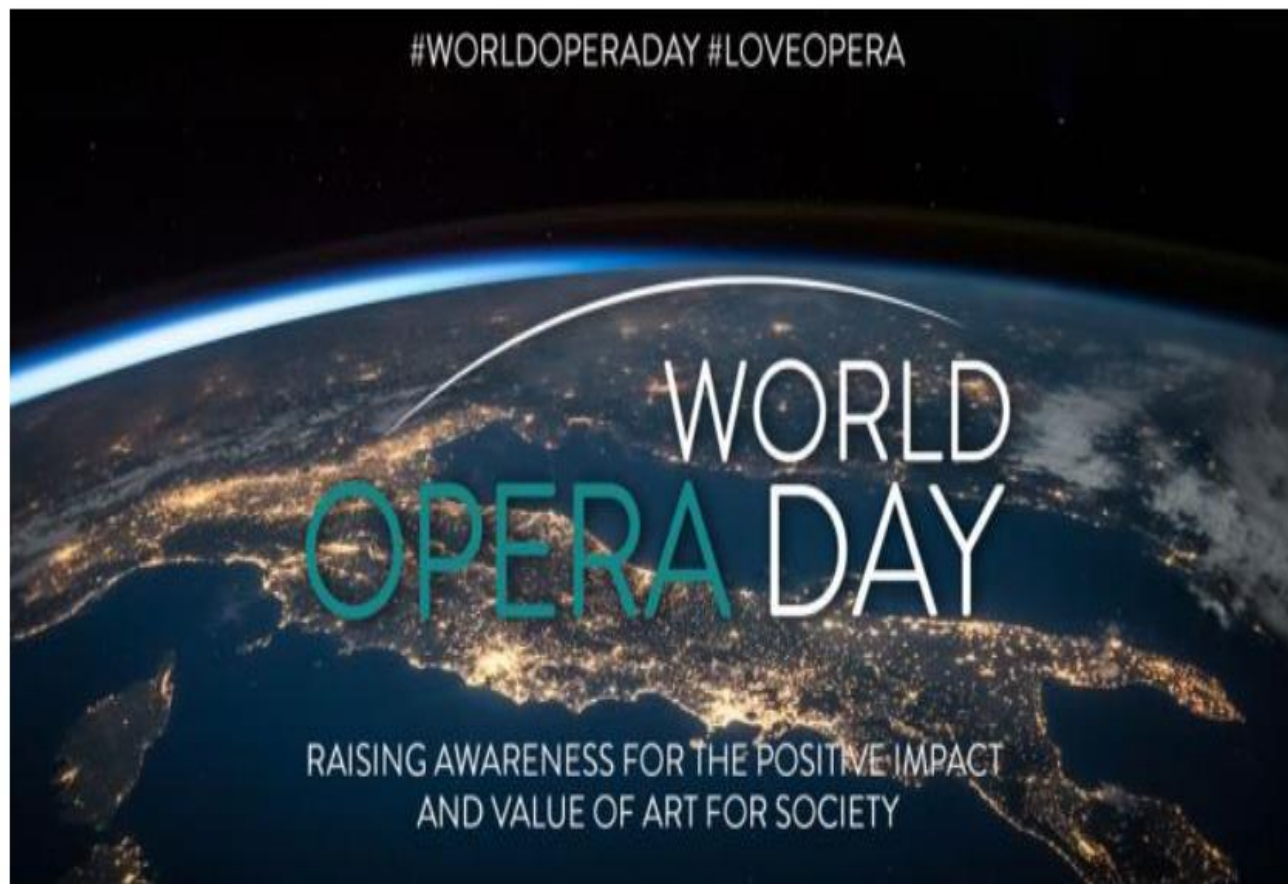


## WORLD OPERA DAY ON 25 OCTOBER



### Designated Safeguarding Lead



Joanne Fennelly  
Headteacher

#### Deputy Designated Safeguarding Leads



Jennifer de Board  
Assistant Headteacher



Laura Cunningham  
Inclusion Leader



Hannah Garrard  
Family Support Worker



Natalie Richards  
EYFS Lead

Northampton Safeguarding Children's Board  
(NSCB) Tel: 0300 126 1000  
Email: [nscb@northamptonshire.gcsx.gov.uk](mailto:nscb@northamptonshire.gcsx.gov.uk)

## Dates for your Diary

Date	Year group	Event
2nd November	Whole School	Individual & Sibling Photographs
2nd November	Reception, Year 1, Year 2 and Wiggins class: 3:30pm – 4:30pm	Friends Colour Disco
	Year 3, Year 4 and Robinson class: 4:45pm – 5:45pm	Friends Colour Disco
	Year 5 and Year 6: 6pm - 7pm	Friends Colour Disco
9th November	Year 4	Rainforest Roadshow
13th December	Year 5	National Space Centre

## Dates for your Diary

Date	Year group	Event
16th November	Prospective Parents September 2024	Open evening for prospective Parents for September 2024 at 6pm.
17th November	Assembly for Year 4 parents KS1 – 10:45am to 11:15am KS2 – 9:30am to 10:30am	Assembly NMPAT Woodwind Quintet
5th December	Prospective Parents September 2024	Open Morning for prospective Parents for September 2024 at 9:30
13th December	Whole School	Dolce Christmas Dinner
13th December	Year 5	National Space Centre



West  
Northamptonshire  
Council

Is your child  
currently in  
Year 6?



**Apply for Year 7  
at Secondary school**



**Application Deadline:  
31 October 2023**

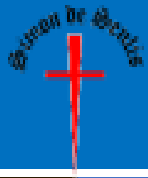


[www.westnorthants.gov.uk/school-admissions](http://www.westnorthants.gov.uk/school-admissions)

## Secondary School Places 2024

The application portal is now live for parents/carers to submit their school preferences for a secondary school place at [www.westnorthants.gov.uk/admissions](http://www.westnorthants.gov.uk/admissions)

Parents have until 31st October 2023 to apply.



Dear Parents and Carers,

As we come to the end of the first term of the year, I would like to send my sincere thanks to you all for such a wonderful start to the year. The TLCs on Tuesday and Thursday evening, have given you information about your child's successes and their next steps for the year and the engagement from all families has been amazing.

We will now step into the second Autumn term, with many exciting opportunities and experiences for you and your child, along with the continuation of great teaching and learning.

Please enjoy a lovely half term, enjoy spending time outdoors and we look forward to seeing you on Tuesday October 31st.

Mrs Fennelly

## **POSTER OF THE WEEK**

We all want to know how we can improve and feedback from teachers is one way of doing this. Today, we talked about accepting feedback and using this to make our work even better than it was.  
We love feedback!



## Miss Garrard says....

### Attendance reminder

Following the NPAT attendance policy, if your child's attendance has dropped below 96%, you may receive a letter sharing this with you after half term. This is an NPAT letter and if you receive one of these, you do not need to respond to school at this stage.

If you do have any questions, please do not hesitate to phone the school office or organise a meeting with myself directly.

### Lates reminder

Any child that arrives after 8.45am but before 9.15am is marked with an 'L' code which is classed as 'late before the register closes'. If a child arrives at school after 9.15am they are then marked with a 'U' code which is classed as 'unauthorised absence'.

Lessons begin at 8.45am with morning tasks in all classrooms and as we know a prompt start in the mornings has huge benefits on a child's learning. Unfortunately, repeated lateness can mean children missing vital input required for the day ahead.



THURSDAY 2ND NOVEMBER

TICKETS AVAILABLE ON PARENTMAIL - £3 EACH  
WEAR YOUR FAVOURITE OR BRIGHTEST COLOURS!

C O L L O U R

D i s c

RECEPTION \* YRS 1+2 - 3:30 TO 4:30  
YRS 3+4 - 4:45 TO 5:45  
YRS 5+6 - 6:00 TO 7:00





Thursday November 2nd

3:30-4:30- Rec, Y1, Y2 and Wiggins

4:45-5:45- Y3, Y4 and Robinson

6:00-7:00- Y5 and 6

# STAY SAFE WITH THE SPARKS

**As autumn arrives, you may be tempted to hold your own bonfire or fireworks display. It's always safer to go to an official display, but remember the following advice if you do hold your own.**

Fireworks are fun but pose a danger if mishandled or misused. Make sure you

- Follow manufacturer instructions carefully and read them in the day or by torchlight, never a naked flame
- Never go back to a firework once it has been lit, and never throw a firework or put it in your pocket
- Light fireworks at arm's length, using a safety firework lighter or fuse wick, and stand well back
- Collect fireworks after a display with care. Douse them with water and dispose of them properly in a metal container

**Sparklers can reach temperatures of 100°C, so stay safe by ensuring you:**

- Always wear gloves, preferably leather ones
- Supervise children with sparklers and don't give one to children under the age of five
- Hold sparklers at an arm's length, and don't wave them near other people
- Put used sparklers into a bucket of sand or water

**Bonfires are a hazard at any time of the year. Make sure you:**

- Build them well away from houses, garages, sheds, fences, overhead cables, trees and shrubs
- Never use flammable liquids to light the fire such as paraffin or petrol, and don't burn furniture, aerosols or bottles
- Never leave a bonfire unsupervised - especially around children
- Pour water on embers before leaving

**And always remember:**

- Have a bucket of water, garden hose or fire extinguisher ready and on standby
- Never drink alcohol when in charge of a bonfire or fireworks display

Follow these safety tips and enjoy a safe time this bonfire night.

Find out more by visiting

[www.northantsfire.gov.uk](http://www.northantsfire.gov.uk)

@NorthantsFire





**Dates for the Christmas performances will be shared during the first week of term.**

# THIS WEEK IN ASSEMBLY

This week we were treated to an assembly that was led by our year 3 pupils all about Harvest time. The children explained that celebrations to give thanks for a good harvest are held in many countries around the world. We learned about how children from different countries across the globe have been given help to ensure there is more food. For example, Jethro in Zimbabwe grows food in the school garden to help feed local families. Jethro and many children like him, need help from charities and organisations to make sure there is enough food to eat. Year 3 reminded us that we are lucky to live in a country where food is plentiful. They also encouraged us to remember all the farmers, food pickers and gardeners who ensure we have plenty to eat.





# Simon de Senlis Primary School



## Reception Places Sept 2024

We invite you to visit our amazing school, to hear about our ethos and see our wonderful staff and children in our engaging learning environment.

September 28th 2023 at 6:00pm | October 9th 2023 at 9:30am

November 16th 2023 at 6:00pm | December 5th 2023 at 9:30am

January 8th 2024 at 6:00pm

Book your place at: [www.simondesenlis.org](http://www.simondesenlis.org)





## Blue Peter Badges

**Blue Peter badges are FREE and take 5 minutes to complete the application form. Did you know that having a badge gives you free entry to many family attractions? It's great to see the children in school starting to wear their badges. Follow the link here-**

**[How to get a Blue Peter Badge | Different types of badge | Apply for free | Free sunflower seeds with Blue Peter badges - CBBC - BBC](#)**





# Maths

## Halloween Fun



### **1) Tally your treats**

Children enjoy playing with their treats almost as much as they enjoy eating them. To take advantage of this enthusiasm, encourage them to weigh their bounty using a traditional bathroom scale, count individual pieces and guess the amount of calories in the whole bag. They can also divide the treats into categories, such as chocolate, hard, soft...

### **2) Bake maths into the Halloween fun**

As you know, cooking with kids is a treat for them, but its also a maths teaching opportunity for parents. Invite them into the kitchen to make toffee apples or a pumpkin pie, letting them take the lead on measuring the ingredients. To increase the level of difficulty, challenge them to calculate the amount of ingredients needed to double the recipe or introduce the concept of ratios. For example, what is the ratio between the sugar and pumpkin?

### **4) Rack up the repeats**

Pick one of this year's most popular costumes – witches, ghosts or ghouls – and keep track of how many times you see duplicates. You could make this a contest between a number of children – the winner receives bonus treats!

### **5) Count the cash**

Between buying costumes, sweets and pumpkins, Halloween costs can add up. Discuss with your children how much money the family spends on Halloween every year, how much the country as a whole spends, and how money can be saved with acts such as trading costumes with friends.

### **6) Speak about spooky maths facts**

Bats can consume nearly 50 percent of their body weight in food each night. The thread of the orb web spider is extremely elastic and can be stretched 30 – 40 per cent before it breaks! Discuss these and other spooky maths facts.

### **7) Predict the popcorn**

This simple but effective game is particularly fun at parties. Just fill a jar full of popcorn and have the children guess the number of individual pieces. The person closest to the actual amount wins a prize.

### **8) Marvel in the geometric genius of spider webs**

Spiders use silk in their abdomens to spin geometrically complex creations to catch their prey. Different spiders produce a wide variety of shapes. Parents can print pictures of various webs – spiral orb webs, cobwebs, funnel webs, tubular webs, sheet webs and dome or tent webs – and discuss their similarities and differences

### **9) Wade into water measurement**

If you plan on bobbing for apples, mark a line on the container where you want the water to reach. Ask the children to estimate how many litres of water it will take to reach the line.

### **10) Count the days until the Christmas holidays**

Once all the treats are collected, break out the calendar and count the days until Christmas. How many months? How many weeks? How many days? This exercise is a great way to cap off Halloween while sneaking in one last maths lesson!

Enjoy!

Mrs Phelps and Mrs Rosevear

# Did you know that using your Library is good for the planet?

...and your wallet!

Libraries have been around for hundreds of years! Borrowing and sharing books is one of the earliest ways to reduce waste and reuse materials

What could you save by borrowing from your library?  
(Children's Paperback books for one year)

- 1  a week - £415.48
- 4  a week - £1661.92
- 10  a week - £4154.80!

\*Based on average book prices 2023

Joining the library is completely free!

## Digital, Business & Technology



## Children's Activities & Learning



## Social, Learning & Wellbeing



Libraries are so much more than just books!

Go Green at the library this Libraries Week!



# Simon de Senlis Primary



## Rt Hon Dame Andrea Leadsom DBE MP Christmas Card Competition

As I have done for the last eight years, I will be holding my annual Christmas card competition amongst all the primary schools in South Northamptonshire and would be delighted if any of your students would like to participate.

The deadline for the submissions will be Monday 6<sup>th</sup> November to give us sufficient time to judge the winner and runners-up and then in time to get the cards printed. The cards, with the winner and two runners up printed on the front and back, are then used by me as my Christmas card to all my friends and colleagues, including the Prime Minister!

Please let me know if your school will be taking part and please send all entries to my constituency office at:

The Rt Hon. Dame Andrea Leadsom DBE MP  
Victoria House,  
138 Watling Street East  
Towcester  
NN12 6BT

On the back of each entry please clearly write the name of the school, the artist/student's full name and their age.

I always hold a special presentation tea party with games and a presentation of certificates for all the runners up and finalists, including their parent/guardian or schoolteacher, and I look forward to seeing all the entries and choosing the design for my 2021 Christmas card.



## Think of the Week

A **think** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



**If a pigeon could speak, what do you think they would say?**







## HARVEST COLLECTION

**Thank you to everyone who has donated food for the Hope Centre.**

**The Hope Centre came to collect the huge number of items which will make a great difference to many people and families.**

# Optimistic October 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1 Write down three things you can look forward to this month

2 Find something to be optimistic about (even if it's a difficult time)

3 Take a small step towards a goal that really matters to you

4 Start your day with the most important thing on your to-do list

5 Be a realistic optimist. See life as it is, but focus on what's good

6 Remind yourself that things can change for the better

7 Look for the good in people around you today

8 Make some progress on a project or task you have been avoiding

9 Share an important goal with someone you trust

10 Take time to reflect on what you have accomplished recently

11 Avoid blaming yourself or others. Find a helpful way forward

12 Look out for positive news and reasons to be cheerful today

13 Ask for help to overcome an obstacle you are facing

14 Do something constructive to improve a difficult situation

15 Thank yourself for achieving the things you often take for granted

16 Put down your to-do list and do something fun or uplifting

17 Take a small step towards a positive change you want to see in society

18 Set hopeful but realistic goals for the days ahead

19 Identify one of your positive qualities that will be helpful in the future

20 Find joy in tackling a task you've put off for some time

21 Let go of the expectations of others and focus on what matters to you

22 Share a hopeful quote, picture or video with a friend or colleague

23 Recognise that you have a choice about what to prioritise

24 Write down three specific things that have gone well recently

25 You can't do everything! What are your three priorities right now?

26 Find a new perspective on a problem you face

27 Be kind to yourself today. Remember, progress takes time

28 Ask yourself, will this still matter a year from now?

29 Plan a fun or exciting activity to look forward to

30 Identify three things that give you hope for the future

31 Set a goal that brings a sense of purpose for the coming month



ACTION FOR HAPPINESS

Happier · Kinder · Together

## School Mental Health Leads

### Ms Cunningham and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class teacher or contact us in school.



Laura Cunningham

Inclusion Leader  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



Hannah Garrard

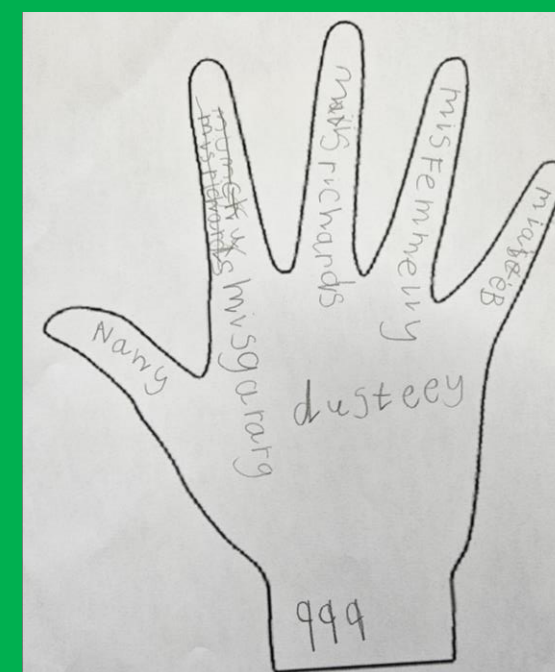
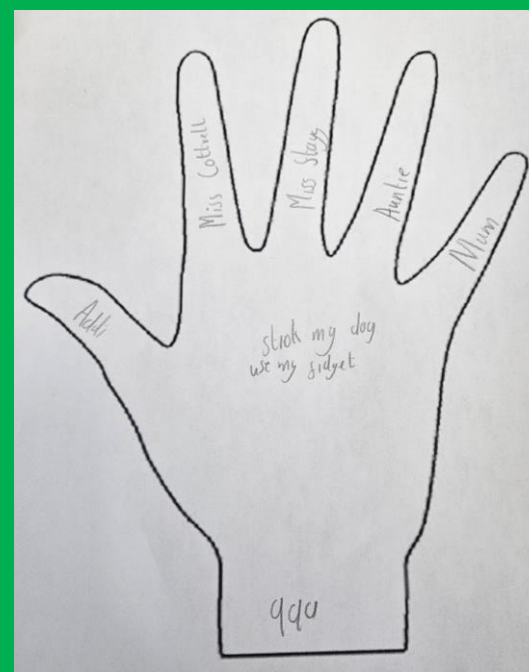
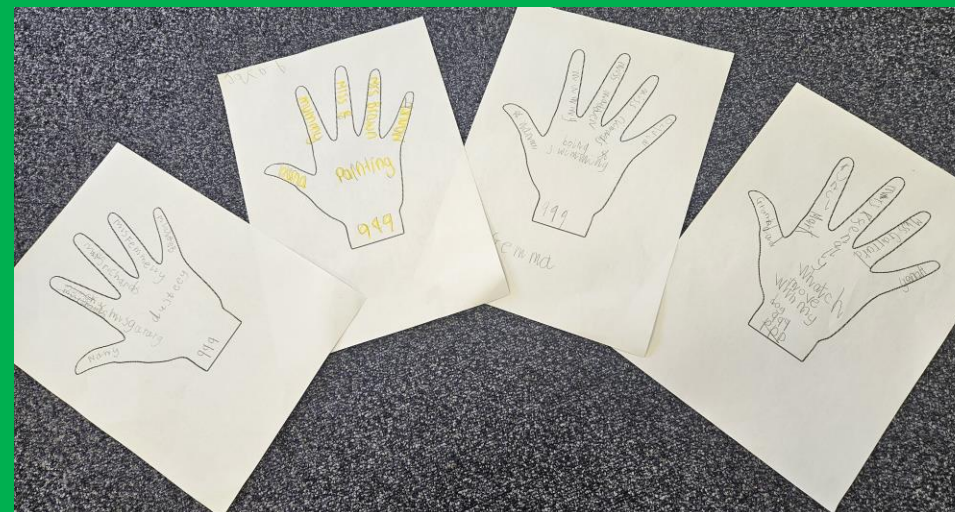
Family Support Worker  
Deputy Designated Safeguarding Lead  
Mental Health First Aider

# Simon de Senlis Primary

## Miss Garrard says....

Over the next few weeks, I will be going into every class in school to complete a 'Protective Behaviour' lesson. I will be talking to every single child about what to do if they feel worried, and who they can speak to when they feel this way.

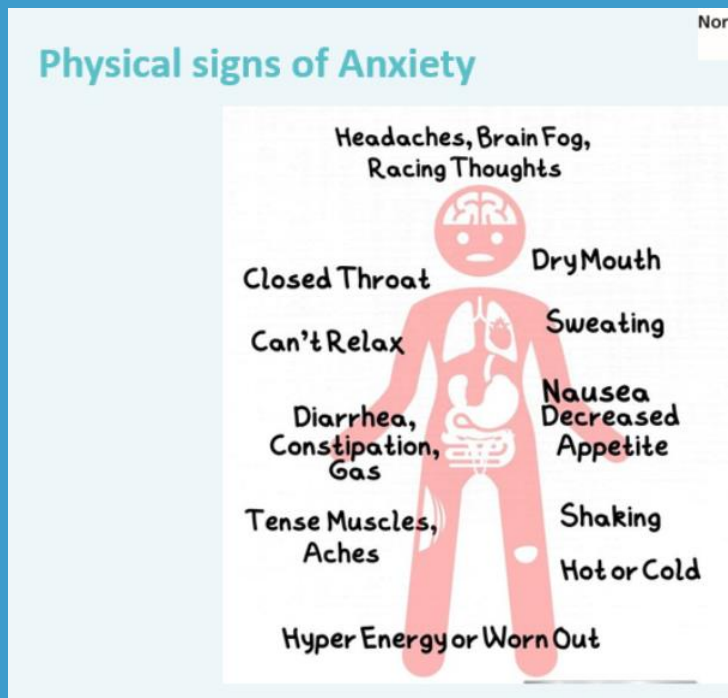
I will be sharing the message 'everyone has the right to feel safe at all times' and we will look at what are safe situations and unsafe situations. With some of the older children, we will also look at situations that are 'fun to feel scared', such as a roller coaster or water slide. All children will complete their 'helping hand', which will help them to identify the adults they trust and can speak to if they need support. We will also look at our 'palm pals' which are things we can do to help us feel relaxed or positive. Finally, we will make sure we all know what to do in an emergency and the number to call if we need help. This is 999 and is something we 'keep up our sleeve'.





## Mental Health Support Team

This week in school the Mental Health Support Team delivered a workshop on anxiety to the parents and a sleep workshop for our Year 5 children. These came from feedback from the recent MHST parents' coffee morning and questionnaires the children completed. Please see below some of the information which was shared by the team this week.



### Explaining this to children

- Anxiety is like a smoke alarm system
- A smoke alarm can protect us when there is a fire
- If a smoke alarm is too sensitive, it can go off when there isn't really a fire (e.g., burning toast in toaster)
- If a smoke alarm goes off when there is no real danger, it is scary and exhausting
- Like a smoke alarm, anxiety is helpful when it works right.
- We DO NOT want to get rid of the alarm (or eliminate anxiety) because it protects us from danger.
- We want to adjust it – by bringing the anxiety down to a more manageable level



We are very much looking forward to more workshops being delivered by the team on a variety of themes to support the mental health and wellbeing of our children.



## Why is sleep important?

**NHS**  
Northamptonshire Healthcare  
NHS Foundation Trust

Sleep gives us...



## What to do if I wake up in the night?

**NHS**  
Northamptonshire Healthcare  
NHS Foundation Trust

### Don't look at the clock!

Watching the minutes pass sets off a worry cycle, keeping your brain more alert and stressing you out.



### Try balloon breathing

Imagine your lungs are balloons. Take the deepest breath you can, filling the balloons, then exhale completely, deflating the balloons. Repeat this as many times as you need.



### Try progressive muscle relaxation

Tightly tense each muscle group starting with your toes and working up to your forehead for five seconds and then slowly let them relax. This releases tension from your body.



If you have any worries or concerns about any aspect of your child's mental health and wellbeing please speak to your child's class teacher or contact Ms Cunningham or Miss Garrard in school

# Simon de Senlis Primary

## World Mental Health Day: Britain Get Talking!

### A different kind of homework

Mental Health has declined in almost 40% of school children (NHS Survey). That's why 'Britain Get Talking' is setting the nation a different kind of homework. It's designed to help ease our stress and reduce our anxiety by asking what's on our minds. Have a chat tonight or take part in ITV's national homework exercise. You don't need a pen or paper, but if you're unsure where to start, download the task and try writing or drawing your worries on the front cover.



Click the link below to access the homework online:

The screenshot shows a yellow background with the following text:

**What's on our minds can be the hardest subject.**  
So what's on yours?  
Sometimes, the world can feel like a scary place.  
That's why this World Mental Health Day, we've set the nation a different kind of homework.  
Because talking about the hardest subjects on our mind can help ease our stress, and reduce our anxiety.  
And working on a shared task like this one is a brilliant way to start a proper chat if you need a hand.

**Get talking**

**1** Ask your parent, carer, or an adult you trust if they'll help you with your homework.  
Tell them not to worry - nothing will be marked, and they won't even need a calculator!

**2** If you're not sure where to start, try writing or drawing your worries or fears on the front cover of this envelope. You can use the box or go outside the lines. Remember there are no right or wrong answers.

**3** Now, spend time together talking through any worries one by one. Discuss questions such as:  
How does it make you feel?  
What are you most afraid might happen?  
Would it help if you had more information?

**Get listening**

Even if we're used to talking together, it can be hard to open up about our worries or fears, particularly the more serious or scary ones. Perhaps you're afraid that talking about them might make you both worry more.

but the reality is the opposite is more likely to be true. When we talk about the hardest subjects, we don't have to have all the answers. The important thing is to listen without judgment, and try not to rush to resolve the problems.

[https://www.itv.com/britaingettalking/?gclid=EAlaIQobChMI0Nj\\_wvPogQMVGuztCh0VkwPGEAAYASAAEgIFBPD\\_BwE&scrllybrkr=07752e01](https://www.itv.com/britaingettalking/?gclid=EAlaIQobChMI0Nj_wvPogQMVGuztCh0VkwPGEAAYASAAEgIFBPD_BwE&scrllybrkr=07752e01)

If you have any worries or concerns about any aspect of your child's mental health or wellbeing please speak to your child's class teacher or contact Ms Cunningham or Miss Garrard in school



Northamptonshire  
Police



Cycle marking event - Delapre Abbey

We are hosting a bike marking event at location on:  
Thursday 26th October between 1.30pm and 4pm at Delapre Abbey.

By marking your bike, you are helping to protect yourself and your bike against thieves and making it easier for your bike to be identified and returned should it be stolen.

Please bring along any bikes that you would like to be marked. You will be able to ask us about crime prevention for your property whilst we mark your kit.

Please don't help create a market in which thieves can operate. Buying or passing on goods you suspect could be stolen is an offence. If you are offered or see something for sale on an online auction or market site, please take a screen grab and make a note of any site details, names or contact details and pass them to us via: [Report | Northamptonshire Police \(northants.police.uk\)](https://www.northants.police.uk/report)



Northamptonshire  
Police



## Cuppa with a Copper - Hunsbury Library

---

Officers from the local Neighborhood policing team will be holding a community surgery on:

- Wed 22nd November
- Wed 20th December

Sessions run between 10am and 12pm at Hunsbury Library, Overslade Close, Northampton NN4 0RZ.

Also: A community surgery on **Monday 16th October 2023** , from **12pm to 1:30pm**, at Northampton General Hospital, South Entrance desk.

We will be on hand to listen to any concerns you have in your local community and to offer crime prevention advice.

Please come along to speak to your local officers about any issues of concern in your local community.

Everyone is welcome and it would be great to see you there.



# Sports-Football

- On Wednesday, our brilliant SDS Girls football team competed in a tournament of twelve teams at Moulton College. They played exceptionally well, scoring 6 goals in total over 5 matches. The team showed fantastic skills and amazing teamwork and finished in a respectable 5 place. Well done girls!

- If you are interested in football and would like to improve your skills, why not think about joining the SDS Football clubs on Thursday and Friday or just ask for a band to play at lunchtime.

- There are also some local clubs too. Find out more about Wildcats Girls Football on the link below;

- <https://www.Englandfootball.com/play/youth-football/weetabix-wildcats>





# Are you the parent or carer of an 8-16 year old?

Discover adventure in Milton Keynes this autumn!

## Holiday Adventure Clubs

23rd - 27th October 2023\*

8.45am - 5.00pm

Suitable for young people aged 8 - 16 years old

They'll discover a mixture of land and water-based activities from sailing, caving, archery, high ropes, climbing, zorbing and more!

\*Specific dates apply. Charges apply. Activities vary. Places available on a first-come, first-served basis. Book online at [www.action4youth.org/adventureclubs](http://www.action4youth.org/adventureclubs)



INSPIRING YOUNG PEOPLE

 **ACTION 4 YOUTH**  
**THE CALDECOTTE**  
**XPERIENCE**

Book their adventure today!

The Caldecotte Xperience, MK6 3AG  
[www.action4youth.org/adventureclubs](http://www.action4youth.org/adventureclubs)

Registered charity number 1033626



We are pleased to announce Rhino Sports Academy Camps will be held at Blisworth Primary School.

Here is some more information on what each activity will include on the day. We encourage children to try out new experiences and if on the day your child wants to swap over and do something different that is no problem at all.

### MULTISPORTS

At a Rhino multisport camp, every child spends a portion of their day participating in each of the sports on offer. They will learn the rules of the game plus new skills and new techniques for the first part before moving on to match play and games for the latter part.

Our Multisport Camps are a great way for children to enjoy some sporting variety and encourage participation in new sports for those still looking to find out which sport they enjoy the most.

Our coaches are all passionate about healthy competition and about exploring the fun and excitement that playing sport can bring. Prizes will be awarded for effort and excellence shown throughout the day.



### SCIENCE

At Rhino Science we want to inspire natural curiosity by providing fun scientific and STEM experiences for all children. We aim to provide a fun environment that inspires children to understand how science can be used to explain what is occurring, predict how things will behave and analyse the causes. Science can be exciting and engaging and we will provide the tools and instruments needed to help the children achieve this. The cost of this club is inclusive of all materials that will be used for experiments.



### PERFORMING ARTS

Rhino Dramatics and Rhino Dance are coming together to offer something special to those who love to explore their expression and will learn new ways of using voice and body and naturally build up their confidence whilst having heaps of fun in the process.

Every child will spend their day learning, devising and performing different areas of Dance & Drama with experienced and passionate coaches. We will focus on learning new techniques, creating new work and promoting confidence in performance. Making our performing arts camp fun and engaging for all involved.

Prizes will be awarded for effort and excellence shown throughout the day.



### ARTS & CRAFTS

Our brand new Arts & Crafts Camp will be a great opportunity for children who love to be creative and get a bit messy. We will help your children discover their unique abilities and find their artistic talents. They will have lots of fun doing lots of different activities from colouring to painting, making things out of different materials and exploring new ways of learning. With the option to do some baking and decorating.



### BLISWORTH CAMP

23rd-27th October  
9am-4pm Full day  
9am-12pm or 1pm-4pm Half day

Blisworth Primary School, Courteenhall Road, Northampton NN7 3DD

#### Multisports Camp

Full Week -£110  
Full Day- £25  
Half Day- £15

#### Arts & Crafts Camp

Full Week -£110  
Full Day- £25  
Half Day- £15

#### Performing Arts Camp

Full Week -£110  
Full Day- £25  
Half Day- £15

#### Science Camp

Full Week -£110  
Full Day- £25  
Half Day- £15



## THE RHINO SHOP

Order your Rhino clothing from our online store



visit: [rhinosportsacademy.co.uk/shop](http://rhinosportsacademy.co.uk/shop)





We are proud to announce that we are now fully OFSTED Registered and as a result of this, we are able to accept all types of childcare vouchers and the government tax-free scheme as payment for our services.

This is something we have been working on for some time that will hopefully allow even more people to join us at our amazing Holiday Camps.



 @Rhinosportsacademy

 @RhinoSportsAcad

 @rhinosportsacademy

Phone: 07894 713006

Email: [enquiries.rhinosportsacademy@gmail.com](mailto:enquiries.rhinosportsacademy@gmail.com)

## HOW TO REGISTER



To register for any of our Camps throughout the year, please head to our website.

**Rhinosportsacademy.  
co.uk/camps**

Select the camp activity and dates you desire and your good to go.

### NEED SOME HELP REGISTERING?

If you are experiencing any difficulties registering your child for one of our clubs or camps please don't hesitate to get in contact with one of the team who will be more than happy to help.



**RHINO**  
SPORTS ACADEMY

SCIENCE

MULTISPORTS

ARTS & CRAFTS

PERFORMING ARTS

[RHINOSPORTSACADEMY.CO.UK/CAMPS](http://RHINOSPORTSACADEMY.CO.UK/CAMPS)





**ROCK  
CHOIR**  
ROCK STARS  
PRESENTS

# THE LITTLE MERMAID WORKSHOP

INCLUDING 3 SONGS FROM THE SMASH HIT DISNEY FILM  
THIS AUTUMN HALF-TERM

**October 25th 10am-4pm**

Brixworth Primary School, Froxhill Crescent NN6 9BG

**FULL DAY WORKSHOP**

**FOR AGES 7-13 YEARS**

**Only £40 per child**  
(sibling discount available)

**Visit**

**[www.rockchoirrockstars.com](http://www.rockchoirrockstars.com)**

TO BOOK YOUR TICKETS AND BECOME...

# PART OF OUR WORLD!





## PEAK EMPOWER HALF TERM ACTIVITIES

WE ARE RUNNING A RANGE OF FREE  
ACTIVITIES FOR YOUNG PEOPLE WITH  
ADDITIONAL MENTAL AND HEALTH NEEDS:

### **HERO & VILLIANS LEGO:**

Monday, 23rd October 2pm - 3pm  
St Thomas Centre, 1 Semilong Rd, Semilong,  
Northampton NN2 6AG (ages 3 - 16)



### **MUSIC BUG AUTUMN FUN:**

Friday, 27th October 10am - 11am  
St Thomas Centre, 1 Semilong Rd, Semilong,  
Northampton NN2 6AG (ages 3 - 7)



### **BTP (Born to Perform) SILENT HALLOWEEN DISCO:**

Monday, 30th October 1pm - 3pm, Deco Theatre,  
Abington Square, Northampton NN1 4AE (ages 3-15)



to book your space please email  
[info@peak-empower.co.uk](mailto:info@peak-empower.co.uk)

**BEAVERS**

# IT'S TIME FOR FUN!

Beavers is for ages 6 - 8 who want lots of fun and adventures.

We meet at the Abbey Centre every Monday 6:15 - 7:15 during term time, so come and give your local colony a try!

[beavers@50thnorthamptonhunsburyscouts.co.uk](mailto:beavers@50thnorthamptonhunsburyscouts.co.uk)





# Northampton ESCO AUTUMN CAMPS

[www.northamptonesco.co.uk](http://www.northamptonesco.co.uk)

MONDAY 23RD OCTOBER - FRIDAY 27TH OCTOBER

Venues:

**Weston Favell Primary School  
Millway Primary School  
9-3:30pm**

MONDAY 30TH OCTOBER - THURSDAY 2ND NOVEMBER

Venue:

**Cedar Road Primary School  
9-3:30pm**

**BOOK HERE**

<https://northamptonesco.co.uk/>

**£18 per child  
per day.  
Bring own  
lunch/snacks  
and drinks.**

**ACTIVITY  
SCHEDULE**



## NPAT Academic Calendar 24/25

**Teacher Training Days**  
 Monday 2 September 2024  
 Tuesday 3 September 2024  
 Monday 4 November 2024  
 Monday 24 February 2025  
 Monday 2 June 2025

September 2024					
Mon		2	9	16	23
Tues		3	10	17	24
Wed		4	11	18	25
Thu		5	12	19	26
Fri	30	6	13	20	27

October 2024					
Mon	30	7	14	21	28
Tues	1	8	15	22	29
Wed	2	9	16	23	30
Thu	3	10	17	24	31
Fri	4	11	18	25	

November 2024					
Mon		4	11	18	25
Tues		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

December 2024					
Mon	2	9	16	23	30
Tues	3	10	17	24	31
Wed	4	11	18	25	
Thu	5	12	19	26	
Fri	6	13	20	27	

January 2025					
Mon		6	13	20	27
Tues		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31

February 2025					
Mon	3	10	17	24	
Tues	4	11	18	25	
Wed	5	12	19	26	
Thu	6	13	20	27	
Fri	7	14	21	28	

March 2025					
Mon		3	10	17	24
Tues		4	11	18	25
Wed		5	12	19	26
Thu		6	13	20	27
Fri		7	14	21	28

April 2025					
Mon		7	14	21	28
Tues	1	8	15	22	29
Wed	2	9	16	23	30
Thu	3	10	17	24	
Fri	4	11	18	25	

May 2025					
Mon		5	12	19	26
Tues		6	13	20	27
Wed		7	14	21	28
Thu	1	8	15	22	29
Fri	2	9	16	23	30

June 2025					
Mon		2	9	16	23
Tues		3	10	17	24
Wed		4	11	18	25
Thu		5	12	19	26
Fri		6	13	20	27

July 2025					
Mon	30	7	14	21	28
Tues	1	8	15	22	29
Wed	2	9	16	23	30
Thu	3	10	17	24	31
Fri	4	11	18	25	

August 2025					
Mon			4	11	18
Tues			5	12	19
Wed			6	13	20
Thu			7	14	21
Fri		1	8	15	22



# Are you the parent or carer of an 8-16 year old?

Discover  adventure in Milton Keynes this autumn!

## Holiday Adventure Clubs

23rd - 27th October 2023\*

8.45am - 5.00pm

Suitable for young people aged 8 - 16 years old

They'll discover a mixture of land and water-based activities from sailing, caving, archery, high ropes, climbing, zorbing and more!

\*Specific dates apply. Charges apply. Activities vary. Places available on a first-come, first-served basis. Book online at [www.action4youth.org/adventureclubs](http://www.action4youth.org/adventureclubs)



INSPIRING YOUNG PEOPLE

 **ACTION 4 YOUTH**  
**THE CALDECOTTE**  
**XPERIENCE**

Book their adventure today!

The Caldecotte Xperience, MK6 3AG  
[www.action4youth.org/adventureclubs](http://www.action4youth.org/adventureclubs)

Registered charity number 1033626



**20TH  
OCTOBER  
2023**

**NEWS  
FOR OUR  
CHILDREN**







## Seaside Zip Wire?



**Pictured:** A view of Scarborough. **Source:** Canva.

It has recently been reported that plans to build a 650m zip wire in Scarborough, North Yorkshire have been submitted. Big Bang Promotions, an adventure tourism and activity provider, has said it would like to build four zip lines, each 650m in length in the seaside town! The company says the experience would start in front of the town's Open Air Theatre in North Bay and head towards the Scalby Mills miniature railway station, offering 'panoramic views out over the North Bay' along the way. The clifftop zip line adventure experience would launch from a temporary, steel-framed, 33m-tall tower, which can be put



**Pictured:** A person on a zip wire. **Source:** Canva.

up in two weeks and taken down in less. The tower has already been used for a zip wire in London. The ride would end at a similar, but shorter, 17m-tall tower, where the rider would be given the choice to exit through the tower or take a further 'drop ride' down to the ground! The application is currently pending consideration with North Yorkshire Council and the local planning authority, so their decision is awaiting.

**Is a long, high zip wire your idea of fun? Would you like to go on something like this?**

## 'Paddington Bear' welcomed at Chester Zoo

A 10-year-old, rare, spectacled (also known as Andean) bear has moved into Chester Zoo to join their breeding programme. Oberon, nicknamed Obe, has been described by team members at the zoo as the perfect match for their resident female, Pacha. Zookeepers hope the pair will have cubs together and this will increase the numbers of the last remaining short-faced bear. The bears, who get their name from their distinctive fur pattern that gives the appearance of 'spectacles' on their nose, originate from South America and were made famous by the character, Paddington Bear. Scientists estimate that there are only 10,000 Andean bears alive today. The International Union for the Conservation of Nature (IUCN) lists the bears as Vulnerable to Extinction. The English zoo says Obe is vital to the survival of his species and that it is excited he is getting his 'bear-ings' at his new home. 'Male Andean bear Oberon has settled in nicely since arriving here in Chester, spending his time exploring, climbing trees and checking out the sights and scents of his new home. His arrival is an exciting new chapter for Andean bears in European conservation zoos like ours,' reported Mike Jordan, Director of Animals and Plants at Chester Zoo on the zoo's website.



**Pictured:** Andean bear Oberon. **Source:** Chester Zoo Facebook page.



Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)





# Astronaut and two cosmonauts land in Kazakhstan after being stuck in space



**Pictured:** NASA astronaut Frank Rubio in Kazakhstan as he landed back on Earth. **Source:** NASA X page.

A NASA astronaut and two Russian cosmonauts have returned to Earth after an unplanned extended stay in space. The trio, who were stuck in space for just over a year, have safely landed in a remote area near Zhezkazgan, Kazakhstan. The original mission was scheduled to last 180 days. American astronaut, Frank Rubio, has set a record for the longest US spaceflight, after being away from home for 371 days. They couldn't come back to Earth from the International Space Station as planned because their original return capsule was hit and damaged by space junk. The Soyuz MS-23 capsule was then launched in February as a replacement to bring Frank

and cosmonauts, Sergey Prokopyev and Dmitri Petelin, back to their home planet. Since launching from Kazakhstan in September last year, the crew have logged 253 million kilometres and travelled around the world nearly 6,000 times. Astronauts and cosmonauts do the same work in space. The difference in their job titles is due to who they have been trained by - Astronauts are trained by NASA (National Aeronautics and Space Administration), ESA (European Space Agency), CSA (Canadian Space Agency), or JAXA (Japan Aerospace Exploration Agency). Cosmonauts are trained by the Russian Space Agency.

Last week's topic:

## Can anyone break a world record?



We think that as long as someone works hard, and has talent they will be able to break a world record!

**Year 5 Hawthorn Class**

Yes, anyone can break a world record. Even if it [is] crazy, and you're the first person to do it/have the longest record to do it etc., it is still a record.

**Jayden**

Yes, because if you practice you make perfect.

**Kenza**

## Let us know what you think about this week's news?



[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



[help@picture-news.co.uk](mailto:help@picture-news.co.uk)



[@HelpPicture](https://twitter.com/HelpPicture)



Picture News Ltd,  
Colber Lane,  
Bishop Thornton,  
Harrogate,  
North Yorkshire, HG3 3JR

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)





## Let's look at this week's story



The tree at the centre of the world-famous 'Sycamore Gap' on Hadrian's Wall, England, has reportedly been deliberately felled on the night of 28<sup>th</sup> September and was discovered by walkers the next morning. The National Trust said it was 'shocked and saddened' by the felling of the tree, which won English Tree of the Year in 2016.

# Reflection



Places, people, animals, and objects can all hold an important place in our hearts. Even after they are gone, we can find ways to keep their memories alive.







**How can we remember things  
that were important to us?**



# TAKEHOME

16 - 22  
October



How can we remember things  
that were important to us?



## In the news this week

The tree at the centre of the world-famous 'Sycamore Gap' on Hadrian's Wall, England, has reportedly been deliberately felled on the night of 28<sup>th</sup> September and was discovered by walkers the next morning. The National Trust said it was 'shocked and saddened' by the felling of the tree, which won English Tree of the Year in 2016.

### Things to talk about at home ...

- > Is there a place in your local area that is very special to you? What is it that makes it special?
- > How do you think the people living close to Sycamore Gap will be feeling? How do you believe the legacy of the tree could be remembered?

Please note any interesting thoughts or comments

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)

