



## British Pie Week 6th – 12th March

### Designated Safeguarding Lead



**Joanne Fennelly**  
Headteacher

#### Deputy Designated Safeguarding Leads



**Jennifer de Board**  
Assistant Headteacher



**Laura Cunningham**  
Inclusion Leader



**Hannah Garrard**  
Family Support Worker



**Natalie Richards**  
EYFS Lead

**Northampton Safeguarding Children's Board  
(NSCB) Tel: 0300 126 1000  
Email: [nscb@northamptonshire.gcsx.gov.uk](mailto:nscb@northamptonshire.gcsx.gov.uk)**

## Dates for your Diary

Date	Year group	Event
16th March	Year 5	RSC NPAT film performance
17th March	Whole School	Comic Relief- Mufti Day
30th March	Rowling Class	Recorder performance at 9:30am
30th March	Year 4	Violin and Cello performance at 2:45pm
26th - 28th April	Year 4	West Runton Residential Trip
4th May	Whole School	Whole Class photos
5th May	Whole School	King Charles Coronation Celebrations 1:30pm-3:00pm
15th May	Year R & 6	School Nurses, heights & weights
20th & 21st	Year 5	The Festival at the Derngate
22nd – 23rd June	Year 3	Frontier Centre Residential Trip
21st-30th June	Year 6	West Runton Residential Trip



## Friends of SdS Upcoming Events

Please find all events on your ParentPay Account

**Wednesday March 22<sup>nd</sup>- Film Night, 3:15pm-5:00pm, Cost: £3** - We will be watching Despicable Me which is always lots of fun! Your child will receive a packet of crisps and a drink.

**Friday March 31<sup>st</sup>- Easter Raffle, Cost- 1 ticket for £1, 10 tickets for £5.** This raffle will include chocolate hampers, easter eggs and other prizes too! Prizes will be drawn on the last day of term- good luck!! The shop will close on Wednesday March 29<sup>th</sup>.

**Friday April 14<sup>th</sup> (within the Easter holiday) Film Fun Morning 9:30am-12:00 noon, cost £5 per child.** Drop your child off with a snack and a drink for them to enjoy time with their friends watching a film and enjoying a playtime together. Cost £5 per child. Teachers will be at this event. The shop will close on Wednesday March 29<sup>th</sup>.



## Exciting News

In the next few weeks, we will be having a new outdoor classroom installed on the field that will allow us all to take part in outdoor learning. We know there are so many opportunities for outdoor learning throughout the curriculum- geography, science, maths, forest school, English, music, art, PSHE and so much more! The outdoor classroom will give everyone the opportunity to engage further in their learning, whilst developing our well-being in the outdoors. The image below shows you what the classroom will look like, and it will have a fabulous addition of a renewable energy pack- with solar panels and a wind turbine to power the lighting, along with a water butt to collect rainwater. Enormous thanks to the Friends of SDS, who have contributed £3,500 to pay for the energy pack. We will let you know about a grand opening of the classroom and the learning that takes place over the coming weeks.





Dear Parents and Carers,

As I excitedly announced the arrival of our new outdoor classroom, I wanted to share with you how important being in the outdoors is for children (and adults too). Research has shown that being within a natural environment results in physically healthier children as they play in a stronger way, often with a higher heart rate along with climbing and more exaggerated movements. Being outdoors promotes curiosity in children, their creativity and their critical thinking. Research also shows that children who spend time outdoors are often more able to manage their emotions and sleep better. Furthermore, the outdoors are a rich learning zone- spotting wildlife, naming flowers and trees, observing the changing seasons, counting, talking, listening too! Our modern world contains so many distractions- flashing screens, beeping phones and many other interruptions, whereas our natural world can offer children and adults a mental and emotional place of peace, where we can unwind and re-charge.

In our local area, we are blessed with so many green spaces and parks that are just waiting to be explored on foot, scooter or bike. At school, we are so lucky to have our wonderful grounds, forest school and upcoming outdoor classroom, which will allow all children to engage in the amazing nature around us.

Enjoy the weekend, the outdoors and enormous thanks for your ongoing support.

Mrs Fennelly

**KEEP BELIEVING  
TO  
KEEP ACHIEVING**



**YOU CAN DO IT!**

## Poster of the Week

Our poster this week was inspired by one of our House Captains who used this phrase to motivate the children in our celebration assembly.

As we believe in ourselves, the things we are developing get easier and the feeling of achieving is fantastic, making us want to achieve even more!

## Outdoor Classroom Name Competition

Would you like to take part in a competition to name our new outdoor classroom?

In keeping with our other classrooms, can you think of an inspirational person that the room should be named after?

If want to take part, write the name of the classroom, along with the reason why it should be called that, on paper and give it to your class teacher. Remember to put your own name on your entry!



Final date for entry: Friday March 17th



The winning name will be chosen by the House Captains.

Friday March 17th

**Red Nose Day 2023 is just a week away now and we've decided to join in the fun and support this charity. With our help, Comic Relief can support amazing projects and organisations who are making a difference for people across the UK and around the world.**

**To raise money, we're going to host a whole school mufti day on the 17<sup>th</sup> March 2023 - we are asking for a £1 donation via this link, if you are able:**

[Simon de Senlis is fundraising for Comic Relief \(justgiving.com\)](https://www.justgiving.com)

**As an optional activity- you might like to take part in the Build the Best Idea Ever. This is a competition being run by Lego with a chance to win lots of Lego for the school. Please see further information on the next page if you would like to take part and follow the link for further ideas and instructions on how to enter.**

**We really appreciate your support and hope that you'll have fun helping us raise lots of money for Red Nose Day.**



**COMIC  
RELIEF**

Friday March 17th

# RED NOSE DAY IS BACK

Click below to donate-

**Simon de Senlis is fundraising for Comic Relief ([justgiving.com](https://www.justgiving.com))**

# THE LEGO GROUP & COMIC RELIEF ACTIVITY SHEET



FRIDAY 17 MARCH



**Can you build something to make the people around you smile?**

We're calling on kids up and down the country to get involved in a creative building challenge. Use your imagination to build or draw something that will make someone smile and have a positive impact on the world.



## YOUR CHALLENGE

We need you to get your thinking cap on and show us what you would create to make the world a better place and put a smile on someone's face **(hey, that rhymes!)**. It could be something that helps to support the environment and nature, reduces loneliness, or improves accessibility for those with mobility issues.

Some of our friends that could do with more smiles are Anushri who lives alone in a new area and feels very lonely and Isaiah who lives near a busy road where the air is very polluted. Find out more about them and what you could create for them here: [comicrelief.com/LEGO](https://comicrelief.com/LEGO)



# British Science Week

## 10- 19<sup>th</sup> March 2023

British Science Week is a ten-day celebration of science, technology, engineering and maths. This year's theme - connections!

We will be celebrating British Science week in our Science lessons engaging in experiments involving connections.

Look out in on our blogs and in your key skills books for more information.

If you want to find out more about British Science week including lots of fun ideas and interesting videos check out the official website [Homepage - British Science Week](#)

## Artist of the Week-Pablo Picasso

Pablo Picasso was born on 25th October 1881 in Malaga, Spain.

His full name was Pablo Diego José Francisco de Paula Juan Nepomuceno María de los Remedios Cipriano de la Santísima Trinidad Ruiz y Picasso. He was named after people in his family and other special people.



One of Picasso's most famous works of art is **Guernica**, which was painted in 1937. This painting is really big, 3.5 metres tall and 7.8 metres wide. It took Picasso a month to paint.

Picasso developed a new style of art called **Cubism**.

Cubism is a style of art which uses cubes and other 3D shapes to create a whole picture. Here are some examples of Picasso's cubist paintings.

**Weeping Woman**  
(1937)



**Ma Jolie**  
(1912)



**Poem of the Week-**  
**The Owl and the**  
**Pussy Cat by**  
**Edward Lear**



**The Owl and the Pussy-Cat**  
by Edward Lear



The Owl and the Pussy-cat went to sea  
In a beautiful pea-green boat,  
They took some honey, and plenty of money,  
Wrapped up in a five-pound note.  
The Owl looked up to the stars above,  
And sang to a small guitar,  
"O lovely Pussy! O Pussy, my love,  
What a beautiful Pussy you are,  
You are,  
You are!  
What a beautiful Pussy you are!"

Pussy said to the Owl, "You elegant fowl!  
How charmingly sweet you sing!  
O let us be married! Too long we have tarried:  
But what shall we do for a ring?"  
They sailed away, for a year and a day,  
To the land where the Bong-Tree grows  
And there in a wood a Piggy-wig stood  
With a ring at the end of his nose,  
His nose,  
His nose,  
With a ring at the end of his nose.





## Inspirational Author of the Week- Michael Morpurgo

Morpurgo was born on 5<sup>th</sup> October 1943 in St. Albans, Hertfordshire.

After a brief time spent training in the Army, Morpurgo studied and graduated from university before teaching in a small school in Kent. One of his favourite things was to read to his class. When he ran out of stories to read, he started to write his own! Morpurgo's first book was 'It Never Rains: Five Stories' which he wrote in 1974.

Morpurgo has written hundreds of books, most of which are historical novels. Some of his most famous books include 'War Horse', 'Kensuke's Kingdom' and 'Private Peaceful'.



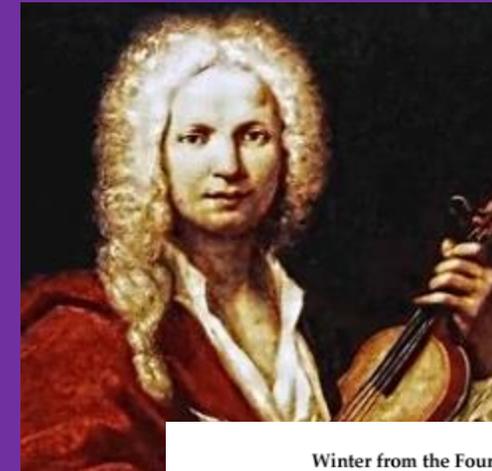
Morpurgo prefers to write when propped up in bed, scribbling in his notebook instead of at a desk or on a computer.

Morpurgo has won many awards and accolades during his career, including being named Children's Laureate in 2003. In 2018, he was awarded with a knighthood for his contribution to children's literature and for his charity work. Morpurgo once said, "stories make you think and dream; books make you want to ask questions."

## Musician of the Week- Vivaldi

### An Italian Baroque Composer

- Antonio Vivaldi was born on 4<sup>th</sup> March 1678 in Venice.
- Antonio's father, Giovanni Battista, was a barber before becoming a violinist, and taught Antonio to play the violin and then toured Venice playing the violin with him.
- He wrote The Four Seasons.



In his lifetime, Vivaldi wrote a huge amount of music including church music, 46 operas and over 500 concertos.

He is best known for his set of concertos known as 'The Four Seasons'.

To watch a violin orchestra playing Vivaldi's Four Season, click here: [Vivaldi: The Four Seasons \(Orquesta Reino de Aragón\) - Bing video](#)

Winter from the Four Seasons  
Second Movement  
Vivaldi

Grave





## Nature Paintbrushes

After a walk to the park, or a hunt in your garden, could you make a nature paintbrush? Find some sticks and attach leaves and flowers to the end. Then try dipping into paint and water and start creating!

Have fun!!





# Story Writing Competition!

Wootton Library are holding a story writing competition for budding authors!  
This competition is open to anyone aged 5 - 16.

The theme is 'Space' and must be less than 500 words. You can email your entry to [woottoncml@gmail.com](mailto:woottoncml@gmail.com) or hand it to anyone in the library.  
All entries must be received by the closing date - April 6<sup>th</sup> 2023.

Please let us know if you enter! Good luck!  
Miss Gedney and Miss Madden

#### Rules / Terms and conditions

- All entries must be original and written solely by the entrant themselves
- Entries must have less than 500 words
- Entries must be representative of the theme of 'space'
- Entrants must be between the ages of 5 and 16
- All entries must state the name, age and school year of the writer
- The judging categories are Years 1 - 6 (Primary) and Years 7 - 11 (Secondary)
- Prizes of National Book tokens will be awarded to one winner and one runner up in each category
- Only one entry per person will be accepted
- Any entry received after the closing date of April 6th 2023 will not be accepted
- By entering this competition, you grant us permission to publish the winning stories on our website and social media platforms



# Mini Missions

to build computational thinking skills

Computational think is all about solving problems like computer scientists, following processes and patterns using logic and algorithms. Building these skills supports learners to solve real world problems and identify patterns as computer scientists. Here are some mini mission to build these skills which you can complete at home.

## Algorithms - Making steps and rules

### Cooking Activity

Make something to eat with your child. Can they draw or write the instructions (an algorithm) for someone else to follow to recreate the dish?

### Learning

Algorithms are used in everyday life, such as recipes. It is just producing a set of instructions or rules which can be followed accurately.

### My Amazing Game Activity

Ask your child to invent a game to play around the house and write out the rules (an algorithm). Play the game with them - do the rules explain everything about how to play? Can you find any loop holes in their rules?

### Learning

Algorithms can be rules as well as a sequence of instructions. The rules need to be precise and specific.

## Logic – Predicting and analysing

### Noughts & Crosses Activity

Play this classic game with your child. This game is full of logical thinking. Ask your child to explain where they plan to go with each move and why.

### Learning

This game encourages your child to think logically about the implications of each move. Encourage them to share their thought process.

### Magic Square Activity

Provide your child with a 3x3 square. Can they add the digits 1-9 using each digit once so that all the rows, columns and diagonals add up to 15? Encourage your child to explain their thinking as they tackle the challenge.


### Learning

This maths puzzle helps your child develop both trial

## Pattern - Spotting and using similarities

### Tidy up! Activity

Ask your child to tidy their wardrobe! Can they sort their clothes based on similarities? They could sort by colour, purpose or even how much they like wearing them.

### Learning

Identifying similarities and differences between objects helps us to identify patterns. Here your child might spot a pattern that all their favourite clothes are yellow for example.

### Kitchen cupboards Activity

Ask your child to help sort the kitchen cupboards. What goes where and why? Can your child spot patterns in where different foods are stored? Can they use these patterns to predict where new items from the shops might be stored?

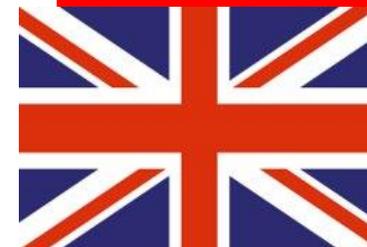
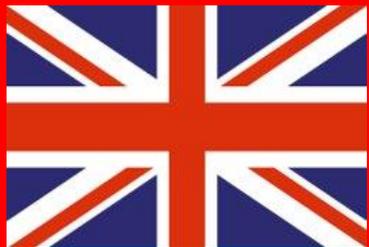
### Learning

Your child is identifying similarities and differences and spotting patterns, which can help them

## ***The Kings Coronation Badges 2023***

**We are selling ‘The Kings Coronation 2023’ badges via Parent Mail/ shop from today, at a cost of £1.00 each. Due to our limited supply, purchases are limited, at this stage, to one per child.**

**Prepaid orders will be received and sent home prior to 5th May 2023.**



# Craft Corner at Hunsbury Library

Sat 11th Mar 11:00am - 12:00pm



Join us for an hour of fun, accessible crafts for ages 5-11, with something new to create and take home each week - or have your creations displayed in the library for all to see. This is a free event that does not require booking, and is suitable for the ages listed.

## Mindfulness Mondays at Hunsbury Library

Mon 13th Mar 1:00pm - 4:00pm



Come along every Monday afternoon for a relaxed session of adult colouring and jigsaws. Meet new people and make new friends. This is a free weekly session that does not require booking.

## Mindful March Calendar

Mindful March 2023

**MONDAY**



6 If you find yourself rushing, make an effort to slow down

13 Pause to watch the sky or clouds for a few minutes today

20 Focus on what makes you and others happy today [dayofhappiness.net](http://dayofhappiness.net)

27 Appreciate nature around you, wherever you are



**TUESDAY**



7 Take three calm breaths at regular intervals during your day

14 Find ways to enjoy any chores or tasks that you do

21 Listen to a piece of music without doing anything else

28 Notice when you're tired and take a break as soon as possible

**WEDNESDAY**

1 Set an intention to live with awareness and kindness

8 Eat mindfully. Appreciate the taste, texture and smell of your food

15 Stop. Breathe. Notice. Repeat regularly

22 Notice something that is going well, even if today feels difficult

29 Choose a different route today and see what you notice

**THURSDAY**

2 Notice three things you find beautiful in the outside world

9 Take a full breath in and out before you reply to others

16 Get really absorbed with an interesting or creative activity

23 Tune into your feelings, without judging or trying to change them

30 Mentally scan your body and notice what it is feeling

**FRIDAY**

3 Start today by appreciating your body and that you're alive

10 Get outside and notice how the weather feels on your face

17 Look around and spot three things you find unusual or pleasant

24 Appreciate your hands and all the things they enable you to do

31 Discover the joy in the simple things of life

**SATURDAY**

4 Notice how you speak to yourself and choose to use kind words

11 Stay fully present while drinking your cup of tea or coffee

18 Have a 'no plans' day and notice how that feels

25 Focus your attention on the good things you take for granted

**SUNDAY**

5 Bring to mind people you care about and send love to them

12 Listen deeply to someone and really hear what they are saying

19 Cultivate a feeling of loving-kindness towards others today

26 Choose to spend less time looking at screens today



## School Mental Health Leads

### Ms Cunningham and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class teacher or contact us in school.



Laura Cunningham

Inclusion Leader  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



Hannah Garrard

Family Support Worker  
Deputy Designated Safeguarding Lead  
Mental Health First Aider

# 6 POSITIVE HABITS CHILDREN CAN PRACTICE



Try to find time to talk and connect with a friend



Try to share how you are feeling with someone you feel comfortable talking to



Try to think of a way you can help someone else each day



Try to set yourself goals and commit to working towards them



Try to eat healthy food and drink lots of water



Try to do a physical activity outdoors every day

Miss Garrard says...

We need  
**YOU!** 



One of our parents has reached out to see if our wonderful SdS community can help support the children in Turkey who are suffering from the devastating effects of the earthquake.



We are looking for second hand toys, colouring in books and arts and crafts that are in a good condition that can be donated to the children of Turkey.



If you are de-cluttering your home and think you can help, please bring the items to the main school office on the 17th March 2023. I will be there to greet you.



## Think of the Week

A **think** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



If you could choose just one thing to change about the world, what would it be?



## Free Textile Exhibition at Abington Park Museum

### Visualise at Abington Museum

Saturday 18 March – Sunday 23 April



This exhibition of textiles and mixed media work has been created by the Visualise textile group. Formed in Northamptonshire several years ago by like-minded artists the group enjoy creating diverse work with stitch as the common thread.



Wendy Bates, Janet Gosling, Sandra Jenkins, Thérèse Kane, Karin Kirk, Sue Latimer, Dora Mack, Mary Martin, Joy Norman, Alyssa Robinson, Jane Stock and Val Taylor meet regularly in Welford, Northamptonshire, with the aim of promoting creativity with rigorous discipline, underpinned by an interest in the history of textiles worldwide. On display are abstract and realistic pieces of art using a wide variety of media: paper, fabric (new, distressed and recycled) and found objects: these are hand and machine stitched, or felted to create art inspired by both the natural world and the built environment. In addition the group will have a selection of accessories, creative packs and cards to inspire and buy.



## Free Military Drop-In at Abington Park Museum

Medals, military and memories

Saturday 18 March

1 - 4pm

Free

Do you have a military ancestor that you would be interested in finding out more about? Do you have a question about the Northamptonshire Yeomanry or Regiment? Do you have a treasured military object that you would like to know more about? Come along and ask our military experts.

Drop-in



## For Internet Safety

### Stay anonymous!

- Use another name or a nickname
- Keep your address a secret
- Don't say where you go to school
- Only give your phone numbers to people you actually know
- Make sure you don't give ANY clues about yourself

### Privacy!

- Always make sure your settings really ARE private so YOU choose who can see your account
- Don't give out any personal details
- Don't discuss your problems online
- If you think your account's been hacked, report it and change it

### Think before you post

- Don't post before thinking CAREFULLY and ask:
- Is it offensive?
  - Could it affect your future employment?
  - Would you be happy for your parents or family to see it?

### Passwords

- Keep your password secure and change it regularly
- Don't use your name or anything easy to guess
- Don't share it with ANYONE, even your friends
- Use a mixture of capitals, numbers and special characters
- If in doubt CHANGE IT!

## TOP TIPS

### Remember...

- NOTHING is private
- Don't say anything you wouldn't say in real life
- Don't post other people's photos
- NEVER post invitations unless you are absolutely sure they will only be seen by a closed group

### Are they real?

- Do you know this 'friend' in real life?
- Are you REALLY sure it's their account, not someone pretending to be them?
- Remember: some people are VERY clever at pretending to be someone they're not!

### Feeling uncomfortable

- DON'T reply to trolls or people making unkind comments
- Don't be afraid to 'unfriend' or block people who upset you
- Do REPORT people if necessary

### Believe ..... NOT!

- Don't fall for it - things aren't ALWAYS what they seem!
- Everyone exaggerates - you probably do it as well!
- Remember: most people only tell you the good bits!
- Don't be fooled by 'free' offers!

## Be Safe! Be Sure! Be Smart!

# In assembly this week

- Did you know that this week, members of the Jewish community celebrated the festival of Purim? This colourful and noisy festival celebrates the actions of Esther. Children in ks1 and ks2 found out about the actions of Esther and how Purim is celebrated. We discussed why it is important to find out about the festivals of other faiths.



## Information for Year 5 Parents of children with SEND IASS Northants information events

Dear Parents and Carers, IASS Northants will be holding their secondary school transfer seminars for parents of children with SEND (with or without EHC Plans).

These are open to families in both North and West Northamptonshire. Please see below for more information. The first sessions are held in January - to book please visit: <https://tinyurl.com/4vb728rb>

For more information please contact Ms Cunningham or Mrs Haigh via the school.

### Northamptonshire Information, Advice, and Support Service for SEND (IASS)

#### Year 5 Seminars 2022-23

Supporting the positive transfer from primary school to secondary school for children with special educational needs and/or disabilities (SEND). This seminar is for you if you're a parent or carer of a child in Year 5 who either has an EHC Plan or receives SEN Support at school.

#### Dates & Locations:

- Corn Market Hall, Kettering - Thu, 19 Jan 2023 (6pm-8pm)
- Castle Theatre, Wellingborough - Tue, 14 Mar 2023 (10am-12noon)
- NMPAT, Northampton - Thu, 26 Jan 2023 (12:30pm-2.30pm)
  - Daventry Town FC - Wed, 15 Mar 2023 (6pm-8pm)

To book, visit <https://tinyurl.com/4vb728rb>



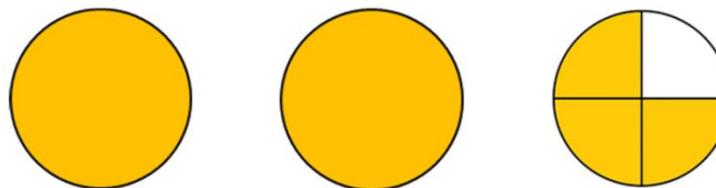
Have a go at these maths problems...

$$\triangle + \triangle = 8$$

$$\circ \times \circ = 100$$

$$\triangle \times \circ = \star$$

What is the value of the triangle, circle and star?



How many quarters are there in 2 and 3/4?



Here are some digit cards.

Mary makes a 2-digit number using two of the cards. How many different numbers can she make?

# Sports – Skipping Challenge



## Skipping 60 Second Challenge



Do you keep trying even when you want to give up?

How many times can you skip in 60 seconds?



Both feet must land over the rope for the skip to count.

**Achieve Gold**

**70 skips**



**Achieve Silver**

**50 skips**



**Achieve Bronze**

**30 skips**



**Use a skipping rope**

If you do not have a rope, don't worry, you can jump on the spot!

**Set a Record!**

The most skips in lockdown was 121. Can you set a new skipping record?

**Three's a crowd!**

Two people hold/turn the rope and one person skips. How many skips can you complete?



One of the biggest skipping benefits is that it's a total-body workout, incorporating your arms and shoulders as much as it does your legs.

- Stay low to the ground, knees soft, and stay light on your feet to minimise impact
- Your arms should be at a 45-degree angle and pulled into your ribs.
- Rotate from your wrists rather than the shoulders
- Rotate with your forearms and keep your core engaged throughout.
- Follow the links for more ideas
- [Jump Rope - Activities for Kids - Active for Life](#)
- [skipping workout for kids - Google Search](#)

Stay active. Miss Bland.

# SILHOUETTE YOUTH THEATRE

invites you to a **FREE**

## OPEN DAY

SATURDAY 1st APRIL 2023

We are a **registered charity** made up of a group of young people who are **passionate** about the **performing arts** and we are committed to coming together on a **weekly** basis to create work of a **high standard**. You can join us from **Year 1** onwards up until you are 18!



Come and join us for our open day at the **Silhouette Studios** in **Weston Favell Shopping Centre!** Please visit [www.silyt.com/open-day](http://www.silyt.com/open-day) to sign up!



Our sessions are run by **professionals** who have a lot of **experience** of working in drama, music, dance, songwriting and film. We pride ourselves on the **standard of our work**.



# COME AND JOIN US!

## SATURDAY TRACK CLUB

Rugby & Northampton Athletics Club are pleased to announce a new 5-week athletics course for young athletes in Northampton and surrounding areas. It runs from Saturday **March 18<sup>th</sup> to Saturday April 15<sup>th</sup> April**



This course will give an introduction to the track and field events – running, jumping and throwing and is suitable for all – from total novices to more seasoned athletes – no experience required – just lots of energy. The emphasis will be on fitness, skills and fun with all sessions being led by a qualified club coach.

### When

Saturday mornings 10-00 until 11-15

### Where

The sessions will take place at the Moulton College athletics track

### Who

The sessions are open to both club and non- club athletes NO EXPERIENCE NECESSARY

### Costs

R&N members – free

Non-club athletes – £15 per 5 week block

Ages – MINIMUM AGE is Yr 3 at school (aged 7+) – MAXIMUM is Yr 10 at school



On completion – all course members will be invited to participate in the MOULTON TRACK INVITATIONAL EVENT to be held on Saturday 22<sup>nd</sup> April

- Places are limited and will be assigned on a first come, first served basis.
- To register or for further information, please contact the address below.

The first session is due to take place on SATURDAY 18<sup>th</sup> March

[contactus@rugbyandnorthamptonac.org](mailto:contactus@rugbyandnorthamptonac.org)



# World Cup



# FEMALE FESTIVAL



WELLINGBOROUGH  
OLD GRAMMARIANS  
NN8 6BS



SUNDAY 23RD  
JULY 2023



10AM - 4PM



## Tournament

5-A-SIDE

U9 | U11 | U13

9-A-SIDE

U15

EARLY BIRD  
OFFER  
£20  
P/TEAM  
UNTIL 23/04

## Skill Sessions

5-11 YEAR OLDS

FREE! SIGN UP  
HERE!

ENTER HERE!



FALCON FRANKIE | BOUNCY CASTLE | FACE PAINT | STALLS | REFRESHMENTS

For more information please contact: [Harley.Collyer@NorthantsFA.com](mailto:Harley.Collyer@NorthantsFA.com)



# Female FOOTBALL OPPORTUNITIES



There are a number of different opportunities for females to play football around Northamptonshire

## OPPORTUNITIES

WILDCATS | SQUAD GIRLS'  
GRASSROOTS | RECREATIONAL  
WALKING FOOTBALL

5-11 YEAR OLDS



12 YEARS OLD +



Scan here!

[www.northantsfootball.com/femaleopportunities](http://www.northantsfootball.com/femaleopportunities)



We are proud to announce that we are now fully OFSTED Registered and as a result of this, we are able to accept all types of childcare vouchers and the government tax-free scheme as payment for our services.

This is something we have been working on for some time that will hopefully allow even more people to join us at our amazing Holiday Camps.

Rhino Sports Academy is eligible for HAF funding. If your child receives free school meals or is a pupil premium child you can come along to our camps for free. For more information on this please contact us via email or phone and we can book them on.



-  @Rhinosportsacademy
-  @RhinoSportsAcad
-  @rhinosportsacademy

Phone: 07894 713006  
 Email: [enquiries.rhinosportsacademy@gmail.com](mailto:enquiries.rhinosportsacademy@gmail.com)

## HOW TO REGISTER

To register for any of our Camps throughout the year, please head to our website.

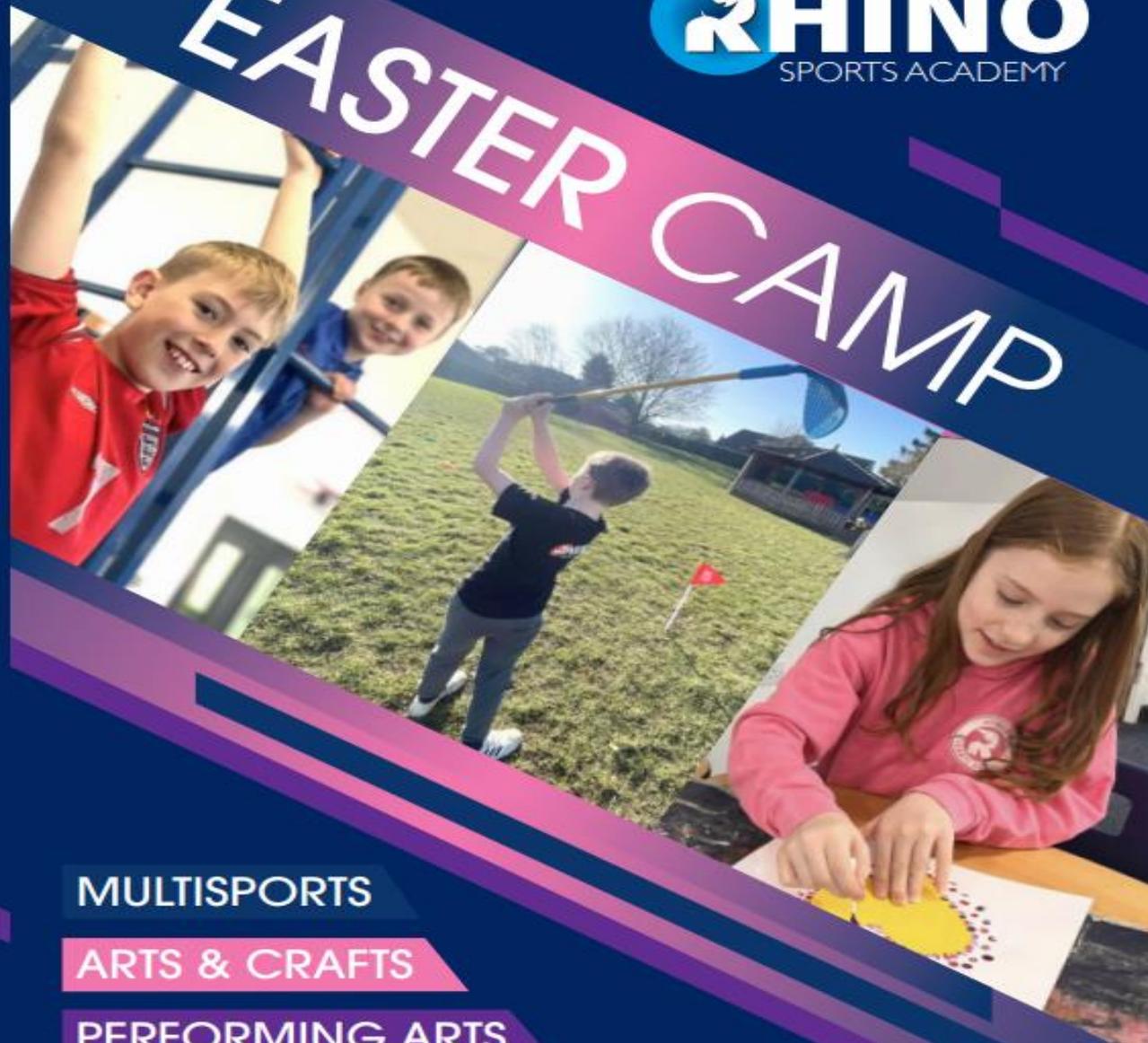
**[Rhinosportsacademy.co.uk/camps](http://Rhinosportsacademy.co.uk/camps)**

Select the camp activity and dates you desire and your good to go.

### NEED SOME HELP REGISTERING?

If you are experiencing any difficulties registering your child for one of our clubs or camps please don't hesitate to get in contact with one of the team who will be more than happy to help.

# EASTER CAMP



**MULTISPORTS**

**ARTS & CRAFTS**

**PERFORMING ARTS**

**[RHINOSPORTSACADEMY.CO.UK/CAMPS](http://RHINOSPORTSACADEMY.CO.UK/CAMPS)**

We are pleased to announce Rhino Sports Academy Camps will be held at two different venues this April. Blisworth Primary School and Hunsbury Park Primary School.

Here is some more information on what each activity will include on the day. We encourage children to try out new experiences and if on the day your child wants to swap over and do something different that is no problem at all.

## MULTISPORTS

At a Rhino multisport camp, every child spends a portion of their day participating in each of the sports on offer. They will learn the rules of the game plus new skills and new techniques for the first part before moving on to match play and games for the latter part.

Our Multisport Camps are a great way for children to enjoy some sporting variety and encourage participation in new sports for those still looking to find out which sport they enjoy the most.

Our coaches are all passionate about healthy competition and about exploring the fun and excitement that playing sport can bring. Prizes will be awarded for effort and excellence shown throughout the day.



## PERFORMING ARTS

Rhino Dramatics and Rhino Dance are coming together to offer something special to those who love to explore their expression and will learn new ways of using voice and body and naturally build up their confidence whilst having heaps of fun in the process.

Every child will spend their day learning, devising and performing different areas of Dance & Drama with experienced and passionate coaches. We will focus on learning new techniques, creating new work and promoting confidence in performance. Making our performing arts camp fun and engaging for all involved.

Prizes will be awarded for effort and excellence shown throughout the day.

## ARTS & CRAFTS

Our brand new Arts & Crafts Camp will be a great opportunity for children who love to be creative and get a bit messy. We will help your children discover their unique abilities and find their artistic talents. They will have lots of fun doing lots of different activities from colouring to painting, making things out of different materials and exploring new ways of learning. With the option to do some baking and decorating.

## BLISWORTH CAMP

Blisworth Primary School, Courteenhall Road,  
Northampton NN7 3DD  
Ages 4-12

Week 1 - 3rd - 6th April - 9am-4pm

Week 2 - 11th - 14th April - 9am-4pm

### Multisports Camp WEEK 1 & 2

Full Week - £80.00

Full Day - £22.50

Half Day - £14.00

### Performing Arts & Crafts WEEK 1 ONLY

Full Week - £90.00

Full Day - £25.00

Half Day - £15.00

## HUNSBURY PARK CAMP

Hunsbury Park Primary School, Dayrell Rd,  
Northampton NN4 9RR  
Ages 4-12

Week 1 - 3rd - 6th April - 9am-4pm

Week 2 - 11th - 14th April - 9am-4pm

### Multisports Camp WEEK 1 & 2

Full Week - £80.00

Full Day - £22.50

Half Day - £14.00

### Performing Arts & Crafts WEEK 2 ONLY

Full Week - £90.00

Full Day - £25.00

Half Day - £15.00

# THE RHINO SHOP

Order your Rhino clothing from our online store



visit: [rhinosportsacademy.co.uk/shop](http://rhinosportsacademy.co.uk/shop)

# U12'S NEWS



WEDNESDAY'S  
18:30-20:00  
NN1 5RX

OLD  
NORTHAMPTONIANS  
RFC

SUNDAY'S  
13:30-15:00  
NN1 5RX

**RUGBY TRAINING 18:30-20:00**



## OLD NORTHAMPTONIANS U12s GIRLS RUGBY TRAINING

JOIN OUR TEAM ON'S U12S ARE RECRUITING!  
WHETHER YOU HAVE PLAYED BEFORE OR BRAND  
NEW WE WOULD LOVE TO HAVE YOU AS PART OF  
OUR TEAM

TRAINING IS WEEKLY WEDNESDAY'S 18:30-20:00  
& SUNDAY'S 13:30-15:00

FOR MORE INFO CONTACT  
TONY:07368223120 or  
EMAIL:[fionagirlsrugby@gmail.com](mailto:fionagirlsrugby@gmail.com)



The Community Fridge is located at the Abbey Centre. This is open Tuesday and Friday 10.30-12 pm and Friday 4-5:30pm. They require a £1 donation.





# ELITE FOOTBALL COACHING



ELITE FOOTBALL COACHING

## GIRLS PLAYER DEVELOPMENT



**DEVELOPMENT**  
For players to enhance their skills outside of team training.  
Open to all players, the emphasis is on our female players improving their fundamental techniques in a competitive environment.



**OPPORTUNITIES**  
Every Friday  
Ages U10 - U12  
6:30 - 7:30PM  
£35 Per Month



**SKILLS**  
Players learn close control, dribbling, set pieces and other footballing techniques.  
Players will be challenged in practical exercises to improve the ability to execute in games.

FOR MORE INFORMATION  
@elitefootballcoaching.org



SESSION LOCATION  
Moulton 3G, Brunting Road

## EFC Player Development

Elite Football Coaching brings ELITE level coaching to grassroots players.

At Elite Football Coaching we want to bridge the gap and give players access to quality coaching with experienced coaches.

EFC Player Development program is designed to improve the players overall technical and tactical ability with the ball.

Each player will have a ball at their feet for the majority of the session.

## Girls Player Development

Girls Player Development returns this February

This program will focus on our female players improving their fundamental techniques in a competitive environment.

In these fast paced sessions, players will be encouraged to be creative and take risks. This program is perfect for all players.



## EFC PLAYER DEVELOPMENT

EVERY MONDAY

Age U7-U10 | 5-6pm  
Age U11-U14 | 6-7pm

EVERY FRIDAY

Age U7-U10 | 5:30-6:30pm

£35 PER MONTH

LOCATION | MOULTON 3G, BRUNTING ROAD, NN3 7QF  
BOOK | INFO@ELITEFOOTBALLCOACHING.ORG



LIMITED SPACES PER DEVELOPMENT PROGRAM

Email [info@elitefootballcoaching.org](mailto:info@elitefootballcoaching.org) to SIGN UP



For more information please visit | [WWW.ELITEFOOTBALLCOACHING.ORG](http://WWW.ELITEFOOTBALLCOACHING.ORG) | 07592299384

# Holiday Fun



## Easter Break 2023

<b>Games /Sports</b>	<b>Atomic Science</b>
<b>Arts &amp; Crafts</b>	<b>YOGA and Mindfulness</b>
<b>Circus Skills</b>	<b>Music</b>

Is it for me?

Open to Primary age children from Reception to Age 11

How much?

£15 per day, 9am – 3.30pm each day

How do I book?

To book spaces please visit: [www.northamptonesco.co.uk](http://www.northamptonesco.co.uk), you can book as many days as you require. Full details can be seen on our website/facebook page.

What do I need?

Packed Lunch and plenty of drinks.

Wear clothes suitable for moving freely and trainers/plimsolls.

Parents/Carers must drop off and pick up children.

Please ensure your child's lunch does not contain any nuts.

Queries?

Email- [msmith@northamptonesco.co.uk](mailto:msmith@northamptonesco.co.uk) or 07917 535762

### Easter Week 1 2023 Monday 3<sup>rd</sup> April – Thursday 6<sup>th</sup> April

Monday 3 <sup>rd</sup> April	Tuesday 4 <sup>th</sup> April	Wed 5 <sup>th</sup> April	Thursday 6 <sup>th</sup> April	Venue
Sports	Yoga	Sports	Circus	Earls Barton Primary School  Broad Street Earls Barton Northamptonshire NN6 0ND
Arts & Crafts	Science	Arts & Crafts	ISM Music	
			Pop Choir	

### Easter Week 2 2023 Tuesday 11<sup>th</sup> April – Friday 14<sup>th</sup> April

Monday 3 <sup>rd</sup> April	Tuesday 4 <sup>th</sup> April	Wed 5 <sup>th</sup> April	Thursday 6 <sup>th</sup> April	Venue
Sports	Yoga	Yoga	Circus	Cedar Road Primary School,  Broadway East, NN3 2PP (access through pedestrian gate to main hall)
Arts and Crafts	Arts and Crafts	Games Club	ISM Music	
			Pop Choir	



**Save the Date-**  
**King Charles III Coronation**  
**Celebrations- Friday May 5th**  
**1:30pm-3:00pm**





***10TH MARCH  
2023***

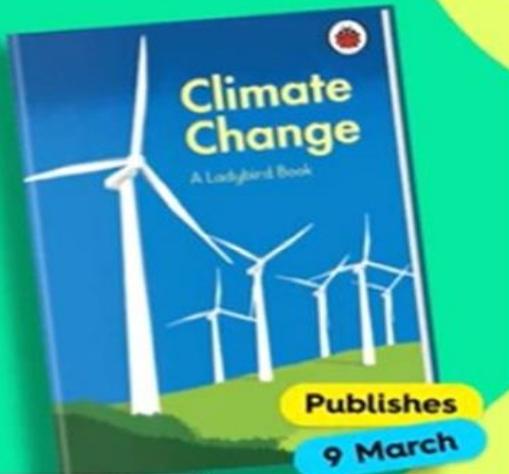
**SOME  
NEWS FOR  
OUR  
CHILDREN**



## The King co-writes a children's book

**An introductory guide to what climate is, how and why it is changing and what that means for all life on Earth.**

**Written by experts, with an afterword from HRH The Prince Charles, former Prince of Wales.**



Pictured: 'Climate Change' - a Ladybird Book Source: Ladybird Books Twitter page

King Charles III has co-written a children's book about climate change. The book explains what climate change is, how it works, discusses environmental threats to the planet, and hopes to encourage young people to take action. The book, published by Ladybird Books, is co-written by Tony Juniper, Chair of Natural England, and climate scientist Dr Emily Shuckburgh and has an afterword written by HRH The

Prince of Wales, before he became King. The aim of the book is to make the topic accessible for 7-11 year-olds. Tony Juniper, tweeted 'I do hope this little book that Dr Emily Shuckburgh & I worked on with the Former Prince of Wales (now King Charles III) will help young people gain an even more confident voice in shaping a sustainable future.'

## Tiger twins

Two incredibly rare Sumatran tiger cubs have been born at Chester Zoo! The zoo recently announced that the yet to be named tiger cubs were born to first-time parents, Kasarna and Dash, on 7<sup>th</sup> January. It was also revealed that keepers have been recording the precious cubs' progress using hidden cameras. The zoo has shared footage from these recordings on their social media accounts to keep the public informed. The Sumatran tiger is critically endangered; there are thought to be only 350 living in the wild. The smallest subspecies of tiger is named after its native Indonesian island. The Sumatran tiger is able to camouflage itself in its tropical rainforest habitat as its stripes are closer together and its fur is a darker

orange than other types of tiger. 'We've been closely monitoring Kasarna on our CCTV cameras as she gets to grips with motherhood and her first litter of cubs. It's a real privilege and incredibly special to watch. She's a great mum and is being very attentive to her new babies, keeping them snuggled up in the den and feeding them every few hours. It won't be long until they gain enough confidence to start venturing outside for the very first time as a family, which is really exciting!', Dave Hall, Carnivore Team Manager, said on the zoo's website. Experts think that the cubs will venture outside their den in early April and then the zoo will be able to find out their sexes, discover more about them and give them names.

**Do you know any interesting tiger trivia?**



Pictured: Sumatran tiger, Kasarna and her cubs Source: Chester Zoo Twitter page

**Share your thoughts and read the opinions of others**

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



# Mush-room for improvement



Pictured: People having a surfing lesson. Source: Canva

Steve Davies, from Porthcawl on the south coast of Wales, has designed a new kind of surfboard, grown using mushrooms! He hopes that the environmentally positive surfboard will help make surfing kinder to the environment by cutting down on the number of non biodegradable plastic surfboards produced every year – currently it's around 400,000! The former Cardiff Metropolitan University design student thought up the idea during his final year, with his aim to make the sport more sustainable. He is experimenting now by growing mushrooms and using their mycelium roots to form a polystyrene-like material for the base of the surfboard.

The boards would then need to be coated in organic sealants like bees wax and linseed oil. 'It sounds a little bit crazy, but it's a way to get away from polystyrene, polyurethane and resin boards that can sit in landfill and not decompose for hundreds to thousands of years,' Mr Davies said. 'In the right conditions, we will grow a mycelium board in around 21 days. The dream would be to make it the new norm. Connecting with nature would be the new design rules and a lot of things like that would be really cool. We're using the sea, we should give back to the sea and it should be a circular model.'

Last week's topic:

**Should everyone have access to a mode of transport?**

Only if you can pay for it and fund it, otherwise - who will pay for it?  
**Philip**



Yes, I think everyone should have a way to get around.  
**Harry**

I think it's important to have alternatives to cars as it's better for the environment. Renting bikes is a great idea!  
**Julie**

Yes - because it's fun and a good way to get around! It's not fair if just adults have transport if children don't!  
**Emily**

**Let us know what you think about this week's news?**



[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



[help@picture-news.co.uk](mailto:help@picture-news.co.uk)



[@HelpPicture](https://twitter.com/HelpPicture)



Picture News Ltd,  
Colber Lane,  
Bishop Thornton,  
Harrogate,  
North Yorkshire, HG3 3JR

**Share your thoughts and read the opinions of others**

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)





**Could you do more to protect  
your local area?**

# Reflection



In both cities and the countryside, alongside people – there are other creatures, both great and small, who find homes in almost any place! It's important to be aware of local habitats and ensure the homes of wildlife are protected.



# TAKEHOME

6-12  
March



Could you do more to protect your local area?



## In the news this week

It has been suggested that the number of hazel dormice in the UK has dropped from around 3.5 million to only 750,000 in almost 30 years. Currently, their conservation status is classed as 'vulnerable', but some researchers say people should be more worried for them. A recent report from the University of Exeter urges for hazel dormice to be reclassified as 'endangered' and calls for more conservation action.

### Things to talk about at home ...

- > Describe your local area to someone older. Ask them to share details about their local area from when they were younger. Was it different?
- > Talk about different places e.g., the countryside, cities. How can people who live in each take greater care of local habitats?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

