoughts and read the opinions of others**

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

