

WORLD SMILE DAY

#WORLDSMILEDAYCHALLENGE

Smiley says... **Take the challenge!**

#WSDCHALLENGE

Do an act of kindness.
Help one person smile!

WORLD SMILE DAY®
FRIDAY, OCTOBER 7, 2022

www.worldsmileday.com | #worldsmileday | www.facebook.com/worldsmileday | www.youtube.com/worldsmileday



Your Designated Safeguarding Lead is Mrs Fennelly

If you have a worry you can talk to your teacher or an adult you trust.
We also have other important people in school who know what to do if you have a serious worry – their pictures are below:



Mrs Fennelly
Headteacher

Deputy Designated Safeguarding Leads



Mrs De Board
Assistant Headteacher



Mrs Richards
Gruffalo Class Teacher



Mrs Holland
Inclusion Leader



Miss Garrard
Nurture Lead

NSPCC
HELPLINE
0800 800 5000
help@nspcc.org.uk



Dates for your Diary

Date	Year group	Event
14th October	Whole school	Short reports sent home
17th October	Whole school	Friends of Simon de Senlis Pumpkin competition
18th October	Whole school	Parents Evening – Booking is open with a few spaces remaining
20th October	Whole school	Parents Evening- Booking is open with a few spaces remaining
20th October	Year 3	Harvest Festival 2pm
3rd November	Whole school	Individual and sibling photographs
11th November	Year 6	Remembrance Assembly
14th November	Whole School	Flu Vaccinations
23rd November	Friends Disco	3:30pm – 4:30pm – Reception & year 1 4:45pm – 5:45pm – year 2, year 3 & year 4 6:00pm – 7:15pm – year 5 & year 6



Christmas Performance Dates for your Diary

Date	Year group	Event
6th December	Year 3 and The Players	Christmas Performance to parents, school hall- 9:30am
6th December	Year 4 and The Players	Christmas Performance to parents, school hall- 1:45pm
8th December	Year 5 and The Players	Christmas Performance to parents at St Benedicts Church- 10:30am
9th December	Year 6 and The Players	Christmas Performance to parents at St Benedicts Church- 10:30am
12th December	Rec, Year 1, Year 2	Christmas Performance to parents, school hall- R- 9:30am Y2- 10:00am Y1- 10:30am
13th December	Rec, Year 1, Year 2	Christmas Performance to parents, school hall- R- 1:30pm Y2- 2:00pm Y1- 2:30pm
14th December	Robinson Class	Christmas Performance to parents, school hall 2:30pm
9th December	Wiggins Class	Christmas Singalong with parents, in class 2:15pm

Tickets- Christmas Performances

Tickets for your child's Christmas Performance will be on sale in ParentMail in the shop. There is a £1 donation for each ticket.





Dear Parents and Carers,

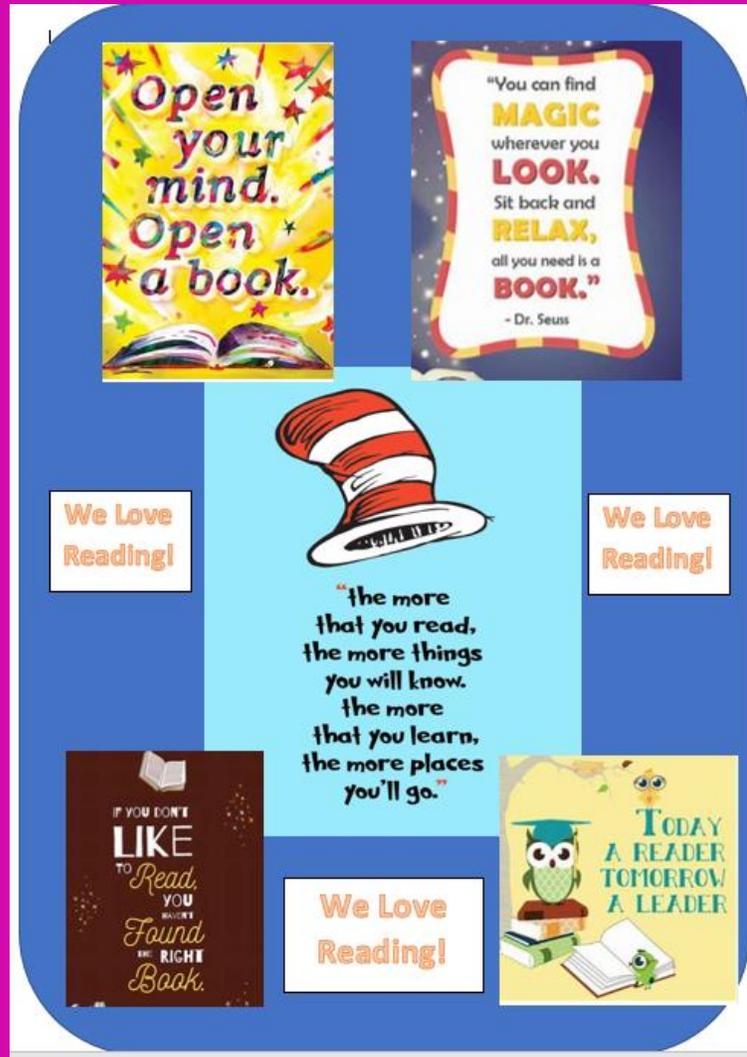
I've been thinking about outdoor learning recently and how the natural environment, along with developing exploration and enquiry can help and engage learning.

This term I have had the pleasure of visiting Forest School lessons in school and have seen the engagement that takes place when learning is carefully planned in the outdoors. I have seen children asking and answering questions based on the science curriculum, been part of collaborative learning with groups of children, seen children writing for a clear purpose and using books to gather information to extend their learning. Technology has also been used carefully in the outdoor classroom to support investigation and to develop the children's ideas and thoughts.

As the weather turns to crisp Autumn days, I love to have the opportunity to see the clear changes from Summer to Autumn in the natural world around us. As the weather forecast for the weekend is bright and dry, I hope you can also find some time with your family to enjoy the wonderful outdoors.

Please take care over the weekend and I look forward to seeing you next week.

Mrs Fennelly



Poster of the Week

As we continue through our year to develop our love of reading, it was wonderful to hear how much everyone loves reading!

95% of children say they read or have a story read to them every night!

That's Amazing!



School Disco



The Friends of SDS have planned a school disco for children.



Date: Wednesday November 23rd

3:30pm-4:30pm- Reception and Year 1

4:45pm-5:45pm- Year 2, year 3 and year 4

6:00pm-7:15pm- Year 5 and year 6

Tickets are £3 each and are available to buy in your ParentMail shop.





Rosa Parks



- In 1955, she refused to give up her seat on a **bus** to a white person.
- At that time, white people and black people were kept **apart** in some American states.
- Her actions changed American history forever.

Black History Month

During the month of October, the world is celebrating black history. Please see below some of the inspirational people who have shaped our lives through time.

Martin Luther King



Martin Luther King was a leader during the Civil Rights Movement which began in the 1950s. His peaceful campaigns changed the lives of millions of black people who were treated as second-class citizens in the United States of America. In 1963, he delivered his famous 'I Have A Dream' speech in Washington, which outlined his hopes of people living together peacefully. He was assassinated in 1968, but his tireless work for a better world continues to inspire people decades later.

Black History Month

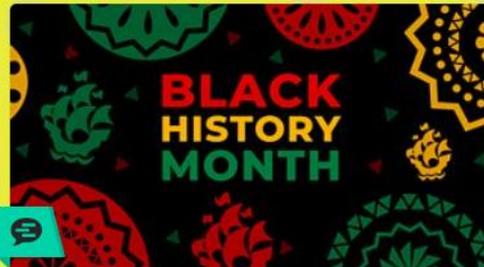
During the month of **October**, the world is celebrating black history.

To find out more, take a look at the CBBC website [The Official Home of CBBC - CBBC - BBC](#)

Black History Month



What is Black History Month all about?



Blue Peter: Tell us about your heritage



Our Black History Heroes: Chadwick Boseman



Do you know British black history?



Are you, or someone you know, looking for a Reception school place for September 2023? If yes, come along for a school presentation and tour.

Bookings at www.simondesenlis.org

Simon de Senlis Primary School



Reception Places Sept 2023

Come and visit our school to hear about our ethos and see our wonderful staff and children in our engaging learning environment.

September 27th 2022 at 6:00pm | October 11th 2022 at 9:30am
November 16th 2022 at 6:00pm | December 1st 2022 at 9:30am
January 5th 2023 at 6:00pm

Book your place at: www.simondesenlis.org



Uniform

Jules at Home will be in the studio on Tuesday October 18th during the TLCs.

The Friends will be selling nearly new uniform in the studio on Thursday October 20th during the TLCs.



October 10th World Mental Health Awareness Day

The theme for this year's day has been designated as 'make mental health and wellbeing for all a global priority'.



How to make a self-soothe box

Primary School

You will need

- A box, container or bag (e.g. a shoebox)
- Scissors
- Glue for the label
- Pens/pencils

Optional

- Stickers, glitter, photos or wrapping paper to decorate your box

There are so many little things we can do to look after ourselves and support each other's mental health. Creating a self-soothe box is a little thing you can do to make a **BIG** difference to your mental health.



Would you like to make a self-soothe box for those times when you need to be reminded about the things that make you smile? Take a look at the instructions-



What is a self-soothe box?

A self-soothe box is a box that you can make that contains things that calm you down, help you focus on what you're doing in that moment, and reduce feelings of worry or sadness. If you find yourself feeling anxious, stressed out, or down, you can turn to your self-soothe box to help manage your feelings and feel more relaxed.

Three simple steps to start

1. Find a box, container, bag, or whatever you have. Shoeboxes can be handy for this.
2. Customise the label we've provided and stick it on your box, or write the title on your box however you like.
3. Decorate the outside of your box. Stickers, drawings, glitter, photos – go wild!

What should be in my self-soothe box?

We recommend you have a variety of things in your box to focus your mind on. You could include something to touch, something to look at and maybe even something to taste.

#HelloYellow

To help you get started, here are some ideas to inspire you!

Touch

Something to touch is a good distraction for your hands. Playdough, fidget cubes or spinners are great for this. They're fun to play with, and it can encourage your muscles to relax, which helps to reduce feelings of worry.

Music

Do you have a favourite song? You could create a calming playlist with relaxing music to help you slow down and steady your breathing. Keep some earphones in your box, to make sure you can access your favourite music easily.

Colour

Drawing and colouring are such simple tasks and having something that you've made can make you feel proud. Keep pencils or felt-tips in your self-soothe box, along with some paper or some colouring templates, and spend some time expressing how you're feeling.

Memories

Keep a few photos of people or places that make you smile and feel positive. These can remind you of all the different parts of your life, not just the feeling you are finding difficult at that time. If you don't have photos, then you could find an item which has positive memories attached to it such as a teddy, a book or a postcard.

Water

Drinking water is such an important way to reduce feelings of worry and panic. Keep a cup or water bottle in your self-soothe box. This acts as a gentle reminder to keep drinking. Take a sip, feel the coolness of the water and listen to your breath. By taking regular sips you can keep a steady rhythm to your breathing.

FEELINGS ACTIVITIES

How Are You Feeling Today?



Think about the different feelings on the poster. Have you ever felt like this? If you were worried about your feelings, remember to find an adult to talk to. Mindfulness helps us to calm and be present, try some of strategies on the calendar below.

MINDFULNESS CALENDAR

MON	TUES	WED	THURS	FRI
COUNTING BREATHS 1-2-3	ATTITUDE OF GRATITUDE	USING THE SENSES	COLOUR BREATHING	BIRTHDAY CAKE BREATHING
MON	TUES	WED	THURS	FRI
FEATHER BREATHING	FINGER COUNTING	SLIMY HANDS	RISE AND FALL	RELAXING MUSCLES

Optimistic October 2022

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Write down three things you can look forward to this month	2 Find something to be optimistic about (even if it's a difficult time)	3 Take a small step towards a goal that really matters to you	4 Start your day with the most important thing on your to-do list	5 Be a realistic optimist. See life as it is, but focus on what's good	6 Remind yourself that things can change for the better	7 Look for the good in people around you today
8 Make some progress on a project or task you have been avoiding	9 Share an important goal with someone you trust	10 Take time to reflect on what you have accomplished recently	11 Avoid blaming yourself or others. Find a helpful way forward	12 Look out for positive news and reasons to be cheerful today	13 Ask for help to overcome an obstacle you are facing	14 Do something constructive to improve a difficult situation
15 Thank yourself for achieving the things you often take for granted	16 Put down your to-do list and do something fun or uplifting	17 Take a small step towards a positive change you want to see in society	18 Set hopeful but realistic goals for the days ahead	19 Identify one of your positive qualities that will be helpful in the future	20 Find joy in tackling a task you've put off for some time	21 Let go of the expectations of others and focus on what matters to you
22 Share a hopeful quote, picture or video with a friend or colleague	23 Recognise that you have a choice about what to prioritise	24 Write down three specific things that have gone well recently	25 You can't do everything! What are your three priorities right now?	26 Find a new perspective on a problem you face	27 Be kind to yourself today. Remember, progress takes time	28 Ask yourself, will this still matter a year from now?
29 Plan a fun or exciting activity to look forward to	30 Identify three things that give you hope for the future	31 Set a goal that brings a sense of purpose for the coming month				

Miss Garrard says...



Please can I remind all parents that children **should not** bring any food **containing nuts** to school.

We also adopt a healthy school approach, therefore ask that your children are provided with a healthy snack for break time. This could be a piece of fruit, a small sandwich, a yoghurt, some cheese and crackers or cereal bar.

Children are allowed a packet of crisps and a small sweet treat in their lunch box.

Having a healthy, balance diet is important for all. Change4life has a great family challenge to support families with snacking.

If you need any further support regarding eating habits at home, check out the change4life website and the eat well plate - <https://www.nhs.uk/change4life>.

The poster is titled 'Family Snack Challenge' and includes a section for 'Stick me on the fridge!' with a box for '(Write your family's name here)'. It features seven challenge cards, each with a 'We did this' checkbox:

- Day 1 Fruity snack:** Try a new fruit for your snack today - how about a peach, pineapple chunks or a mandarin?
- Day 2 Adventurous veggies:** Have a veggie snack such as carrot, pepper or cucumber sticks with a lower-fat dip.
- Day 3 Packaged snacks?** Try sticking to 2 a day max!
- Day 4 Say no to 'reds':** Use the FREE Change4Life Food Scanner app to choose snacks with no 'reds'.
- Day 5 Drink smarter!** Ditch the sugary drinks for water, lower-fat milks, sugar-free or no-added sugar drinks. Try load water with your favourite fruit.
- Day 6 5 A Day champions:** Fruit and vegetables are a perfect snack - and count towards your 5 A Day. Try having all of yours today!
- Day 7 Create your own:** It's your turn to think of a healthy snack challenge! How about swapping your usual snack for a less sugary one? For more ideas, search Change4Life.

Additional text on the poster includes: 'How to play: Take our 7 day family snack challenge. Don't forget to tick the box each day when you complete the challenge!', 'Ask your parents to download the free Food Scanner app to see what's really inside your food and drink. Discover which ones are the healthiest!', 'What do two bananas do when they meet each other?', 'A banana shake!', 'Why aren't grapes ever lonely?', and 'Because they come in bunches!'. It also encourages users to 'Search Change4Life for more healthier snacking ideas'.



HALLOWEEN 2022
CREATE / DECORATE
A PUMPKIN

CRAFT! **COLOUR!**
DRAW!
CARVE! **CREATE!**

BRING YOUR PUMPKIN CREATION TO SCHOOL ON MONDAY 17TH OCTOBER

£2 DONATION TO FRIENDS OF SDS FOR EACH ENTRY STICKER FOR EVERY ENTRY AND ONE SPECIAL PRIZE PER CLASS FOR THE WINNER!

Please pay the £2 donation into your ParentMail shop.

TRAVELLING BOOKS

COME TO THE BOOK FAIR

FIND HUNDREDS OF THE BEST NEW BOOKS FROM JUST £2.99!

FILL YOUR SCHOOL WITH FREE BOOKS WHEN YOU BUY FROM THE BOOK FAIR*

LAST YEAR, YOUR SUPPORT HELPED TO DONATE OVER £2.2M BOOKS TO SCHOOLS NATIONWIDE

NEW David Walliams SPACEBOY Hardback only £8.99 £14.99 £8.99	NEW The Baddies Hardback only £7.99 £12.99 £7.99	NEW ROALD DAHL MATILDA Best Buy Only £3.99 £6.99 £3.99	NEW in paperback TOM GATES RANDOM ACTS OF FUN £7.99
NEW As seen on TV BLUEY GOODNIGHT FRUIT BAT £6.99	NEW DR RANJ A SUPERPOWER Like Mine £6.99	NEW THE ELEMENTAL DETECTIVES PATRICE LAWRENCE £7.99	

Available during
Parents Evening
18th & 20th
October

Available during
Parents Evening
18th & 20th
October

AGES 2+

AGES 6+

EVERY BOOK YOU BUY EARNS FREE BOOKS FOR OUR SCHOOL

AGES 8+

Save £3
 £7.99 **£4.99**
 THE BOY WITH THE BACK OF THE CLASS

NEW
 £7.99
 EMMA CARROLL
 THE TALE OF TRUTHWATER LAKE
 Paperback edition exclusive to Scholastic

Goosebumps
 £19.96 **£9.99**
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 4 books for only **£9.99**

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 £18.99 **£9.99**
 ROCKS AND MINERALS

NEW
 Save **£3**
 £12.99 **£9.99**
 FOOTBALL LEGENDS

Available during Parents Evening 18th & 20th October

Payment at our Book Fair

Please check with your school for the best way to pay for your books

- You can pay easily and securely for these books and many more when you attend the Fair by using our online payment link at www.travellingbooks.co.uk/pay and simply selecting your school from the drop-down menu.
- If you're unable to visit the Book Fair, your child will be sent home with a Wish List and you can pay for their chosen books using our online payment system. Please make sure the Wish List is returned to your child's school.
- Pre-paid gift vouchers are available in £5, £10, £15, £20 and £25. Go to www.travellingbooks.co.uk/gift-vouchers to buy vouchers for your child before the Fair.

Help earn free books for your school*

Books benefit everyone and to ensure that as many children as possible have access to the best books, Travelling Books donate over £2.2 million worth of free books annually to schools nationwide to support literacy and reading for pleasure. You can help make a difference by purchasing from your Travelling Book Fair – every purchase earns your school rewards which they can spend on free books to stock their library and classrooms.





Simon de Senlis are collecting food for the Hope Centre as part of our Harvest celebration.

Please bring items for the Hope centre to your child's class, food such as dried food, tins, jars, bottles are all greatly appreciated.

Items will be collected from school on October 21st.



The government and school target for attendance is 96%. This positive attendance of 96% and above means your child will be able to learn and thrive at school. Please remember that any term time holidays will not be authorised, and following policy, a referral may be made to the Local Authority. This may result in a fine being implemented to parents by the Local Authority.





Friends of SdS



Annual **G**eneral **M**eeting

***We look forward
to seeing you on
Wednesday 19th
October at 7pm,
in the school hall***

We need your suggestions, skills, ideas and enthusiasm!

No obligation to join the committee

If you are interested in finding out more about joining
and/or volunteering for future events, please come along.

If you can't attend but would like more information,
please send us an email: fosdsenlis@gmail.com

or message us on Facebook



Diwali Light Parade – Northampton town centre. 15th October at 5pm



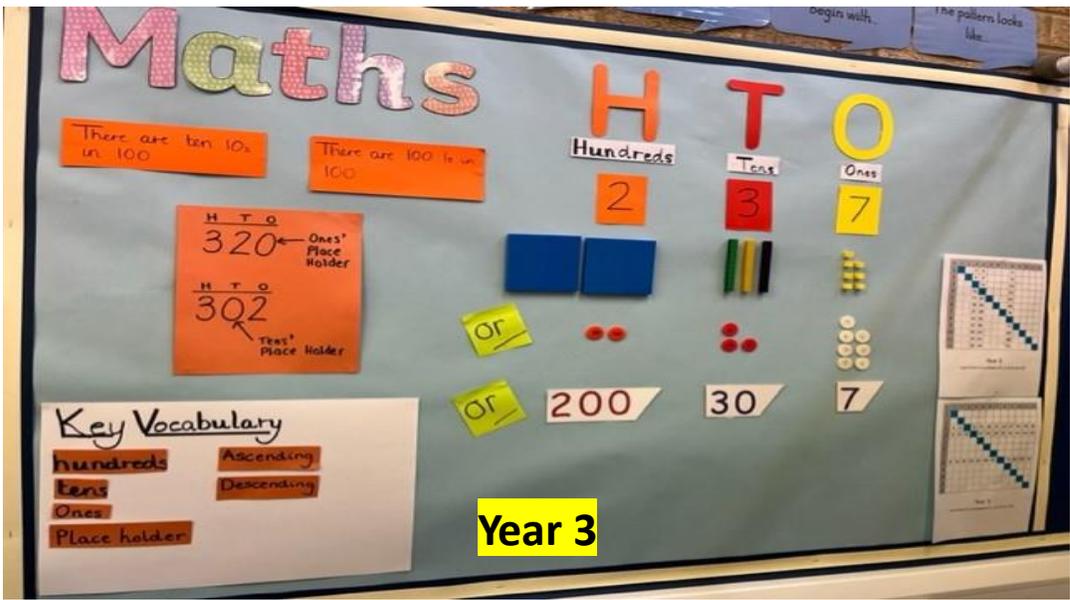
Think of the week

A **think** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



**Is marmite
nice? Yes or no?**

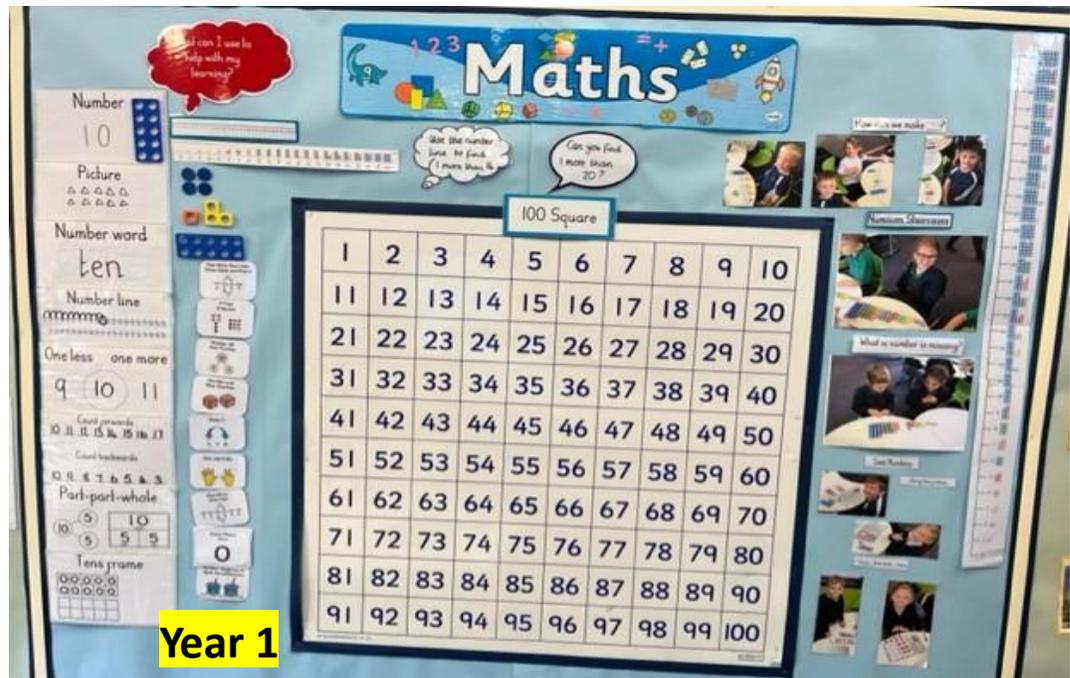




Year 3



Reception

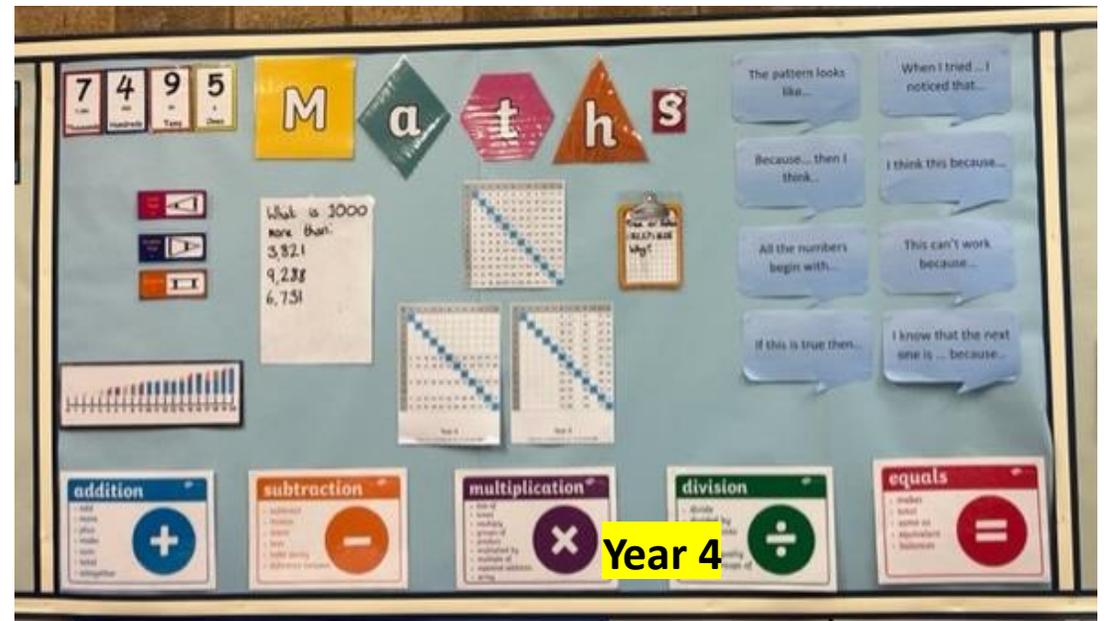
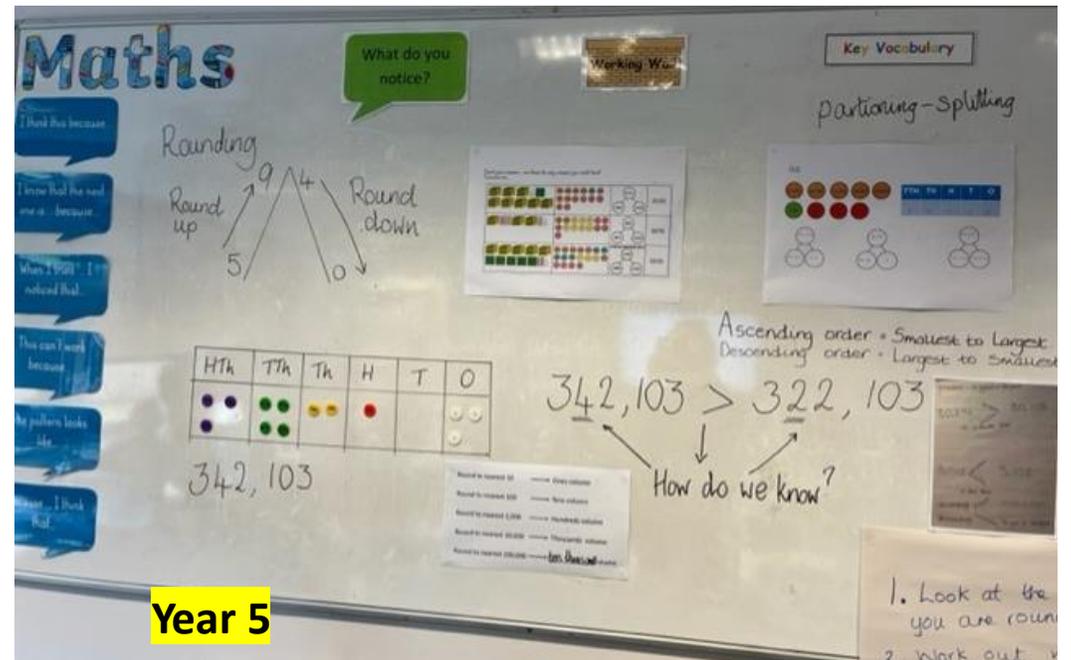
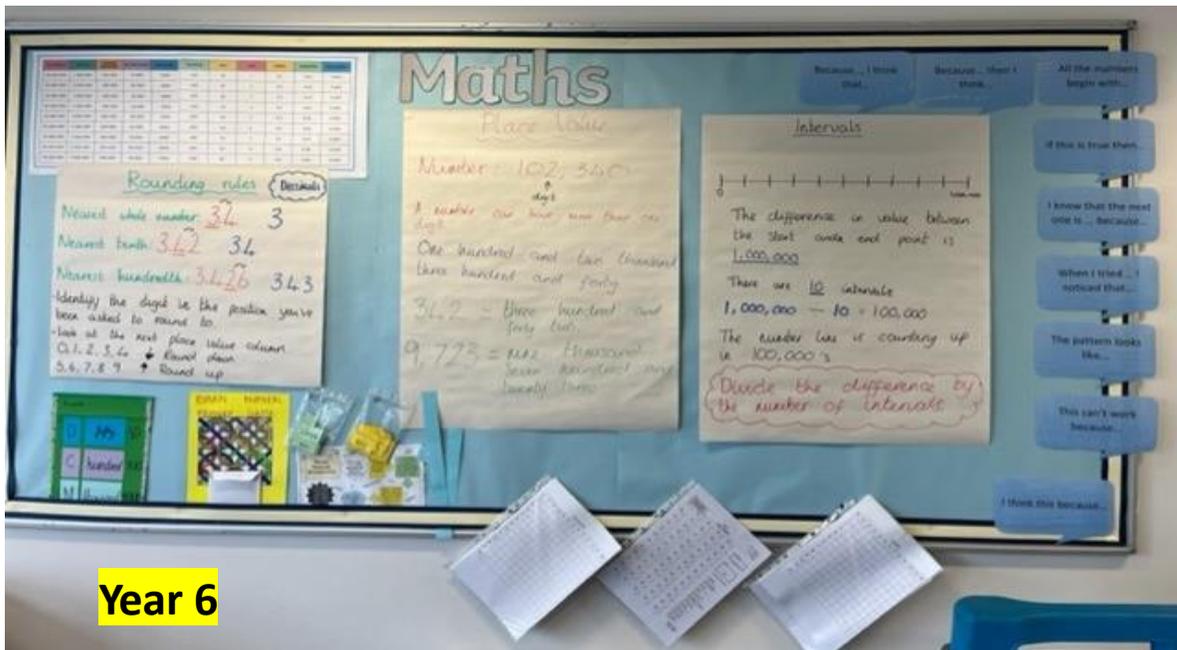


Year 1



Year 2

Maths at SdS – this term across the school we have all been learning and developing our knowledge of place value.





What is an algorithm?

An algorithm is a list of rules to follow in order to complete a task or solve a problem. The steps in an algorithm need to be in the right order.

Think about an algorithm for making a cup of tea. What if poured the water before you boiled the kettle? Your tea would be cold and that would be silly!

When you write an algorithm, the order of the instructions is very important.





Do you love photography? Why not pop to Abington Museum to see their free exhibition from the Abington Camera Club



This exhibition highlights the work of Abington Camera Club showing the skills of this longstanding group. The club, which meets on Monday evenings at Abington Community Centre, was formed over 70 years ago to encourage its members to improve and enjoy their photography.



Northampton
Museum &
Art Gallery

Do you love sculpture? Why not pop to Northampton Museum to see their free exhibition from the sculptor **Bob Dawson**

Bob Dawson: A retrospective



Bob Dawson worked as a sculptor and art tutor for over 50 years. Based in a studio in Wollaston, Northamptonshire this celebrated and prolific sculptor's practice involved both the naturalistic and beautifully abstract. Dawson's work creates a serenity and quietness in which to contemplate the shifting and changing nature of life.

Free entry



Do you love trainers? Why not pop to Northampton Museum to see their free trainer exhibition

Trainers: a global obsession

Trainers: a global obsession



Make your own book competition!

Take a look at this amazing webpage which has details of a competition that you can enter to make your own book. There are also some exciting videos of some famous children's authors talking about how they create their stories!

[Step inside your story | The British Library \(bl.uk\)](https://www.bl.uk/step-inside-your-story)

To enter the competition, you'll need to fully complete the activity on the webpage. This involves making a book about yourself. By completing the 'Step inside your story' activity and sharing photos of your creations with us, you will be entered into a draw to win one of FIVE (5) prizes of £50 National Book Tokens for your school.

**The competition will run from 9am on 26
September to 5pm on 28 November 2022.**



Mrs Parker and Miss Gedney

Warm up activity

not in my backyard

Work as a team
to clear out the rubbish



how to play

Mark out a safe play area and divide it into two 'backyards' with a rope or suitable barrier. On each side, place 10-20 beanbags, balls, koosh balls etc - this is the 'rubbish'. It's in your backyard and it's your task to clear it, before the other team clears theirs!

Divide the group into two, for a team either side of the play area. When you shout 'Clear!' each team starts to throw their 'rubbish' over the barrier to the other team's 'backyard'. Keep going or it will all pile up! The winning team is the team with the least rubbish in their backyard after two minutes.

Safety: ensure the area is big enough so players won't collide when throwing and that the 'rubbish' is not too big or heavy. Underarm throws only.

equipment

Marker cones, beanbags, small balls, koosh balls, chiffon scarves, throwing scarves.



sporting connection

This activity will help you develop hand eye co-ordination and quick reaction times. These are skills you'll need to become a fencing or archery champion and they are useful for sports such as golf, bowls and boccia.



did you know?

'Boccia' comes from the Latin word 'bottia', meaning 'ball'. The sport is also known as 'bocce' and Great Britain are the reigning Paralympic champions.

Clear out the
Rubbish!

Have a go at this
game and find any
equipment you
like to move from
one area to
another.

Be quick and
increase your
reaction times but
remember to only
use an underarm
throw.

Have fun and stay
active, Miss Bland

Miss Bland asks; Do you like to ride your bike? Then read all about this new exciting development <https://www.northamptonshiresport.org/news/northampton-bike-park-geared-up-and-ready-to-go/>



Find out more about Northampton Bike Park, [visit the website](https://www.northamptonshiresport.org/news/northampton-bike-park-geared-up-and-ready-to-go/)

We're open!

Mountain bike enthusiasts of all ages and abilities will be able to enjoy Northampton's brand-new bike park which opened this week.

The new facility offers:

- A multi-user green trail, which is an easy, dual-direction cycle route across the site, connecting Houghton Hill to the underpass for the A45
- Blue (moderate), red (difficult) and black (severe) off-road mountain bike trails for different abilities with dual tracks which will allow head-to-head riding
- Five gathering spots where riders can meet to discuss the next section of track, and coaching can be provided
- Climb sections – which are uphill sections to test endurance
- A mountain bike skills area
- 13 hectares of ecological habitats

Holiday Fun



October Half Term 2022

Games /Sports 	Atomic Science 
Arts & Crafts 	YOGA and Mindfulness 
Circus Skills 	Music 

Is it for me?

Open to Primary age children ages 5-11

How much?

£15 per day, 9am – 3.30pm each day

How do I book?

To book spaces please visit: www.northamptonesco.co.uk, you can book as many days as you require. Full details can be seen on our website/facebook page.

What do I need?

Packed Lunch and plenty of drinks. Wear clothes suitable for moving freely and trainers/plimsolls. Must drop off and pick up children.

Queries?

Email- msmith@northamptonesco.co.uk or 07917 535 762

October Half Term 2022 Monday 24th October – Friday 28th October

Monday 24 th October	Tuesday 25 th October	Wednesday 26 th October	Thursday 27 th October	Friday 28 th October	Venue
Arts and Crafts 	Games 	Circus Skills 	Games 	Arts and Crafts 	Cedar Road Primary School, Cedar Road East, Northampton, NN3 2JF.
Music 	Yoga 	Science 	Yoga 	Music 	
Circus Skills 	Science 	Games 	Science 	Sports 	



West
Northamptonshire
Council

Is your child currently
in Year 6?

**APPLY FOR
YEAR 7 AT
SECONDARY
SCHOOL**

**APPLICATION
DEADLINE:**
midnight on
Monday 31
October 2022

www.westnorthants.gov.uk/admissions



Are you looking for part time job?

We are looking to recruit a reliable and committed Lunchtime Supervisor to join our hard-working team. The successful candidate will be able to work effectively as a member of the team, have excellent interpersonal skills and consistently support the school values and approaches.

Start date ASAP.

Days of work: Monday – Friday

**Starting salary: Grade C, Point 2 (£18,198 FTE – pro-rata). Hourly rate
£9.43**

**Contract: Permanent, 5 hours per week (term time only – 38 weeks per
year)**

**If you are interested and would like more details or would like to apply please
email: info@simondesenlis.org**



NPAT TERM DATES 2022-23

TERM DATES	STARTING	ENDING
TERM 1	Monday 5 September 2022	Friday 21 October 2022
TERM 2	Tuesday 1 November 2022	Friday 16 December 2022
TERM 3	Wednesday 4 January 2023	Friday 10 February 2023
TERM 4	Tuesday 21 February 2023	Friday 31 March 2023
TERM 5	Monday 17 April 2023	Friday 26 May 2023
TERM 6	Monday 5 June 2023	Friday 21 July 2023

TRAINING DAYS

Thursday 1 and Friday 2 September 2022
Monday 31 October 2022 (NPAT Conference)
Tuesday 3 January 2023
Monday 20 February 2023

SCHOOL HOLIDAYS <small>(NOT INCLUDING TRAINING DAYS)</small>	FROM	TO
OCTOBER	Monday 24 October 2022	Friday 28 October 2022
CHRISTMAS	Monday 19 December 2022	Monday 2 January 2023
FEBRUARY	Monday 13 February 2023	Friday 17 February 2023
EASTER	Monday 3 April 2023	Friday 14 April 2023
MAY	Monday 29 May 2023	Friday 2 June 2023

BANK HOLIDAYS
Christmas Holidays Monday 26 & Tuesday 27 December 2022
Bank Holiday Monday 2 January 2023
Easter Weekend Friday 7 & Monday 10 April 2023
May Bank Holidays Monday 1 May & Monday 29 May 2023
Summer Bank Holiday Monday 28 August 2023



SOME NEWS FOR OUR CHILDREN

***7TH OCTOBER
2022***



Pictured: A meteor shower Source: Canva

Meteor shower

The annual Draconid Meteor Shower, which it usually produces no more than 10 visible meteors per hour, will occur in October. As the comet 21P/Giacobini-Zinner orbits the sun, it leaves a trail of dust grains, which the Earth crashes into. As the debris burns up in our atmosphere, it produces a meteor shower that is called the Draconids. Unlike most meteor showers, the best time to catch sight of the Draconids is in the evening. The streaks of light in the sky will

start appearing from 6th October. The number of shooting stars will increase steadily each night until their peak on 8th - 9th October and then disappear completely after 10th October. For those wishing to see the meteors, experts say to make sure you check the weather forecast so it won't be too cloudy, wrap up warm, get comfy and make sure torches are turned off 15 minutes before to allow your eyes to adjust to the dark.

"We just gave our company to planet Earth."

Billionaire owner of the American outdoor clothing company, Patagonia, has given his company away to help fight the climate crisis. Yvon Chouinard announced that all the company's profits will go into saving the planet. He said, "Earth is now our only shareholder. If we have any hope of a thriving planet—much less a business—it is going to take all of us doing what we can with the resources we have. This is what we can do." Yvon, who set up the company making climbing gear for himself and his

friends nearly 50 years ago, has now signed it over to a non-profit agency, which will make sure that the company's annual profits, of around \$100 million per year, will be used to 'protect nature and biodiversity, support thriving communities and fight the environmental crisis.' Mr Chouinard said he did not sell the company and donate the profits as he wanted to ensure that Patagonia would continue its activist role.



Pictured: Yvon Chouinard, founder of Patagonia Source: Patagonia @Patagonia Twitter page

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£8.86 million Michael Jordan vest

Michael Jordan's iconic 1998 National Basketball Association (NBA) Finals 'The Last Dance' jersey has been sold by Sotheby's auction house for £8.86 million. The iconic red and black vest set records for the most expensive basketball jersey, any game-worn sports memorabilia, and most valuable Michael Jordan item ever sold at auction. The winning bid was more than double the estimated price given by the auction house of £2.6m to £4.4m. Michael Jordan is considered to be one

of the best basketball players of all time, dominating the sport in the 1980s and 1990s. This piece of kit was worn in the season that the talented sportsperson won his sixth and final NBA title. The Chicago Bulls star's vest took the record for the most expensive piece of game-worn sports memorabilia in history from Diego Maradona's "Hand of God" shirt worn during the 1986 World Cup. The football shirt previously sold for £7million.



Pictured: Michael Jordan's iconic 1998 NBA Finals 'The Last Dance' jersey.
Source: Sotheby's @Sothebys Twitter page.

Last week's topic:

Could we live our lives without plastic?



We might struggle to live our lives without plastic because what are we going to use instead of bottles. If we use metal that will be too expensive. Another idea is that it is changing our carbon footprint because a lot of people are littering and that is bad for the environment.

Reggie

I think it's very intertwined with our lives. I think we should all try to reduce our usage of plastic though.

Jess

Yes - I think we should stop. We didn't use plastic in the past so why do we need it now?

Philip

Let us know what you think about this week's news?



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**Do we achieve more when
there is competition?**



Jason Sheldon/Junction10/Shutters

Reflection



There will be many times in our lives when we face competition. Sometimes we may enjoy this and do well, other times we may find it more challenging. It's important for us to remember to help and support each other as we face our different challenges!

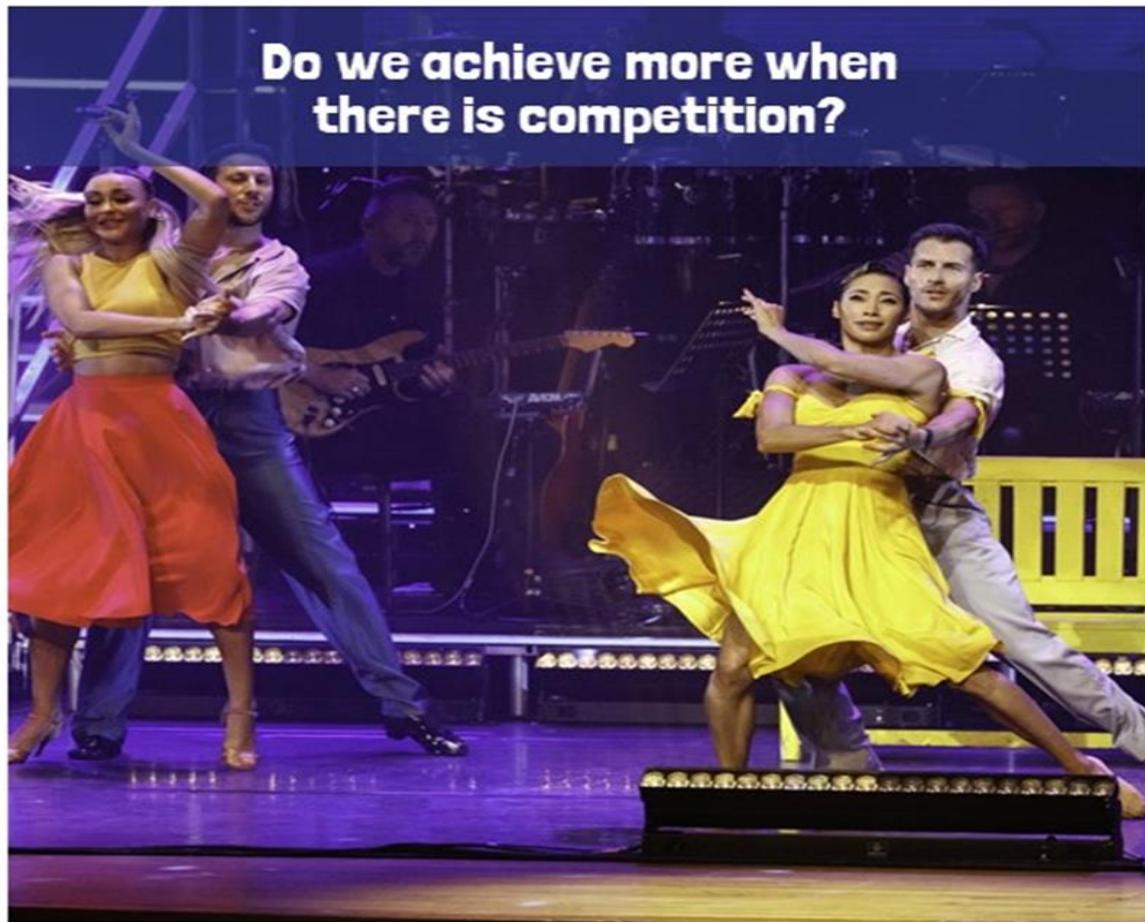


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Do we achieve more when there is competition?



In the news this week

The popular dance competition, Strictly Come Dancing, has returned to TV screens. The 20th series of the competition has the show's largest ever line-up of professional dancers. Fifteen celebrities are competing for the glitterball this year, including presenters Kym Marsh and Helen Skelton, former footballer Tony Adams, Paralympic gold medallist Ellie Simmonds, EastEnders actor James Bye and singer Matt Goss.

Things to talk about at home ...

- > Share any competitions that you may have taken part in. Do you enjoy it when things are competitive? What about others at home?
- > Do you prefer watching or taking part in competitions?
- > Considering the phrase 'it's the taking part that counts' – what do you think it means and do you agree?

Please note any interesting thoughts or comments

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