



WORLD  
METEOROLOGICAL  
ORGANIZATION

Weather · Climate · Water



## World Meteorological Day

### Designated Safeguarding Lead



Joanne Fennelly  
Headteacher

#### Deputy Designated Safeguarding Leads



Jennifer de Board  
Assistant Headteacher



Laura Cunningham  
Inclusion Leader



Hannah Garrard  
Family Support Worker



Natalie Richards  
EYFS Lead

Northampton Safeguarding Children's Board  
(NSCB) Tel: 0300 126 1000  
Email: [nscb@northamptonshire.gcsx.gov.uk](mailto:nscb@northamptonshire.gcsx.gov.uk)

## Dates for your Diary

Date	Year group	Event
28th March	Whole School	Opening of the outdoor classroom by the Mayor and Mayoress of Northampton
30th March	Rowling Class	Recorder performance at 9:30am
30th March	Year 4	Violin and Cello performance at 2:45pm
26th - 28th April	Year 4	West Runton Residential Trip
4th May	Whole School	Whole Class photographs
5th May	Whole School	King Charles Coronation Celebrations 1:30pm-3:00pm
15th May	Year R & 6	School Nurses, heights & weights
20th & 21st	Year 5	The Festival at the Derngate
22nd – 23rd June	Year 3	Frontier Centre Residential Trip
26th-30th June	Year 6	West Runton Residential Trip



Dear Parents and Carers,

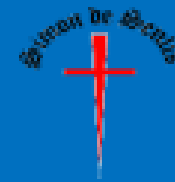
This week there have been so many moments where I have felt so proud of our children, staff, families and community. Through visiting classes, I have seen the wonderful engagement and love for learning taking place across all areas of the curriculum. The children constantly demonstrate their enjoyment for success and their own pride in all they achieve. Seeing the children's work is always such a pleasure and we are all so proud of their achievements

Our whole community is such a wonderful place to live and learn and I feel a huge amount of pride that our school is at the heart of this. From our work with our local businesses, to the visits to the local library, our swimming lessons at Danes Camp and the positive work that all in our community do for our children.

Parents and carers, I know you too feel proud of our school and all we achieve together. We are a team and one we should all be proud of.

Enjoy the weekend and enormous thanks for your ongoing support.

Mrs Fennelly



NHS Guidelines and school policy.



If your child has sickness or diarrhoea, they must remain at home for 48 hours after the last incident of illness.

Thank you for your support.

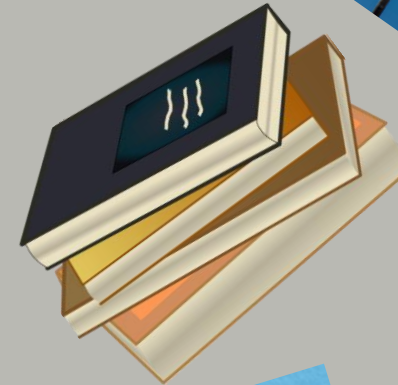


[Diarrhoea and vomiting - NHS \(www.nhs.uk\)](https://www.nhs.uk)





# Booking closes on Sunday 26th March for Simon de Senlis amazing after school clubs



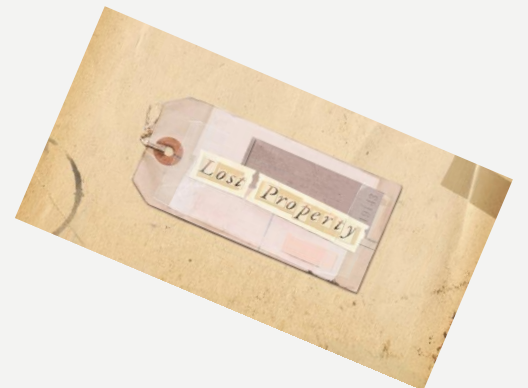
# LOST PROPERTY

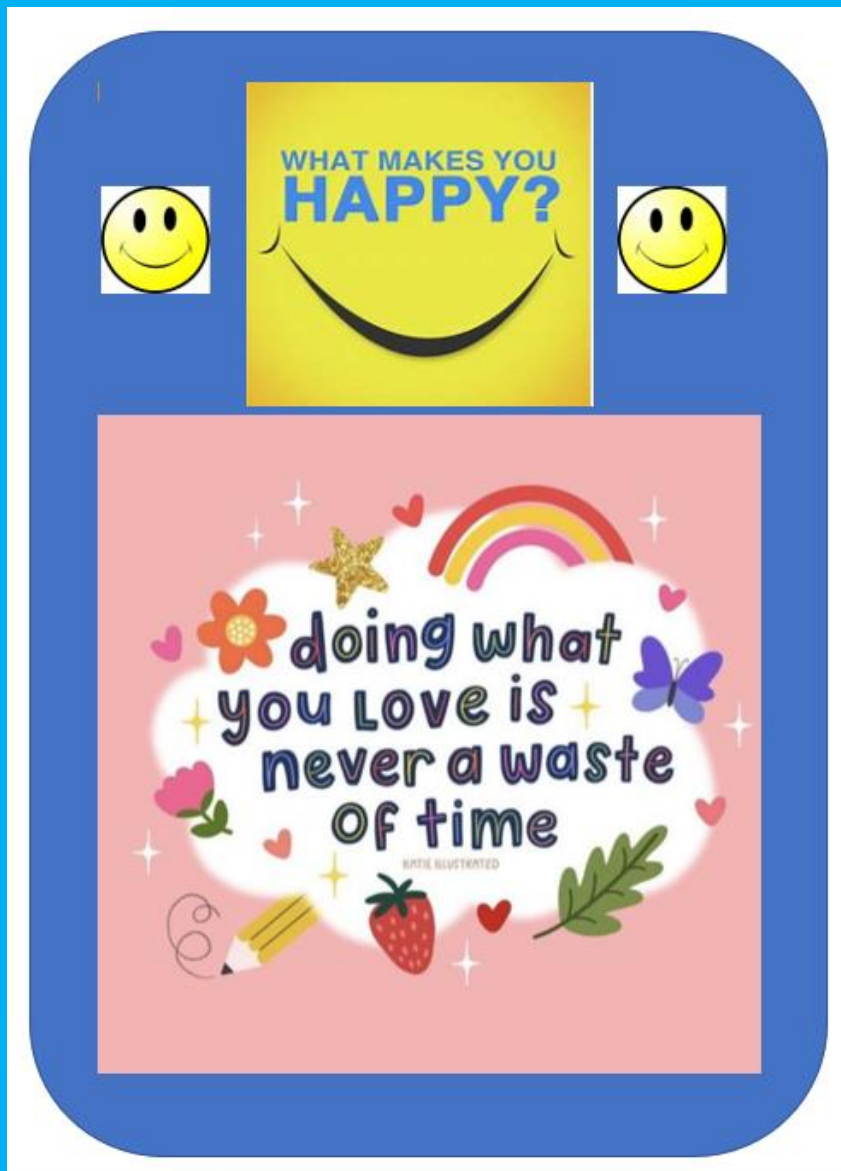


**THERE IS A LARGE AMOUNT OF LOST PROPERTY,  
PLEASE CHECK THE RAIL.**

**ITEMS NOT CLAIMED WILL BE DONATED TO THE FRIENDS  
AT THE END OF TERM.**

**PLEASE ENSURE ALL OF YOUR ITEMS ARE CLEARLY NAMED**





## Poster of the Week

This week we discussed the wide range of hobbies and past-times that children have and how important it is to find time for these.

We heard from the teachers and staff about their favourite hobbies too.

Keep doing the things you love!



We would like to wish all children, families and colleagues celebrating Ramadan, Ramadan Kareem. We hope this Ramadan brings you happiness and peace. We wish you all the very best for this Ramadan festive season 2023.







# SIMON DE SENLIS PRIMARY WEEKLY UPDATE – 24TH MARCH



Simon de Senlis  
Amazing Extracurricular clubs

Next term, we would like to run a chess club, if you have a complete chess set you could donate to School, please bring it to the office.

Thank you.



## Exciting News

Our new outdoor classroom will be called.....

**The Queen Elizabeth II Outdoor Classroom**

Congratulations to Lottie Dove for her winning entry.

We will be holding an official opening ceremony by the Mayor and Mayoress of Northampton on March 28th.





## Friends of SdS Upcoming Events

Please find all events on your ParentPay Account

**Friday March 31<sup>st</sup>- Easter Raffle, Cost- 1 ticket for £1, 10 tickets for £5.** This raffle will include chocolate hampers, easter eggs and other prizes too! Prizes will be drawn on the last day of term- good luck!! The shop will close on Wednesday March 29<sup>th</sup>.

**Friday April 14<sup>th</sup> (within the Easter holiday) Film Fun Morning 9:30am-12:00 noon, cost £5 per child.** Drop your child off with a snack and a drink for them to enjoy time with their friends watching a film and enjoying a playtime together. Cost £5 per child. Teachers will be at this event. The shop will close on Wednesday March 29<sup>th</sup>.







Have you got your raffle  
tickets yet??

Available on: ParentMail

We would like to say Thank You to:

[Tesco and Jules at home](#)  
for their kind donation of raffle prizes





**The fabulous prizes  
for our Easter  
Raffle.**

**Tickets are  
available until  
29/03/2023**





## Artist of the Week- Giuseppe Arcimboldo

The Renaissance artist Giuseppe Arcimboldo lived nearly 500 years ago painted the earliest and most elaborate vegetable faces. With mange touts for eyebrows and corn for hair, these works were likely meant as novelties to entertain a fickle royal court. To a contemporary audience, they still have the power to raise a good laugh; they are an incredibly weird sight. The paintings were created at a time when exotic, imported vegetables were associated with wealth. In the sixteenth century, maize, tomatoes and French beans had recently arrived in Europe, along with potatoes. Can you spot the vegetables?



## **Poem of the Week-**



## **It Must Be Spring**

**By May Fenn**

**Hush, can you hear it?**

**The rustling in the grass,**

**Bringing you the welcome news that**

**Winter's day is past.**

**Soft, can you feel it?**

**The warm caressing breeze,**

**Telling you the sticky buds**

**Are bursting on the trees.**

**Look, can you see them?**

**The primrose in the lane.**

**Now you must believe it —**

**Spring is here again.**





## Inspirational Person of the Week- Jessica Watson

Jessica Watson was born in Australia in 1993. When she was 13 years old, Jessica told her mum and dad that she wanted to explore and sail around the world on her own!

On the 18<sup>th</sup> October 2009, Jessica set off from Sydney in Australia on her solo sailing adventure.

During the trip, Jessica faced storms with waves reaching 12m high! There were also times when the boat was rolled upside down by the waves and some days when there was no wind and she couldn't sail very far at all. After spending 210 days at sea, Jessica returned to Sydney on 15<sup>th</sup> May 2010, three days before her 17<sup>th</sup> birthday.





## Musician of the Week- Louis Armstrong

Louis Armstrong was born on 4<sup>th</sup> August 1901 in New Orleans, USA.

When Louis was 10-11 years old, he had to leave school. A year later, he was sent to a home for troubled children and he learnt to play the cornet there.

Louis was determined and he set his mind to becoming a professional musician. He played the trumpet and performed in bands on the steamboats that cruised the Mississippi River. He went on to record his own music, star in films and win awards for his many achievements. One of his most famous songs is 'What a Wonderful World' and it celebrates Louis' love of life. On 6<sup>th</sup> July 1971, Louis died but his music lives on.

And I think to myself, what a wonderful world.







**Geography- Look at  
the four seasons  
depicted in this  
one Finnish Island....  
Amazing!**



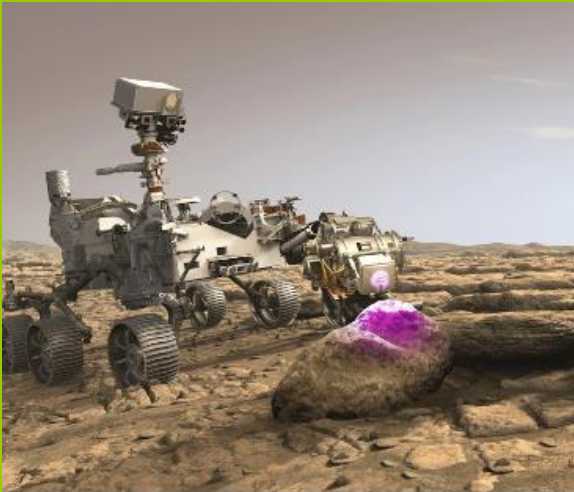




Do you love finding out about the world around you?  
If yes, take a look at the National Geographic for Kids website below:



[National Geographic Kids](https://www.nationalgeographic.com/kids/)



**Welcome to Mars!**



**Make elephant  
toothpaste**



**Make an underwater  
scope**



WOMEN HEROES

**Women codebreakers of  
World War II**



## Internet Safety Info



# easter computing activities

## EASTER EGG HUNT

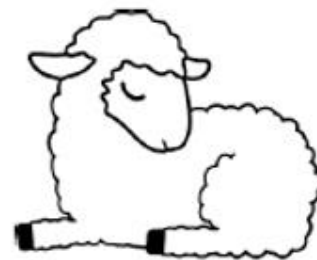
Computer programmers like to have fun at Easter too! When they make software they sometimes hide a secret features or hidden message... Can you find any examples and make a presentation of the best ones?

## MAKE IT YOUR OWN

Can you think of a better Easter task that is related to Computing? Design a fun activity for students in Computing next time!

## EASTER QUIZ

Create an Easter quiz with lots of questions about rabbits, eggs and chocolate!



## EGG DECORATION

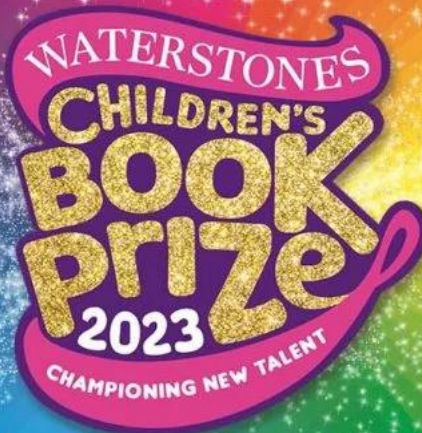
In Microsoft PowerPoint draw an Easter egg shape (It is an Oval shape where you Insert Shapes) and then decorate it. You could copy the shape to Microsoft Paint or a graphics package if you prefer to decorate there!

## Lucky Eggs

Imagine you've won a lucky Easter egg competition where you can win £5000 to spend at Easter on anything to do with Computing. Create a presentation to show how you would spend as close to £5000 as possible! You can only keep the items if you can justify why they would be useful to you!

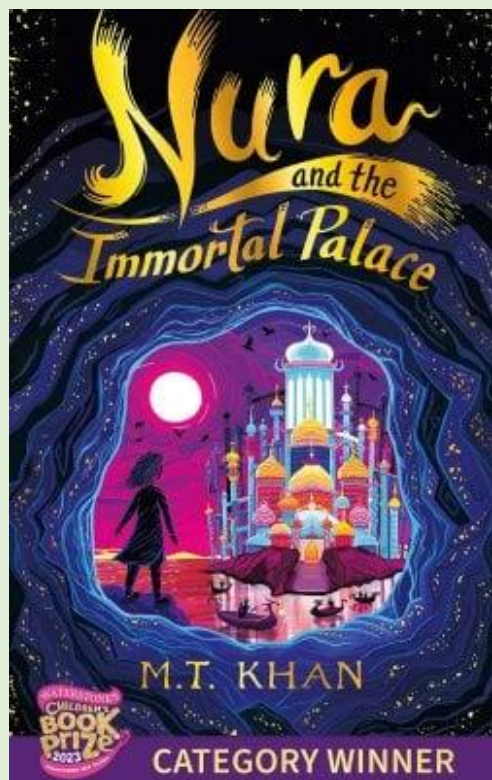




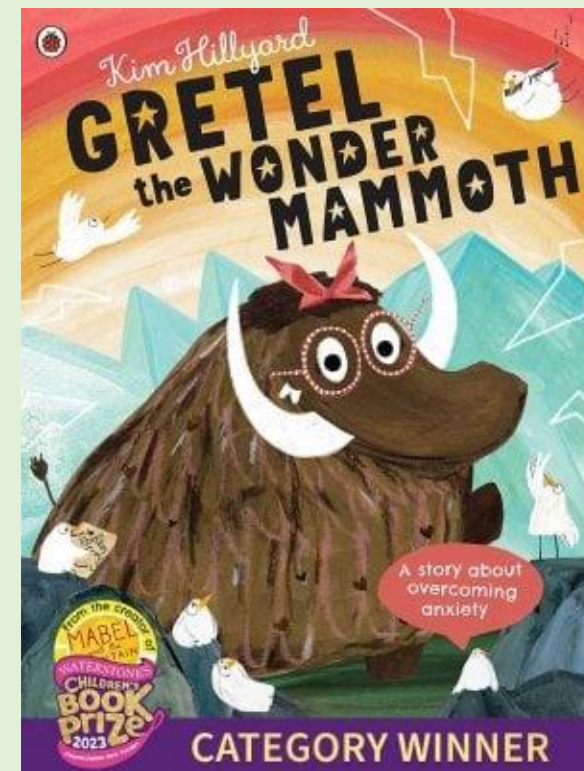


# The Waterstones Children's Book Prize!

The Waterstones Children's Book Prize is an annual award given to a work of children's literature published during the previous year. Here are this year's winners!



The best book for  
younger reader  
(9 - 11 years)



Best illustration  
(4 + years)

## **King Charles III Coronation Badges 2023**

**We are selling 'The King's Coronation 2023' badges via ParentMail shop from today, at a cost of £1.00 each. Due to our limited supply, purchases are limited, at this stage, to one per child.**

**Prepaid orders will be received and sent home prior to 5th May 2023.**





## Mindful March Calendar

Mindful March 2023

MONDAY



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today  
[dayofhappiness.net](http://dayofhappiness.net)

27 Appreciate nature around you, wherever you are



TUESDAY



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

WEDNESDAY

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

THURSDAY

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

FRIDAY

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Discover the joy in the simple things of life

SATURDAY

4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

SUNDAY

5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today



## School Mental Health Leads

### Ms Cunningham and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class teacher or contact us in school.



Laura Cunningham

Inclusion Leader  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



Hannah Garrard

Family Support Worker  
Deputy Designated Safeguarding Lead  
Mental Health First Aider

## Information for parents of children with SEND

IASS Northants service is changing. The two new services will continue to deliver the IASS remit of providing free, impartial information, advice and support to children and young people with SEND and their families.

The services will give practical, factual and impartial information advice and support to enable children and young people and their parents to participate fully in decisions about education, health and social care.



## THE IASS NORTHANTS SERVICE IS CHANGING



**April**  
**1**  
**2023**

**Please note, from this date, there will be one service for the North of the County and one for the West of the County:**



### **North Northants**

**Tel:** 0300 373 2532

**Email:** SENDIASS@northnorthants.gov.uk



### **West Northants**

**Tel:** 0300 12 61039

**Email:** SENDIASS@westnorthants.gov.uk

**Miss Garrard says...**

## **Could your child be eligible for Pupil Premium Funding?**

**If you receive one of the following benefits, your child may be entitled:**

### **Qualifying benefits**



- Universal Credit (annual net income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support, income-based Jobseeker's Allowance or income-based Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on (paid for four weeks after you stop qualifying)

## **What does this mean for your child?**

**£150 towards the following each year:**

School day trips  
School residential trips  
School clubs  
Peripatetic music lessons  
Snacks (reception)

**You will also receive a set of school uniform from Jules at Home each year. Free access to the HAF program and a food voucher for every half term.**

**Your child may also receive a free school meal each day.**

**You can apply for Pupil Premium by completing the form on this website: [Free school meals and pupil premium | West Northamptonshire Council \(westnorthants.gov.uk\)](https://www.westnorthants.gov.uk/free-school-meals-and-pupil-premium)**

**Alternatively, I can make the referral on your behalf. I will require the following information to do this: your date of birth, address and National Insurance Number. Please email [info@simondesenlis.org](mailto:info@simondesenlis.org) if you would like me to apply.**

# Activities to help you learn your times tables



## Speed tables

Race against a friend or against the clock!

As you write down your times tables, make it a sport and try to aim for your very own 'personal best'.

Can you do even better than last time?

## Bingo

Make simple bingo cards (you could draw a 4x4 grid) with multiples of, for example, nines on them.

The caller might call out 'nine nines', and whoever has 81 can cross that off on their grid.

The person who gets a full house can be the caller on the next round!

## Throw the Dice

Throw two dice and write down the multiplication. If you want to work on tables higher than 1-6, you could use small stickers to change the numbers on the dice.

If you are playing against others, the winner is the person with the most correct calculations in a given time frame!

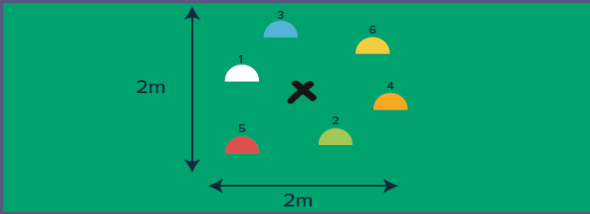


# Sports – Rugby Drills

## ACTIVITY 1



## COLOUR/NUMBER SEQUENCE



## COLOUR/ NUMBER REACTION (SEQUENCE)

### LOCOMOTION

- Scatter 6 coloured or numbered cones around the pupil in a 2 x 2m area. Call out a sequence before the activity starts and the player has to lift and replace the cones in the correct sequence. Prepare 3, 5, 7 & 9 cone sequences. All pupils start with a 3 cone sequence. If the pupil is successful they can choose to attempt the next one up.

**SCORING** | Points awarded according to the number of correct sequences they complete.

## RUCKLEY CHALLENGE 3: ZIGZAG RUN

Run in a zig-zag pattern and touch each cone or spot with the closest hand.

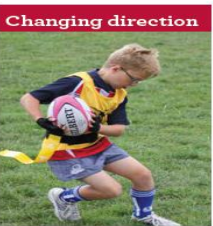
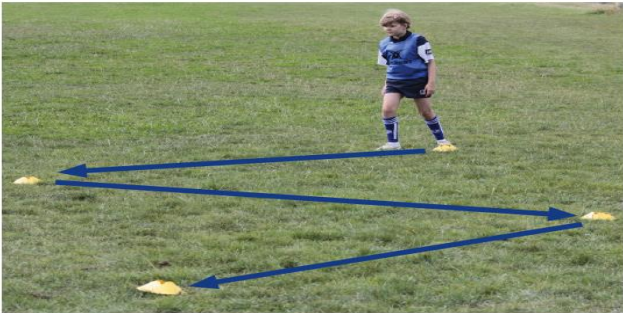
### How do we do it?

1. Bend knees
2. Touch spot with the closest hand
3. Push off with your foot to change direction
4. Sprint in an upright body position

### How does this help in rugby?

1. Locomotion
2. Stability
3. Changing direction

If they can do this; they'll be better at this...



<div><div></div><div></div></div>					
ROUND 1					
25 March	WALES		14:15 Cardiff Arms Park		IRELAND
25 March	ENGLAND		16:45 Kingston Park		SCOTLAND
26 March	ITALY		15:00 Stadio Sergio Lanfranchi		FRANCE

Remember to watch the Womens Six Nation Rugby this weekend and observe the players showcase their fabulous skills.

Improve your game with these drills to become faster and more agile while playing any game.

Stay active. Miss Bland.

## Thunk of the Week

A **thunk** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



## **Make a Natural Nesting Dispenser for the Birds**

- 1. Collect lots of twigs and natural materials.**
- 2. Collect some pliable branches.**
- 3. Twist the branches into a sphere.**
- 4. Use string to attach for a hanger.**
- 5. Stuff your sphere with twigs, leaves and moss etc.**
- 6. Hang in a place where you can see it in your garden.**
- 7. Watch the birds use the dispenser for their nests.**







## Free Textile Exhibition at Abington Park Museum

### Visualise at Abington Museum

Saturday 18 March – Sunday 23 April

This exhibition of textiles and mixed media work has been created by the Visualise textile group. Formed in Northamptonshire several years ago by like-minded artists the group enjoy creating diverse work with stitch as the common thread.



Wendy Bates, Janet Gosling, Sandra Jenkins, Thérèse Kane, Karin Kirk, Sue Latimer, Dora Mack, Mary Martin, Joy Norman, Alyssa Robinson, Jane Stock and Val Taylor meet regularly in Welford, Northamptonshire, with the aim of promoting creativity with rigorous discipline, underpinned by an interest in the history of textiles worldwide. On display are abstract and realistic pieces of art using a wide variety of media: paper, fabric (new, distressed and recycled) and found objects: these are hand and machine stitched, or felted to create art inspired by both the natural world and the built environment. In addition the group will have a selection of accessories, creative packs and cards to inspire and buy.



Dolce believes that listening to parents & pupils is vital for us to continue in improving the pupils lunchtime experience hence we have constructed a parental & pupil survey that we would like you to send out to all parents.

This survey is open now and will close Monday 27th March.

<https://www.surveymonkey.co.uk/r/BKFXLY>





# CORONATION ART COMPETITION 2023

We want to know what  
**inspired you** about the  
**King's Coronation!**

Create a work of art based on your take of the Coronation and submit any time from **6th May to 15th September 2023** by sending an image of it by email to [coronationart@outlook.com](mailto:coronationart@outlook.com)

There will be an exhibition of works during half term in October 2023. Final judging will take place and a prize of £100 per category will be presented by The King's Representative in the County, the Lord-Lieutenant of Northamptonshire.

## How to submit...

**Title of the piece**  
'Coronation Art'

**Mediums you can use**  
Entries are to be on a flat surface (canvas, paper, board, etc), **up to A3 in size** and can include oil or water-based paint, pencil, pastel, crayons, collage and photography. Computer graphics and writing/poetry are also included.

**Age Categories**  
4-6, 7-9, 10-12, 13-16.

**How to submit**  
Scan your entry and send it with a high res image (max 10Mb) by email to [coronationart@outlook.com](mailto:coronationart@outlook.com). Please include your name, your age, your school and the school's postcode.

All entries must be submitted by **15th September 2023**.

There will be a prize of £100 and a certificate for the winner of each category.

The top ten entries in each age group will be invited to take part in the final exhibition and judging.



West  
Northamptonshire  
Council



North  
Northamptonshire  
Council



# In assembly this week

We have been learning about Ramadan this week, in ks1 and ks2, and thinking about what it means to fast. We considered why fasting is an important part of Ramadan. We also noticed that lots of faiths have a celebration in the Spring and we have celebrated the diversity in our community. We know that we have been learning more about the British Values too- especially about mutual respect tolerance of the beliefs and faiths of others



WE ACCEPT  
CHILDCARE  
VOUCHERS  
& TAX FREE  
CHILDCARE!

 **PACESETTER**  
SPORTS & WELLBEING

# EASTER HOLIDAY SPORTS CLUBS

3<sup>RD</sup>-6<sup>TH</sup> & 11<sup>TH</sup>-14<sup>TH</sup> APRIL

**REDWELL  
PRIMARY SCHOOL**

**9AM - 4PM**  
**£23.50 PER DAY**

**MULTISPORTS  
& GYMNASTICS**

Wellingborough. NN8 5LQ

**ABINGTON  
PDC**

**9AM - 4PM**  
**£23.50 PER DAY**

**MULTISPORTS  
& GYMNASTICS**

Northampton. NN1 5JS

**KING'S  
PARK SPORTS**

**9AM - 4PM**  
**£23.50 PER DAY**

**MULTISPORTS**

Northampton. NN3 6LL

BOOK 5 OR  
MORE FULL  
DAYS IN  
THE SAME  
ORDER &  
SAVE 10%!

ACTIVITIES  
INCLUDING FOOTBALL,  
DODGEBALL,  
TENNIS, CRICKET,  
BASKETBALL, HOCKEY,  
BADMINTON...AND  
LOTS OF EASTER  
THEMED FUN!

Book online at:

**[WWW.PACESETTERONLINE.CO.UK/HOLIDAY](http://WWW.PACESETTERONLINE.CO.UK/HOLIDAY)**

[www.pacesetteronline.co.uk](http://www.pacesetteronline.co.uk)

T. 01604 686367 E. [info@pacesettersports.co.uk](mailto:info@pacesettersports.co.uk)





*invites you to a FREE*

# OPEN DAY

SATURDAY 1st APRIL 2023

We are a **registered charity** made up of a group of young people who are **passionate** about the **performing arts** and we are committed to coming together on a **weekly** basis to create work of a **high standard**. You can join us from **Year 1** onwards up until you are 18!



Come and join us for our open day at the **Silhouette Studios** in **Weston Favell Shopping Centre!**

Please visit

[www.silyt.com/open-day](http://www.silyt.com/open-day)  
to sign up!



Our sessions are run by **professionals** who have a lot of **experience** of working in drama, music, dance, songwriting and film. We pride ourselves on the **standard of our work**.



## COME AND JOIN US!



## SATURDAY TRACK CLUB

Rugby & Northampton Athletics Club are pleased to announce a new 5-week athletics course for young athletes in Northampton and surrounding areas. It runs from Saturday **March 18<sup>th</sup> to Saturday April 15<sup>th</sup> April**



This course will give an introduction to the track and field events – running, jumping and throwing and is suitable for all – from total novices to more seasoned athletes – no experience required – just lots of energy. The emphasis will be on fitness, skills and fun with all sessions being led by a qualified club coach.

### When

Saturday mornings 10-00 until 11-15

### Where

The sessions will take place at the Moulton College athletics track

### Who

The sessions are open to both club and non- club athletes NO EXPERIENCE NECESSARY

### Costs

R&N members – free

Non-club athletes – £15 per 5 week block

**Ages** – MINIMUM AGE is Yr 3 at school (aged 7+) – MAXIMUM is Yr 10 at school



**On completion** – all course members will be invited to participate in the MOULTON TRACK INVITATIONAL EVENT to be held on Saturday 22<sup>nd</sup> April

- Places are limited and will be assigned on a first come, first served basis.
- To register or for further information, please contact the address below.

The first session is due to take place on SATURDAY 18<sup>th</sup> March

[contactus@rugbyandnorthamptonac.org](mailto:contactus@rugbyandnorthamptonac.org)





# World Cup

## FEMALE FESTIVAL

WELLINGBOROUGH  
OLD GRAMMARIANS  
NN8 6BS

SUNDAY 23RD  
JULY 2023

10AM - 4PM



### Tournament

5-A-SIDE

U9 | U11 | U13

9-A-SIDE

U15

EARLY BIRD  
OFFER  
£20  
P/TEAM  
UNTIL 23/04

### Skill Sessions

5-11 YEAR OLDS

FREE! SIGN UP  
HERE!

ENTER HERE!



FALCON FRANKIE | BOUNCY CASTLE | FACE PAINT | STALLS | REFRESHMENTS

For more information please contact: [Harley.Collyer@NorthantsFA.com](mailto:Harley.Collyer@NorthantsFA.com)



# Female FOOTBALL OPPORTUNITIES

There are a number of different opportunities  
for females to play football around  
Northamptonshire

## OPPORTUNITIES

WILDCATS | SQUAD GIRLS'  
GRASSROOTS | RECREATIONAL  
WALKING FOOTBALL

5-11 YEAR OLDS



12 YEARS OLD +



Scan here!

[www.northantsfootball.com/femaleopportunities](http://www.northantsfootball.com/femaleopportunities)





We are proud to announce that we are now fully OFSTED Registered and as a result of this, we are able to accept all types of childcare vouchers and the government tax-free scheme as payment for our services.

This is something we have been working on for some time that will hopefully allow even more people to join us at our amazing Holiday Camps.

Rhino Sports Academy is eligible for HAF funding. If your child receives free school meals or is a pupil premium child you can come along to our camps for free. For more information on this please contact us via email or phone and we can book them on.



@Rhinosportsacademy



@RhinoSportsAcad



@rhinosportsacademy

Phone: 07894 713006

Email: [enquiries.rhinosportsacademy@gmail.com](mailto:enquiries.rhinosportsacademy@gmail.com)

## HOW TO REGISTER

To register for any of our Camps throughout the year, please head to our website.

**[Rhinosportsacademy.co.uk/camps](https://rhinosportsacademy.co.uk/camps)**

Select the camp activity and dates you desire and your good to go.

### NEED SOME HELP REGISTERING?

If you are experiencing any difficulties registering your child for one of our clubs or camps please don't hesitate to get in contact with one of the team who will be more than happy to help.

# EASTER CAMP



**MULTISPORTS**

**ARTS & CRAFTS**

**PERFORMING ARTS**

**[RHINOSPORTSACADEMY.CO.UK/CAMPS](https://rhinosportsacademy.co.uk/camps)**



We are pleased to announce Rhino Sports Academy Camps will be held at two different venues this April. Blisworth Primary School and Hunsbury Park Primary School.

Here is some more information on what each activity will include on the day. We encourage children to try out new experiences and if on the day your child wants to swap over and do something different that is no problem at all.

## MULTISPORTS

At a Rhino multisport camp, every child spends a portion of their day participating in each of the sports on offer. They will learn the rules of the game plus new skills and new techniques for the first part before moving on to match play and games for the latter part.

Our Multisport Camps are a great way for children to enjoy some sporting variety and encourage participation in new sports for those still looking to find out which sport they enjoy the most.

Our coaches are all passionate about healthy competition and about exploring the fun and excitement that playing sport can bring. Prizes will be awarded for effort and excellence shown throughout the day.



## PERFORMING ARTS

Rhino Dramatics and Rhino Dance are coming together to offer something special to those who love to explore their expression and will learn new ways of using voice and body and naturally build up their confidence whilst having heaps of fun in the process.

Every child will spend their day learning, devising and performing different areas of Dance & Drama with experienced and passionate coaches. We will focus on learning new techniques, creating new work and promoting confidence in performance. Making our performing arts camp fun and engaging for all involved.

Prizes will be awarded for effort and excellence shown throughout the day.

## ARTS & CRAFTS

Our brand new Arts & Crafts Camp will be a great opportunity for children who love to be creative and get a bit messy. We will help your children discover their unique abilities and find their artistic talents. They will have lots of fun doing lots of different activities from colouring to painting, making things out of different materials and exploring new ways of learning. With the option to do some baking and decorating.

### BLISWORTH CAMP

Blisworth Primary School, Courteenhall Road,  
Northampton NN7 3DD  
Ages 4-12

Week 1 - 3rd - 6th April - 9am-4pm

Week 2 - 11th - 14th April - 9am-4pm

#### Multisports Camp

##### WEEK 1 & 2

Full Week - £80.00

Full Day - £22.50

Half Day - £14.00

#### Performing Arts & Crafts

##### WEEK 1 ONLY

Full Week - £90.00

Full Day - £25.00

Half Day - £15.00

### HUNSBURY PARK CAMP

Hunsbury Park Primary School, Dayrell Rd,  
Northampton NN4 9RR  
Ages 4-12

Week 1 - 3rd - 6th April - 9am-4pm

Week 2 - 11th - 14th April - 9am-4pm

#### Multisports Camp

##### WEEK 1 & 2

Full Week - £80.00

Full Day - £22.50

Half Day - £14.00

#### Performing Arts & Crafts

##### WEEK 2 ONLY

Full Week - £90.00

Full Day - £25.00

Half Day - £15.00

# THE RHINO SHOP

Order your Rhino clothing from our online store



visit: [rhinosportsacademy.co.uk/shop](https://rhinosportsacademy.co.uk/shop)



# U12'S NEWS



WEDNESDAY'S  
18:30-20:00  
NN1 5RX

OLD  
NORTHAMPTONIANS  
RFC

SUNDAY'S  
13:30-15:00  
NN1 5RX

**RUGBY TRAINING 18:30-20:00**



## OLD NORTHAMPTONIANS U12s GIRLS RUGBY TRAINING

JOIN OUR TEAM ON'S U12S ARE RECRUITING!  
WHETHER YOU HAVE PLAYED BEFORE OR BRAND  
NEW WE WOULD LOVE TO HAVE YOU AS PART OF  
OUR TEAM

TRAINING IS WEEKLY WEDNESDAY'S 18:30-20:00  
& SUNDAY'S 13:30-15:00

FOR MORE INFO CONTACT  
TONY:07368223120 or  
EMAIL:[fionagirlsrugby@gmail.com](mailto:fionagirlsrugby@gmail.com)





# ELITE FOOTBALL COACHING



## DEVELOPMENT

For players to enhance their skills outside of team training.

Open to all players, the emphasis is on our female players improving their fundamental techniques in a competitive environment.



## OPPORTUNITIES

Every Friday  
Ages U10 - U12  
6:30 - 7:30PM

£35 Per Month



## SKILLS

Players learn close control, dribbling, set pieces and other footballing techniques.

Players will be challenged in practical exercises to improve the ability to execute in games.

FOR MORE INFORMATION  
Email [info@elitefootballcoaching.org](mailto:info@elitefootballcoaching.org)



SESSION LOCATION  
Moulton 3G, Brunting Road

## EFC Player Development

Elite Football Coaching brings ELITE level coaching to grassroots players.

At Elite Football Coaching we want to bridge the gap and give players access to quality coaching with experienced coaches.

EFC Player Development program is designed to improve the players overall technical and tactical ability with the ball.

Each player will have a ball at their feet for the majority of the session.

## Girls Player Development

*Girls Player Development* returns this February

This program will focus on our female players improving their fundamental techniques in a competitive environment.

In these fast paced sessions, players will be encouraged to be creative and take risks. This program is perfect for all players.



## EFC PLAYER DEVELOPMENT

EVERY MONDAY

Age U7-U10 | 5-6pm  
Age U11-U14 | 6-7pm

EVERY FRIDAY

Age U7-U10 | 5:30-6:30pm

£35 PER MONTH

LOCATION | MOULTON 3G, BRUNTING ROAD, NN3 7QF  
BOOK | [INFO@ELITEFOOTBALLCOACHING.ORG](mailto:info@elitefootballcoaching.org)



LIMITED SPACES PER DEVELOPMENT PROGRAM

Email [info@elitefootballcoaching.org](mailto:info@elitefootballcoaching.org) to SIGN UP

For more information please visit | [WWW.ELITEFOOTBALLCOACHING.ORG](http://WWW.ELITEFOOTBALLCOACHING.ORG) | 07592299384





# Holiday Fun



## Easter Break 2023

Games /Sports 	Atomic Science 
Arts & Crafts 	YOGA and Mindfulness 
Circus Skills 	Music 

Is it for me?

Open to Primary age children from Reception to Age 11

How much?

£15 per day, 9am – 3.30pm each day

How do I book?

To book spaces please visit: [www.northamptonesco.co.uk](http://www.northamptonesco.co.uk), you can book as many days as you require. Full details can be seen on our website/facebook page.

What do I need?

Packed Lunch and plenty of drinks.

Wear clothes suitable for moving freely and trainers/plimsolls.

Parents/Carers must drop off and pick up children.

Please ensure your child's lunch does not contain any nuts.

Queries?

Email- [msmith@northamptonesco.co.uk](mailto:msmith@northamptonesco.co.uk) or 07917 535762

### Easter Week 1 2023 Monday 3<sup>rd</sup> April – Thursday 6<sup>th</sup> April

Monday 3 <sup>rd</sup> April	Tuesday 4 <sup>th</sup> April	Wed 5 <sup>th</sup> April	Thursday 6 <sup>th</sup> April	Venue
Sports 	Yoga 	Sports 	Circus 	Earls Barton Primary School  Broad Street Earls Barton Northamptonshire NN6 0ND
Arts & Crafts 	Science 	Arts & Crafts 	ISM Music 	
			Pop Choir 	

### Easter Week 2 2023 Tuesday 11<sup>th</sup> April – Friday 14<sup>th</sup> April

Monday 3 <sup>rd</sup> April	Tuesday 4 <sup>th</sup> April	Wed 5 <sup>th</sup> April	Thursday 6 <sup>th</sup> April	Venue
Sports 	Yoga 	Yoga 	Circus 	Cedar Road Primary School,  Broadway East, NN3 2PP (access through pedestrian gate to main hall)
Arts and Crafts 	Arts and Crafts 	Games Club 	ISM Music 	
			Pop Choir 	

Flood Risk and Resilience  
Community drop-in event at the  
Abbey Centre - 27th March,  
2pm-6pm

We'll look forward to seeing you  
there!



# CALLING ALL GIRLS

FUN, SOCIAL  
STARTER  
COURSE FOR  
GIRLS

prime video

YOUTH GIRLS

NORTHAMPTON LTC

Sundays

9am till 10am - 5 to 7yr

10am till 11am - 8 to 12 yr

BRIXWORTH TC

Thursdays

5pm till 5:45pm - 5 to 7yr

5:45 till 6:30pm - 8 to 12yr

12 weeks, starting on 17th  
April.

- A six-week introductory coaching course
- A tennis racket and set of balls
- A t-shirt and pair of wristbands
- Access to a fun sociable tennis community

NOW TO BOOK



SCAN ME

**NORTHAMPTON**  
TENNIS COACHING

email us to get the booking form:  
[northamptontenniscoaching@gmail.com](mailto:northamptontenniscoaching@gmail.com)





**Save the Date-**  
**King Charles III Coronation**  
**Celebrations- Friday May 5th**  
**1:30pm-3:00pm**



The Community Fridge is located at the Abbey Centre. This is open Tuesday and Friday 10.30-12 pm and Friday 4-5:30pm. They require a £1 donation.





***24TH  
MARCH  
2023***

**SOME  
NEWS FOR  
OUR  
CHILDREN**



## Europe's longest cycle tunnel



Pictured: Bergen, Norway Source: Canva

Bergen, a city on Norway's southwestern coast has announced that it will be opening Europe's longest cycle and pedestrian tunnel next month. The purpose-built, temperature controlled tunnel (constantly at 7 degrees Celsius) will link residential areas with the city. As the area is surrounded by mountains and fjords, it is hoped that the 2.9km tunnel will encourage people to leave their cars behind to use more environmentally friendly modes of transport. Project manager, Arild Tveit,

says that it will take 8-10 minutes to travel through the tunnel on a bicycle and 35-45 minutes on foot. The Fyllingsdalstunnelen, which cuts through the Løvstakken mountain, will also be the world's longest tunnel, specially built for this purpose. The Fyllingsdal tunnel will have a grand opening with a tunnel race and a parade. The tunnel has well-lit rest areas, colourful dynamic lighting, sculptures, and artwork along its route.

**Would you like to travel through a really long tunnel?**

## Youngest yoga instructor

Praanvi Gupta, from Dubai, has been declared the world's youngest yoga instructor. She was 7 years 165 days old when she completed her teacher training. She is now certified by the Yoga Alliance Organization, after completing their 200-hour Yoga Teacher Training Course. She was inspired to start learning yoga after watching, and then joining, her mother at the age of four. She then attended classes and was quickly encouraged by her teacher to train to lead her own classes. Praanvi said, 'My yoga journey has not been an easy one. I have had to attend regular

school, beside keeping pace with my academics and extra-curricular activities. But I have not given up on yoga. It is my love and passion. I am so happy I passed the teacher's training programme. Now I can teach my friends and other children who want to learn yoga.' Praanvi believes that yoga can be useful to increase flexibility, focus, and concentration in people of all ages, leading those who practice it to a healthier and happier life. Her advice to other children is, 'Dream big and believe in yourself!'

**Would you like to learn a skill to teach others?**



Pictured: Praanvi Gupta teaching yoga Source: Learning with Praanvi, YouTube

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)





# Wild Isles Wildlife



Pictured: A puffin Source: Canva

National treasure, Sir David Attenborough, has released a new collection of programmes filmed solely in the UK, which celebrate its wildlife and wild areas.

'Wild Isles' is a set of five programmes, the result of a collaboration between the RSPB, WWF, and The Open University, working with the BBC and filmmakers, Silverback Films. This is the first time the renowned conservationist has made a series set entirely in Britain and Ireland. Sir David, who has worked at the BBC for over 70 years, said, 'In my long lifetime, I have travelled to almost every corner of our planet. I can assure you that in the British Isles, as well as astonishing scenery, there are extraordinary animal dramas and

wildlife spectacles to match anything I have seen on my global travels.' The series, which took three years to film, aims to highlight the UK's varied and precious wildlife, and inspire the public to help protect it. The programmes explore the lives of a large variety of amazing creatures, including killer whales, foxes, wild horses, golden eagles, and puffins. Series producer, Alastair Fothergill, said, 'I have always wanted to cover the British Isles and our natural history with a similarly ambitious and epic approach. I hope the audience will be genuinely surprised by the richness of our natural history. At the same time, I hope they will recognise how fragile and precious it is.'

Last week's topic:

## Could you do more to protect your local area?

Yes because nature deserves as much treatment as we do and it has been around much, much longer than we have. Mother Nature deserves praise as we are part of her!

**Gabriel**



Yes because we could go litter picking out of school.

**Caitie**

Yes as we can stop littering and we can also maybe plant nature. We also can try not hurt the animals.

**Eliza**

Yes, since even if you're protecting one type of species does not mean can't protect others

**Toby**

## Let us know what you think about this week's news?



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## How important are guide dogs for those in need?





# Let's look at this week's story



Sight loss charity, The Guide Dogs for the Blind Association, has launched an appeal for volunteers to help raise and foster guide dogs. Guide dog users rely on their companions for help inside and outside the home, and for many, for their independence. In a recent documentary shown on the BBC, journalist Sean Dilley told of his relationship with his guide dog, Sammy, who recently retired. After the programme aired, the charity had close to 5,000 people stepping forward to volunteer. Before the Covid 19 pandemic in 2020, there were over 4,800 guide dog partnerships and now there are 3,695. More than one in five people who had a guide dog before then now do not.





# TAKEHOME

20-26  
March



## How important are guide dogs for those in need?



## In the news this week

Sight loss charity, The Guide Dogs for the Blind Association, has launched an appeal for volunteers to help raise and foster guide dogs. Guide dog users rely on their companions for help inside and outside the home, and for many, for their independence. In a recent documentary shown on the BBC, journalist Sean Dilley told of his relationship with his guide dog, Sammy, who recently retired. After the programme aired, the charity had close to 5,000 people stepping forward to volunteer. Before the Covid 19 pandemic in 2020, there were over 4,800 guide dog partnerships and now there are 3,695. More than one in five people who had a guide dog before then now do not.

### Things to talk about at home ...

- > Have you seen a guide dog? How did you know it was a guide dog?
- > In what ways do you think a guide dog will help someone who is blind or partially sighted?
- > Why do you think lots of people volunteered to help raise guide dogs?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



# Reflection



Guide dogs can revolutionise the lives of those who are blind or partially sighted, giving them freedom to do things they may otherwise be unable to do. Volunteers make all this possible!

