

Designated Safeguarding Lead



Joanne Fennelly. Headteacher

Deputy Designated Safeguarding Leads



Rachel Rosevear. Deputy Headteacher



Jennifer de Board. Assistant Headteacher



Laura Cunningham. Inclusion Lead



Hannah Garrard. Family Support Worker



Natalie Richards. EYFS Lead

Northampton Safeguarding Children's Board (NSCB) Tel: 0300 126 1000 Email: nscb@northamptonshire.gcsx.gov.uk

Fun Facts About Penguins





- Penguins were once called 'Weird Geese' when they were first discovered
- Penguin skeletons are unique from the other birds and allow them to swim fast
- Penguins can dive to depths of up to 500 to catch their prey
- Penguins do not have teeth, but they have barbed tongues and mouths to grip and swallow their food
- Penguins swallow pebbles and stones to help digest their food and dive deeper
- A group of penguins found in the water is called a raft
- Penguin couples can locate each other using distinct calls























Dear Parents and Carers,

It has to be the BEST week ever at SdS! An OUTSTANDING judgement given by three highly experienced inspectors and within a forensic two-day inspection, where every minute detail of the school was interrogated means everything to us. For the team to identify the pure ethos of our school within the report 'an exceptional ethos of deep care and high ambition threaded through every aspect of school life, that children love coming to school, that there is a relentless determination by all staff to give pupils the best education possible and this is an exceptional school.'

Our school has been recognised as the fabulous place it is and this is the result of a fantastic staff team, amazing children and wonderful families.

I am always exceptionally proud to be the headteacher of SdS, but today I admit, I'm just a little bit prouder!

Have a lovely weekend and enjoy sharing the news about our outstanding school.

Mrs Fennelly



Simon de Senlis Primary Weekly Update – 26 APRIL 2024



Parents and visitors are reminded that Danes Camp and Tesco supermarket kindly offer free parking for dropping off and picking up your children, including for meetings and events.



The car park at school is for staff parking and Blue badge holders



Please leave all disabled bays for our disabled staff and visitors access is required at all times.

Many thanks





Welcome to the children and families who will be joining us in Reception in September 2024. We can't wait to start this exciting journey with











Weekly Poster This week, we celebrated the wonderful achievements of the children and how outstanding everyone is!!







As we continue to keep our community safe at the beginning and end of the day, please follow the highway code when parking. Recently cars have been parked in the bus bay, on the zig zags and on the corners of junctions. The local PCSO will make unannounced visits to SdS and issue tickets to those parking inappropriately. We are all here to ensure our children, families and neighbours are safe.

1st May

13th May



Date	s for your	
Date	Year group	Event

Date	Year group	Event
30th April	Einstein Class	School of Life at the Library

Emstein Class School of Life at the Library

School Photographer – class photos Whole School

2nd May Whole School Planetarium 3rd May

Whole School Mufti Day to raise fund for the Changemakers. Donations welcome on Parentmail.

Year 6 SATs Week

Year 6 Picnic Lunch - on the field

16th May 7th June Whole School & Families Fun Run 3:30pm to 4:30pm If taking part, wear PE for the day

13th June New Reception Parents Parent Intake Meeting 6:00pm to 8:00pm 2024/25



9:30am Sports Day – families invited

Changemakers to University of Northampton

Circus Skills Day- more information to come

9:30am Sports Day – families invited

Transition Prayer Space

End of Year Reports

School Summer Fete

Transition Days

Event

Dates for you	ır
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Date

17th June

21st June

28th June

29th June

Ist July

10th July

8th & 9th July

11th & 12th July

Dates	IOI	your	

Year group

Whole School

Changemakers

Whole School

Whole School

KS2 (Years 3, 4, 5 & 6)

Year 6

KS1 (Reception, Years 1, 2 & SU)

Whole School Community

Dates	IOr	your	

Dates for your

18th July



Date	Year group	Event
I 5th July	Music groups, choirs- details of	Performing Arts Evening 5:30pm to 7:30pm

Music groups, choirs- details of whom to come

Performing Arts Evening 5:30pm to 7:30pm Drama Performance 10:00am to parents and families. Tickets

Drama Club Players 17th July coming soon 17th July Whole School Summer Disco 3.15pm to 4.15pm for Years SU, Rec, 1 & 2

4:30pm to 5:30pm for Years 3 & 4 5:45pm to 6:45pm for Years 5 & 6

Drama Club Players Drama Performances 1:45pm & 6:00pm to parents and families. Tickets coming soon

Art Exhibition starts at 2:30pm

19th July Whole School & Families Year 6 & Families Leavers Assembly followed by tea and cake on the field 22nd July



Trips Dai	les for you	ur		
Year Group	Date	Event		

Reception 23rd May Crocodiles of the World

14th June Woburn Safari Park Year I

Cadbury World 9th May

Year 2 Year 3

20th – 21st June Frontier Centre Residential 26th – 28th June West Runton Residential

Isle of Wight Residential

National Art Gallery London – Take One Picture 4th June

Year 4

Year 4

Year 6

The Festival Performance at the Royal & Derngate 18th June

Year 5 Dyson Class I 2th June STEAM Event at UoN Year 6

1st - 5th July



Simon de Senlis Primary Weekly Update



Are you looking for part time job?

We are looking to recruit a reliable and committed Lunchtime Supervisor to join our hard-working team. The successful candidate will be able to work effectively as a member of the team, have excellent interpersonal skills and consistently support the school values and approaches.

Start date ASAP

Days of work: Monday - Friday

Starting salary: Grade C, Point 2 (£22,366 FTE – pro-rata). Hourly rate £11.59

Contract: Permanent, 5 hours per week (term time only – 38 weeks per year)

If you are interested and would like more details or would like to apply please email: info@simondesenlis.org







Changemakers

As part of their plans to improve the playground, our group of Changemakers are determined to create another zone for children to enjoy playing games together. They would like to paint the pagoda bright colours, install tables and seats and purchase games such as uno, chess, snakes and ladders to engage their classmates even more during lunchtimes.

Since Christmas, they have been working hard planning their changes and writing to companies to ask for support for their playground project.

We are also having a mufti day next week to support these plans further. Thanks to Harry in Year 3 for this fantastic poster he made at home to advertise the event. You can make a donation on your parentmail account and we look forward to seeing all the children in their bright clothes on Friday 3rd!

Finally, if you have any games, coloured paint suitable for outside use or any work links for match funding, please email Mrs de Board jennifer.deboard@simondesenlis.org



PRE-LOVED UNIFORM



Please drop off at the school office between 6 - 10 May.

A pre-loved uniform sale will be announced shortly.

All proceeds go to Friends of Simon de Senlis.





Thunk of the Week

A **thunk** is an **unusual question** that makes you **think.** A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



Why are you outstanding???







Online Safety- You Tube





sevelapment and writing non-lation baset.

Simon de Senlis Primary Weekly Update – 26th April 2024



#WakeUpWednesday

Online Safety-You Tube continued







Northampton Museum and Gallery- town centre free exhibitions.

What's On (northamptonmuseums.com)

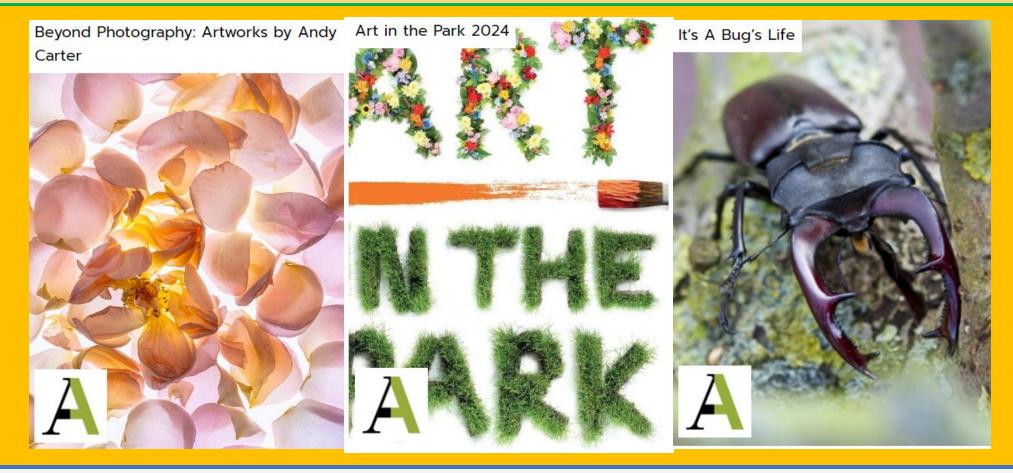






Abington Park Museum- free exhibitions.

What's On (northamptonmuseums.com)





SPORTS - DANCE





Some children who attended the Easter
Activity Camp had a chance to join in the
Silent Disco, which was brilliant. This was in
partnership with the Good Times Project. If
you would like to experience this amazing
dance workout then book your tickets now or
find out more about the Party Packs.

Stay active

Miss Bland





School Mental Health Leads Ms Cunningham and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class

teacher or contact us in school.



Laura Cunningham

Inclusion Leader
Deputy Designated Safeguarding Lead
Senior Mental Health Lead



Hannah Garrard

Family Support Worker
Deputy Designated Safeguarding Lead
Mental Health First Aider





Miss Garrard says...

What is Parental Conflict?

Conflict between parents is a normal part of relationships and family life. Not all conflict is damaging, but the way conflict manifests – its frequency, intensity and how it is resolved – can negatively affect children.

Where conflict between parents is frequent, intense and poorly resolved, it can harm children's outcomes – regardless of whether parents are together or separated.



When we argue with our partner or ex-partner, we can get caught up in the heat of the moment. At times like these, it's difficult to find a way forward.

We want to help you see things differently, and do things differently.



See it differently is a service that offer videos as a reflection tool to support parents who are experiencing conflict. These videos are a useful tool to see what conflict between parents look through the eyes of a child.

Here is the link to this supportive resource: See it differently











7-8.30PM STARTING 14TH MAY

PARENT/CARER SUPPORT A GROUP

Are you a parent/carer of an autistic child or young person?

Come along and meet other parents /carers, increase your support network and take some time out for you!

THE COACH HOUSE DELAPRE ABBEY NN4 8AW

For more informatiom email: fiona@enfold.org.uk







Dear parents and carers, as you are aware we have recently joined a school SEND partnership with Hunsbury Park Primary. As a result of this, we are able to offer parents access to some free online workshops run by a host of SEN practitioners across the year.

This term we are pleased to offer you a Zoom online session with <u>NHS SALT</u>, on <u>Tuesday 30th April 2024</u> <u>from 7-9pm</u>. Details of the session content are below:

Understanding Developmental Language Disorder

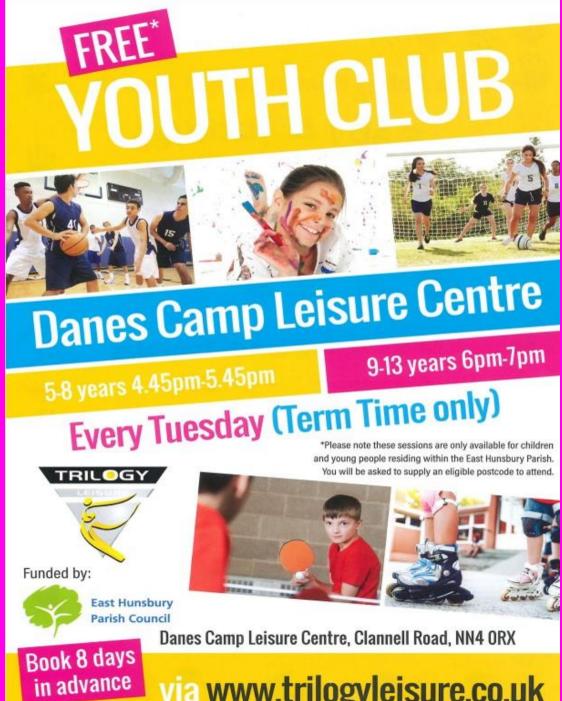
This session is completely free to all parents with children at Simon de Senlis. To register your interest you must consent to share your email address with Kate Burt from Hunsbury Park Primary School. Closer to the time we will then send out a Zoom link. This link must not be shared with anyone else whose children do not attend our school as Kate Burt will collate a list of parent's email addresses and these will be checked during the meeting.

We hope that you will take up this exciting offer.

Please register your interest by replying to the email (sent to all parents on Parentmail) by Friday 26th April.

Any questions please contact me via the school.

Many thanks, Ms Cunningham



via www.trilogyleisure.co.uk

DELAPRE ABBEY

As a local place to visit, take a look at the events taking place over the coming weeks.

Events in Northampton | Local Events Near
Me | Day Out (delapreabbey.org)



	Food Aid / Community Larders. No referral required					
Day	Time	Location	Membership / costs			
Monday	1:30pm – 2:15pm	Roade village Hall. Bailey Brooks Lane. NN7 2LS	Access to all. £10 subscription, £5 p/w			
Monday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items			
Tuesday	2pm – 3pm & 6pm - 7pm	The Nest, Woodford Halse Primary Academy, Scrivens Hill, Woodford Halse, NNII 3SU.	Access to all. £10 subscription, £5 p/w			
Tuesday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton	No referral - Turn up			

Dostiyo Community Fridge. Northampton Town Centre

Riverside Centre, Islington Road, Towcester, NNI2 6AU

Town Centre

Towcester Community Larder

Brixworth Community Larder

Wednesday

Wednesday

Wednesday

Ilam - Ipm

4:15pm – 6pm

4:30pm – 5:15pm

£5 per 8 Items

Access to all. £10 subscription, £5 p/w

Access to all. £10 subscription, £5 p/w

No Criteria

Food Aid / Community Larders. No referral required

Day	Time	Location	Membership / costs
Wednesday	5:30pm – 6:15pm	Moulton Community Larder	Access to all. £10 subscription, £5 p/w
Wednesday	4pm – 7pm	McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre	No referral - Turn up £5 per 8 Items
Thursday	10am – 11:30am	Towcester Community Larder Riverside Centre, Islington Road, Towcester, NN12 6AU	Access to all. £10 subscription, £5 p/w
Thursday	Ilam - Ipm	Dostiyo Community Fridge. Northampton Town Centre	No Criteria
Thursday	4pm - 7pm	McCarthy Divon Food Larder @ Swan & Helmet	No referral - Turn up

i nursaay McCartny Dixon Food Larder (W. Swan & Heimet, £5 per 8 Items Northampton Town Centre McCarthy Dixon Food Larder @ Swan & Helmet. Friday 4pm – 7pm No referral - Turn up Northampton Town Centre

Saturday

Sunday

£5 per 8 Items No referral - Turn up £5 per 8 Items No referral - Turn up

12pm - 2pm McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre 12pm - 2pm McCarthy Dixon Food Larder @ Swan & Helmet. Northampton Town Centre £5 per 8 Items

Calling All Kids: Get Ready to Dash for Cash!

Enter the Northampton 10k, 5k or Junior Run to support our amazing local NHS and your school at the same time.



Join us for an unforgettable event!

- A fast and flat route, suitable for all abilities
- FREE entry with a minimum sponsorship*
- Distances available: Junior (half a mile) 10k and 5k
- Money raised will support Northamptonshire Health Charity and your school!

*£50 for Junior Race, £150 for 10k and 5k Race, T&Cs apply, contact us for details.



www.northamptonshirehealthcharity.co.uk







If you're interested in taking part in a sponsored funrun, this could be of interest to you.

The entry to the funrun is free but there is a requirement for sponsorship.

The first £50 of sponsorship will go to Northampton Health Charity, anything above this will be split 50/50 between Northampton Health Charity and Simon de Senlis.

If you want to register for the run go to the following website: www.northamptonshirehealthcharity.co.uk



Don't miss the chance to be a part of the most epic LEGO celebration! Grab your tickets and get ready for a day filled with building, creativity, and endless fun!

Book now at www.MiltonKeynesBrickFestival.com

Save the date: Bank Holiday Monday 6th May 2024

Where: Middleton Hall, centre:mk, Midsummer Blvd, Milton Keynes, MK9 3QA

Event Times: 10am – 6pm (see your ticket name for your entry time)

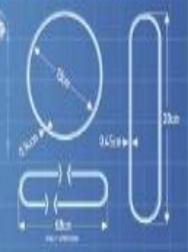
Find out more - www.BrickFestivalEvents.com

RUBBER BAND CHALLENGE

BUILD ANY TYPE OF VEHICLE ONLY USING LEGO ELEMENTS



YOUR RUBBER BAND WILL BE SUPPLIED ON THE DAY:



3 AGE CLASSES

- > UNDER 11s
- > 11-16s
- > 17s & OVER

VEHILLES HUST OF HORE ENTRELY OUT OF LEGG ELEMENTS. THEY HUST BE EXCLUSIVELY POWERED BY THE RUBBER BAND PROVIDED. THERE ARE NO SIZE OR WOGHT LIMITS.

VEHILLES HUST NOT LICAVE THE GROUND DURING THEIR POWERED RUN PLEASE YEST THE LEGG CAR RALLY SIGN IN DESK WHEN YOU ARRAY AT THE EVENT.

ENGLISH YOUR VEHILLES DOLLD'S HITE THE EVENT IN A MARKET BLAG.

BUILD YOUR VEHICLE AT HOME BRING IT ALONG TO RACE & WIN!

TURN OVER FOR EVENT DETAILS







NPAT Academic Calendar 24/25

Teacher Training Days Monday 2 September 2024 Tuesday 3 September 2024 Monday 4 November 2024 Monday 24 February 2025 Monday 2 June 2025

September 2024							
Mon		2	9	16	23		
Tues		3	10	17	24		
Wed		4	11	18	25		
Thu		5	12	19	26		
Fri	30	6	13	20	27		

	October 2024						
Mon	30	7	14	21	28		
Tues	1	8	15	22	29		
Wed	2	9	16	23	30		
Thu	3	10	17	24	31		
Fri	4	11	18	25			

	November 2024							
Mon		4	11	18	25			
Tues		5	12	19	26			
Wed		6	13	20	27			
Thu		7	14	21	28			
Fri	1	8	15	22	29			

	December 2024									
Mon	2	9	16	23	30					
Tues	3	10	17	24	31					
Wed	4	11	18	25						
Thu	5	12	19	26						
Fri	6	13	20	27						

January 2025									
Mon		6	13	20	27				
Tues		7	14	21	28				
Wed	1	8	15	22	29				
Thu	2	9	16	23	30				
Fri	3	10	17	24	31				

	February 2025								
Mon	3	10	17	24					
Tues	4	11	18	25					
Wed	5	12	19	26					
Thu	6	13	20	27					
Fri	7	14	21	28					

	March 2025									
Mon	3	10	17	24	31					
Tues	4	11	18	25						
Wed	5	12	19	26						
Thu	6	13	20	27						
Fri	7	14	21	28						

	April 2025									
Mon		7	14	21	28					
Tues	1	8	15	22	29					
Wed	2	9	16	23	30					
Thu	3	10	17	24						
Fri	4	11	18	25						

May 2025									
Mon		5	12	19	26				
Tues		6	13	20	27				
Wed		7	14	21	28				
Thu	1	8	15	22	29				
Fri	2	9	16	23	30				

June 2025									
Mon	2	9	16	23					
Tues	3	10	17	24					
Wed	4	11	18	25					
Thu	5	12	19	26					
Fri	6	13	20	27					

	July 2025								
Mon	30	7	14	21	28				
Tues	1	8	15	22	29				
Wed	2	9	16	23	30				
Thu	3	10	17	24	31				
Fri	4	11	18	25					

August 2025									
Mon		4	11	18	25				
Tues		5	12	19	26				
Wed		6	13	20	27				
Thu		7	14	21	28				
Fri	1	8	15	22	29				



School Holidays Teacher Training Days
Pupil Days Bank Holidays



Teacher Training Days

Monday 1st September 2025 Tuesday 2nd September 2025 Monday 3rd November 2025 Monday 5th January 2026 Monday 20th July 2026* (disaggregated)

September 2025								
Mon	1	8	15	22	29			
Tue	2	9	16	23	30			
Wed	3	10	17	24				
Thu	4	11	18	25				
Fri	5	12	19	26				

	October 2025								
Mon		6	13	20	27				
Tue		7	14	21	28				
Wed	1	8	15	22	29				
Thu	2	9	16	23	30				
Fri	3	10	17	24	31				

	November 2025									
Mon	3	10	17	24						
Tue	4	11	18	25						
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Thu	6	13	20	27						
Fri	7	14	21	28						

December 2025						
Mon	1	8	15	22	29	
Tue	2	9	16	23	30	
Wed	3	10	17	24	31	
Thu	4	11	18	25		
Fri	5	12	19	26		

January 2026						
Mon		5	12	19	26	
Tue		6	13	20	27	
Wed		7	14	21	28	
Thu	1	8	15	22	29	
Fri	2	9	16	23	30	

	February 2026						
Mon	2	9	16	23			
Tue	3	10	17	24			
Wed	4	11	18	25			
Thu	5	12	19	26			
Fri	6	13	20	27			

	March 2026							
Mon	2	9	16	23	30			
Tue	3	10	17	24	31			
Wed	4	11	18	25				
Thu	5	12	19	26				
Fri	6	13	20	27				

April 2026						
Mon		6	13	20	27	
Tue		7	14	21	28	
Wed	1	8	15	22	29	
Thu	2	9	16	23	30	
Fri	3	10	17	24		

	May 2026						
Mon		4	11	18	25		
Tue		5	12	19	26		
Wed		6	13	20	27		
Thu		7	14	21	28		
П	1	8	15	22	29		

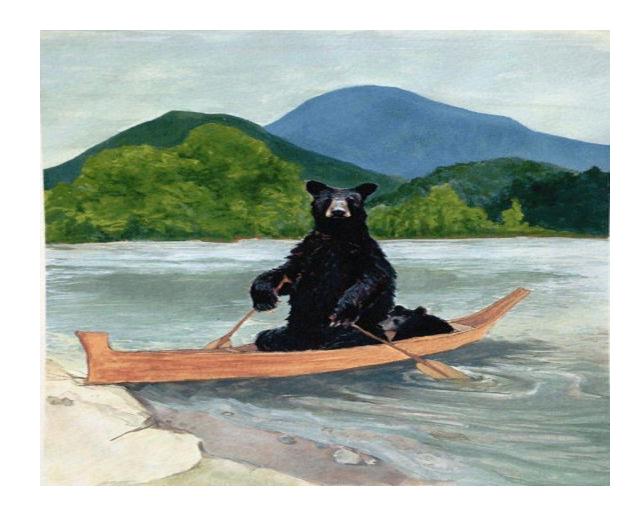
	June 2026						
Mon	1	8	15	22	29		
Tue	2	9	16	23	30		
Wed	3	10	17	24			
Thu	4	11	18	25			
Fri	5	12	19	26			

	July 2026						
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Thu	2	9	16	23	30		
Fri	3	10	17	24	31		

August 2026							
Mon	3	10	17	24	31		
Tue	4	11	18	25			
Wed	5	12	19	26			
Thu	6	13	20	27			
Fri	7	14	21	28			

News For Our Children

26th April 2024



What's happening in the news this week?





Let's have a look at this week's poster!





Let's look at this week's story

Scottish runner, Jasmin Paris, has become the first female to complete what is thought by many to be the world's toughest race. Jasmin is one of only twenty people to have successfully completed the Barkley Marathons in Tennessee, USA. She crossed the finish line in March with less than 100 seconds to spare before the 60-hour cut-off time. Jasmin said she wanted to inspire others and test the limits of her capabilities.

This week's story looks at events related to ...



NEWSPAPER E SPOTLIGHT (1 22nd - 28th

Time to Play!

The boss of Lego, Niels Christiensen, is one of a group of people who want to raise awareness of the importance of play. He says, '... all children should benefit from the power of play'. His comments come after a worldwide study found that nearly three quarters of children think that their grownups do not take play seriously. Education experts across the globe agree on the huge benefits that play can bring children, including building curiosity, developing imagination and solving problems. A coworker of Niels at Lego says, 'Play is the superpower of children', but she worries that not all children



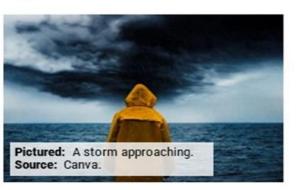
Pictured: Lego. Source: Canva.

get the chance to learn through play. To this end, some companies from around the world have come together and decided to invent a day dedicated to playing! The very first 'International Day of Play' will take place on 11th June this year. The hope is that this day will remind people around the world just how important it is for children to be able to play freely. So, get the date in your diary, it's time for children to teach their adults a thing or two about playing!

Hello, what's your name?

The first few months of 2024 have seen some incredibly wet and windy weather in many countries. But did you know that lots of storms have names? The idea behind this is that it helps the public to keep track of storms as they move and change. It also helps people to prepare for weather that can be dangerous. Not all storms are named, only those that are expected to be particularly severe. Most countries have a special office in charge of studying and

predicting weather patterns. In the UK, this is the Met Office. and they decide whether a storm should be named and what that name should be. In fact, the Met Office ask the public for ideas for storm names, and the most popular names are made into a list for the year. So, if you have an awesome idea, you can send it into the Met Office, and it might be used to name the next big storm!



Should everyone be allowed to lead a private life?



There are some things that you don't always want people to know. Everybody should be able to keep some things private. Ted

Let us know what you think about this week's news



picture-news.co.uk/discuss



help@picture-news.co.uk



@HelpPicture

ESPOTLIGHT 2 NEWSPAPER 22nd - 28th

Croissant Race

Around 200 Parisian waiting staff have taken part in a traditional croissant race through the streets of France's capital city. The participants, who all work in cafés and bistros, completed the 2km course whilst wearing their work uniforms. They showed their professional skills by balancing a tray containing a croissant, an empty coffee cup, and full glass of water with one hand during the race. Running is not allowed, and penalties are given for spilling the water or eating the croissant! Similar races are held in other countries too, but the first one in Paris took place in 1914. This year marks the return of the historic event after a 13-year break, timed to promote the Olympics, which will be hosted in Paris this summer. The competitors' times, and the amount of liquid they spilled, were used to calculate the winners. Pauline Van Wymeersch and Samy Lamrous were crowned Paris' fastest waiting staff. Both finished the race in less than 15 minutes. They each



Pictured: Competitors who took part in 'la course des cafes par Eau de Paris'. Source: EAU DE PARIS Facebook page.

won medals, two tickets for the Olympic opening ceremony and a night at a Paris hotel.

Do you think it would be very difficult to carry the trays without spilling the glass of water? What skills do think would help you to do well in a race like this?

Bears in a Boat

Four young black bears, who live at Woburn Safari Park in Befordshire, UK, have been enjoying a new pastime. Harvard, Maple, Colorado, and Aspen have been riding on a swan pedalo! The recent heavy rain caused a mini lake to form in their reserve. Their keepers thought this would be a great time to repurpose a pedalo that was awaiting repair! Speaking about the unusual addition to the bears' habitat, Tommy Babington from the park said, 'It was great fun for visitors to see them climb on board, and we love devising new ways to provide food, scent and habitat enrichment that stimulates their natural foraging behaviours. Bears are naturally very curious animals, and keepers will encourage this with all kinds of enrichment through their habitat as this keeps their minds and bodies active. The swan boat enrichment may be a



Pictured: The black bears at Woburn Safari Park ride on a swan pedalo.

Source: Woburn Safari Park Facebook page .

less conventional approach to stimulating their natural behaviours, but it certainly was a hit.'

What other items do you think could make exciting additions to the bears' home?

Should everyone be allowed to lead a private life?



I think that some events in someone's life can be shared in public, but everyone deserves the right to have some things private.

Lena

Let us know what you think about this week's news



picture-news.co.uk/discuss

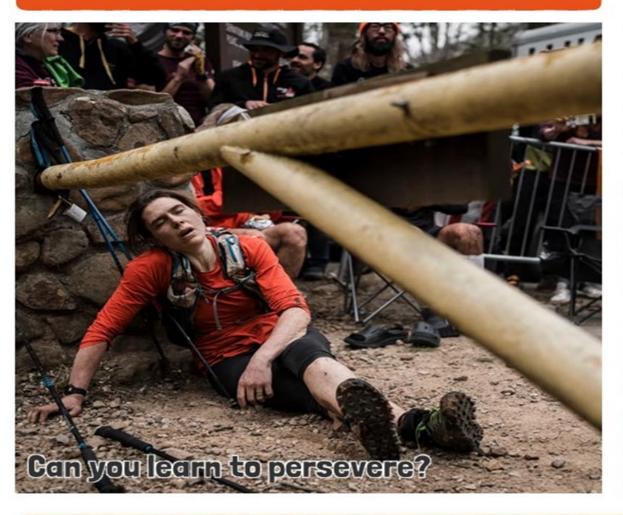


help@picture-news.co.uk



@HelpPicture

TAKEHOME



In the news this week

Scottish runner, Jasmin Paris, has become the first female runner to complete what is thought by many to be the world's toughest race. Jasmin is one of only twenty people to have successfully completed the Barkley Marathons in Tennessee, USA. She crossed the finish line in March with less than 100 seconds to spare before the 60-hour cut-off time. Jasmin said she wanted to inspire others and test the limits of her capabilities.

Things to talk about at home ...

- Can you imagine how Jasmin might have felt when she finished the event? Make a list of the different feelings you believe she may have had.
- Can you think of a time when you found something really difficult? Were you able to complete the challenge or task? Talk about the experience and what you learned from it.

Please note any interesting thoughts or comments









Reflection



Perseverance is continuing, even when things get difficult, and it may seem much easier to give up. The greatest achievements have often come from those who have overcome huge challenges through their determination.

