

Designated Safeguarding Lead



Joanne Fennelly Headteacher

Deputy Designated Safeguarding Leads



Jennifer de Board Assistant Headteacher



Laura Cunningham Inclusion Leader



Hannah Garrard Family Support Worker



Natalie Richards EYFS Lead

Northampton Safeguarding Children's Board (NSCB) Tel: 0300 126 1000 Email: nscb@northamptonshire.gcsx.gov.uk





Dates for your Diary

Date	Year group	Event
26th - 28th April	Year 4	West Runton Residential Trip
4th May	Whole School	Whole Class photographs
5th May	Whole School	King Charles Coronation Celebrations 1:30pm-3:00pm
15th May	Year R & 6	School Nurses, heights & weights
20th & 21st	Year 5	The Festival at the Derngate
22nd – 23rd June	Year 3	Frontier Centre Residential Trip
26th-30th June	Year 6	West Runton Residential Trip





Dear Parents and Carers,

It has been wonderful to return to school this week and it has been a joy to see how refreshed and happy all the children are. It has been such a pleasure to see the children settle back into their learning immediately and to see them so happy to see their friends and teachers again.

The term ahead is full of many exciting experiences for the children- peformances, visits, residentials, sports days, concerts, along with exceptional learning experiences.

This week we found out who are new Reception children are who will be joining us in September, and we are so excited to meet them and for them to join the SDS family and community.

In addition, we opened the field at playtime this week for the first time since October and with the sun shining, children playing sports and games, reading in the outdoor classroom and making daisy chains, it was a picture of summertime in the making. We now hope that the weather will remain dry, the sun will shine, and we will have many more opportunities to enjoy the wonderful field.

Please have a lovely weekend, thank you for your ongoing support and I look forward to seeing you on Monday.

Mrs Fennelly







King Charles III Coronation Celebrations- Friday May 5th 1:30pm-3:00pm













CONTACT DETAILS



Please email the school office via: info@simondesenlis.org if any of your details have changed:

- Phone number
- Address
- Email
- Emergency contacts











Welcome to SDS!

Welcome to all our new children and families who will be joining us in Reception in September 2023. We can't wait for you to join our school family. If you know of anyone who hasn't been given the school they wanted or hasn't yet received a school place for September, please do ask them to contact us as we have a small number of places still available.









Thank you for my feedback.

Poster of the Week

This week we talked about asking for feedback on the things we learn, This might be improving at PE, getting better at playing a game, adding more detail into our art work, knowing how to improving a piece of writing.

Whatever it is that we want to improve on, it's great to ask for feedback and to also give feedback to others.





Visit to The Guildhall

The School Council, plus House, Vice and Sport Captains were invited to the Guildhall by The Mayor. The children had a wonderful and informative afternoon on the tour of the Guildhall, along with finding out historic information about Northampton. Thank you to The Mayor and Mayoress for their wisdom and time.









GET CREATIVE FOR THE KING!



On May 6th, we will all be able to witness and celebrate the coronation of King Charles III. This is a moment that few have ever experienced, and to mark this historic occasion, I am launching a 'Get Creative for the King' competition. Open to all age groups - children and adults - in South Northamptonshire, this is your chance to create a piece of art, a drawing, photograph, poem or another creative piece to mark King Charles's coronation!

Please send any physical pieces of art to my constituency office at Victoria House, 138 Watling St, Towcester NN12 6BT.

Alternatively you can email any other entries to me at andrea.leadsom.mp@parliament.uk

The closing date to submit your creative work is the 29th April and they will be featured on my social media accounts and

website. I am also hoping to display any physical pieces of art in Brackley in May.

I look forward to receiving your entries!

With best wishes

The Rt Hon Dame Andrea Leadsom DBE MP
Member of Parliament for South Northamptonshire





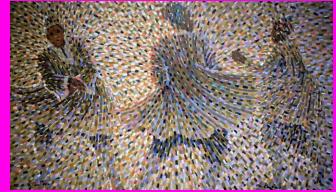
Artist of the Week- Betty Acquah

While many painters choose to recreate the stationary people or objects around them, artist Betty Acquah captures life in action. She utilises swatches of vibrant colour and mesmerising patterns to illustrate the rhythm and beauty of dances in her native Ghana. All of the figures in Acquah's paintings wear traditional clothing that ties in with their performances; however, their faces blend into the bursts of colour. In doing so, the artist emphasises the fact that these dancers are in the midst of their routine.















Poem of the Week-Woodland Magic

Have you ever noticed the magic of the woodland?

Luscious, green vines wrapped around gargantuan trunks like slithering snakes.

A thousand diamonds glistening on the silver blanket of the tranquil lake.

Dandelion seeds fly like fairy dust delicately in the whispering breeze over and through the knotted limbs of the gentle giant trees.



Gazing faces of the wise, all-knowing trees; speckled toadstools nestled on the ground; butterflies dance and nightingales sing a harmonious, melodic sound.

Darkness brings a curtain of stars:
precious jewels, gleaming bright.
As many creatures start to explore
others settle for the night.

Look closely for the magic of the woodland, breathe in the magic of the woodland, embrace the magic of the woodland.







Inspirational Person of the Week-Valentina Tereshkova

In 1961, Valentina was so inspired
by seeing fellow Russian, Yuri
Gagarin, become the first
man in space, that she
volunteered for the
Soviet Space Program.

On 16th June 1963, Valentina launched the Vostok 6. She spent almost three days in space and logged 70 hours orbiting the Earth 48 times, which is the same as 1,200,000 miles.



Valentina Tereshkova was born on 6th March 1937 in a town called Maslennikovo, which is north-east of Moscow in Russia.

A huge disaster was avoided. Valentina noticed that the spacecraft was beginning to move away from the Earth. There was a fault with the automatic navigation software on the spacecraft. The Soviet scientists had to quickly develop a new landing algorithm, meaning Valentina landed safely with just a bruise on her face.







Musician of the Week- Lise Davidsen

Lise Davidsen was born in 1987 in Stokke, Norway and began playing guitar and singing when she was fifteen. As she progressed, she focused on singing, In 2015, she won first prize in the Queen Sonja Competition and first prize and audience prize in the Operalia competition in London. Davidsen has performed in many festivals and opera houses and continues to receive international awards for her operatic singing. To listen to Lise perform, click on the link below: Lise Davidsen - Dich, teure Halle - YouTube



Reading by the Numbers

Increases knowledge and vocabulary by



Lowers stress by

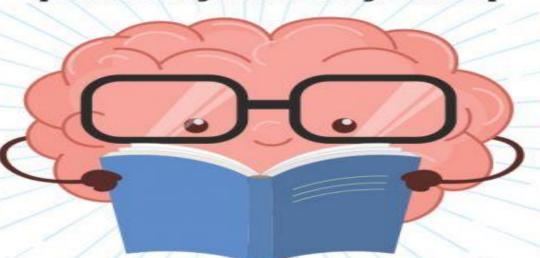


Can lengthen your life by



Your BOOKS

What science tells us about why you should get lost in a great story



Books Can:

Boost your mood

Studies show that people who read for fun are more likely to feel happy and confident.



Help you relax

Your heartbeat slows. Your muscles melt. One minute you're reading in bed, and the next you're zzZZZzzzZZzzz.



Bring people together

Whether you're starting a book club or bonding over Wimpy Kid with a friend, you'll be part of a reading community.





Memory

Reading
exercises the
brain, improving
your memory.
(Maybe you'll stop
forgetting your
lunch at home!)



Imagination

Books help you see vivid pictures in your mind. So you feel like you're actually at Hogwarts, riding a Nimbus 2000.



Heart

Research shows that reading about a character's thoughts and feelings can make you kinder.

₩SCHOLASTIC





Active April

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Get natural

light early in

the day. Dim

SATURDAY

Commit

to being

more active

this month.

starting today

Give your

body a boost

by laughing

or making

someone laugh

Get active

by singing

today (even if

you think you

can't sing!)

SUNDAY

Eat healthy and natural food today and drink lots of water

Turn a regular activity into a playful game today

Move as much

as possible,

even if you're

stuck inside

Spend less

time sitting

how your body feels

Do a bodyscan meditation and really notice

Make sleep

a priority and

go to bed in

good time

'eating a

rainbow' of

multi-coloured

vegetables

today

20 Focus on

the lights in the evening

Relax your body & mind with yoga, tai chi or meditation

Regularly pause to stretch and

breathe during the day

22 Enjoy moving to your favourite music. Really go for it

Go out and do an errand for a loved one or neighbour



10

Have a day with less screen time and more movement

Be active

outside. Dig

up weeds or

plant some

seeds

Listen to

your body and

be grateful for

what it can do

an exercise goal or sign up to an activity challenge

Set vourself

18 Try a new online exercise, activity or dance class

today. Get up and move more often

28 Meet a friend outside for a walk and a chat

Become an activist for a cause you really believe in

30 Make time to run, swim, dance, cycle or stretch today

Get active n nature. Feed the birds or go wildlifespotting

Have a 'no screens' night and take time to recharge yourself

Take an extra break in your day and walk outside for 15 minutes

Find a fun exercise to do while waiting for the kettle to boil

Spend as

much time as possible outdoors today

Turn your housework or chores into a fun form of exercise

Go exploring around your local area and notice new things

ACTION FOR HAPPINESS

Happier · Kinder · Together



Simon de Senlis Primary



School Mental Health Leads Ms Cunningham and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class

teacher or contact us in school.



Laura Cunningham

Inclusion Leader
Deputy Designated Safeguarding Lead
Mental Health First Aider



Hannah Garrard

Family Support Worker
Deputy Designated Safeguarding Lead
Mental Health First Aider



Simon de Senlis Primary



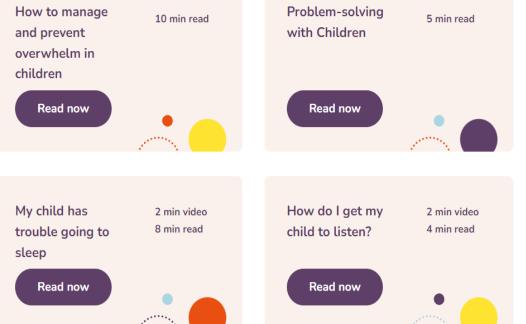
Place2Be have a variety of short video's and reading material to help support you and your child's mental health. They cover a range of topics from co-parenting effectively, to helping children when they feel overwhelmed.

Click this link to look at the different topics covered on their site

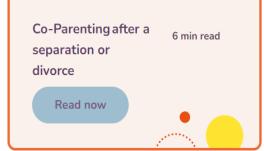
This has been a very useful resource for many parents.

Miss Garrard says...









ACTION FOR HAPPINESS

Talks Library

Browse our full library of speakers for insight and inspiration on happier living



To access a wide range of videos and talks on happiness living, go to the Action for Happiness website- Talks Library | Action for Happiness



DR AYAN PANJA

Transform Your Health

How can you transform your health?

VIDEO



LOUIE SCHWARTZBERG

Gratitude & **Nature**

How can gratitude help you live a more connected and meaningful life?

VIDEO



DR VANDANA SHIVA

Ecological Happiness

How can reconnecting with nature support our wellbeing and help create a happier world for all of us?

VIDEO



DR CHRIS **JOHNSTONE**

Active Hope

Can we learn how to activate hope in difficult times?

VIDEO



OCTAVIA RAHEEM

Rest and Restore

How can we restore ourselves in times of change?



VANESSA KING

New Ways to Feel Happy

Want some new ideas to make life happier?



PROF ROBERT WALDINGER

The Good Life

What makes for a happy, fulfilling life?

How can optimising our sleep help us to thrive?

Optimising Sleep

VIDEO

DR NERINA

RAMLAKHAN

VIDEO

VIDEO

VIDEO





Thunk of the Week

A **thunk** is an **unusual question** that makes you **think.** A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



Would you rather wait to have your turn or always go first?





TOP 10 ONLINE SAFETY TIPS

Kids love to be online – on the tablet, on the phone, on your laptop (when you're trying to work!) So let's make the experience as safe as it is fun. Here's 10 simple tips from our partners at UNICEF to help parents keep kids safe in the digital world.



Talk about online safety

Have an open chat about what they're doing online. Be positive and show you're here to listen. Talk about which safe, age-appropriate platforms, websites and social media they can use. Check if they're worried about anything and ask about their online friends. Find fun ways to start talking.



Agree boundaries up front

Discuss and agree on how much time they spend online, playing games and chatting, and how long they need for school or homework. Maybe no devices at dinner for parents or children, or no devices after a certain time, is a good idea.



Encourage positive social values

Respect, empathy, communication and a little 'give and take' can all help to keep children safe online. You don't need tech skills to discuss these things. Just talk about how the way they behave online could affect other people, and how others' behavior could affect them.



Use online safety tools

Most browsers and search engines have a Safe Search option under 'Settings'. And you can use parental controls on devices, especially for younger children. Keep your child's data and privacy safe in settings and on social media.



If your child is distressed from being online, or you find unwanted sexual content, or feel they may be at sexual risk, most social media and apps have built-in reporting tools. Visit the FAQ or Help section for details, or use a national hotline or the Internet Watch Foundation.



Accept that your child may not be comfortable speaking to you, as a parent, about some of the things they encounter online. If this is the case, identify someone you both trust, who they can talk to if they ever feel the need.



Check the privacy policies of the video and communication tools they're using. Or get key information by searching the app's privacy risks. Set privacy settings to 'high' and switch off 'location' in new apps. And remember to update their devices to the latest software and anti-virus programs.



Cover the camera

When they step away from the camera, the video may still be recording. So use a piece of tape or sticky note to cover the camera, to remind everyone in the family when the camera is on. Always ensure the video is turned off at the end of a session.



Respect your children's privacy

Sharing family images and stories on social media is a way of staying connected, finding humor and seeking comfort. But be careful you don't share photos that may compromise your child or affect their privacy and protection.



Play together, online

This is a great opportunity to engage with your child about their world and find out what's important in their lives. Better still, online activities can often inspire offline games, challenges and exercise routines you can do together, to bond and stay close to one another.

New Term Starting on Monday 24 April



Children's Choir Years 4, 5, 6 & 7

Led by a Oualified Music Teacher

Roade Methodist Church Hall

Mondays 4 - 5 pm

Term -Time

Walking Bus from Roade Primary School



Contact 07813 957709 for more information



30 Minute

Taster Experiences

8th April

27th May

23rd July

Whether you're an experienced paddler or a beginner, there's always something new to learn and explore. This Easter come and try:

Whitewater Rafting, Whitewater Tubing, Kayaking, MEGA Paddleboarding, Paddleboarding and Canoeing

Experience the thrill of whitewater rafting or whitewater tubing in just 30 minutes, or learn how to paddle on a paddleboard, canoe or kayak.

Book 5 or more tickets and get 10% off!

Requirements

Must be a minimum of 7 years old

Wear trainers or water shoes

Book Today northamptonactive.com



CORONATION ART COMPETITION —— 2023———

We want to know what inspired you about the King's Coronation!

Create a work of art based on your take of the Coronation and submit any time from **6th May** to **15th September 2023** by sending an image of it by email to **coronationart@outlook.com**

There will be an exhibition of works during half term in October 2023. Final judging will take place and a prize of £100 per category will be presented by The King's Representative in the County, the Lord-Lieutenant of Northamptonshire.







How to submit...

Title of the piece 'Coronation Art'

Mediums you can use
Entries are to be on a flat
surface (canvas, paper,
board, etc), up to A3 in
size and can include oil or
water-based paint, pencil,
pastel, crayons, collage and
photography. Computer
graphics and writing/poetry
are also included.

Age Categories 4-6, 7-9, 10-12, 13-16.

How to submit
Scan your entry and send
it with a high res image
(max 10Mb) by email to
coronationart@outlook.com
Please include your name,
your age, your school and
the school's postcode.

All entries must be submitted by 15th September 2023.

There will be a prize of £100 and a certificate for the winner of each category.

The top ten entries in each age group will be invited to take part in the final exhibition and judging.





12.5 12.5 12.5

18:30-20:00 **TRAINING** RUGBY

No.

OLD NORTHAMPTONIANS U12s GIRLS RUGBY TRAINING

JOIN OUR TEAM ON'S U12S ARE RECRUTING!
WHETHER YOU HAVE PLAYED BEFORE OR BRAND
NEW WE WOULD LOVE TO HAVE YOU AS PART OF
OUR TEAM

TRAINING IS WEEKLY WEDNESDAY'S 18:30-20:00 & SUNDAY'S 13:30-15:00

FOR MORE INFO CONTACT
TONY:07368223120 or
EMAIL:fionagirlsrugby@gmail.com





WEDNESDAY'S 18:30-20:00 NN1 5RX

OLD NORTHAMPTONIANS RFC

> SUNDAY'S 13:30-15:00 NN1 5RX



ELITE FOOTBALL COACHING



















EFC Player Development

Elite Football Coaching brings ELITE level coaching to grassroots players.

At Elite Football Coaching we want to bridge the gap and give players access to quality coaching with experienced coaches.

EFC Player Development program is designed to improve the players overall technical and tactical ability with the ball.

Each player will have a ball at their feet for the majority of the session.

<u>Girls Player Development</u>

Girls Player Development returns this February

This program will focus on our female players improving their fundamental techniques in a competitive environment.

In these fast paced sessions, players will be encouraged to be creative and take risks. This program is perfect for all players.



Age U7-U10 | 5-6pm Age U11-U14 | 6-7pm

Age U7-U10 | 5:30-6:30pm

LOCATION | MOULTON 3G, BRUNTING ROAD, NN3 7QF BOOK | INFORELITEFOOTBALLCOACHING.ORG



LIMITED SPACES PER DEVELOPMENT PROGRAM

Email info@elitefootballcoaching.org to SIGN UP



For more information please visit | WWW.ELITEFOOTBALLCOACHING.ORG |

07592299384



Join • team

To find out more about the role and to apply to join the team, scan the QR code below



Scan me

Cleaner/Housekeepers

We are currently looking for cleaners to come and join our teams in Northampton. We are a Real Living Wage employer and we've worked hard to build rewards and benefits that put you first.

What we can offer

- Real Living Wage employer
- Exceptional development and progression plan
- Contributory Pension Scheme
- Minimum 24 days holiday + Bank Holidays and additional leave purchase scheme
- Amey Rewards Portal including healthcare, free GP service and dental
- £350 referral bonus for Amey staff after the successful applicant has been in post for six months

amey

Join tean



To find out more about the role and to apply to join the team, scan the QR code below



Scan me

Facilities Operative

We are looking for Facilities Operatives to join our teams in Northampton. Our rewards are what make us feel valued here at Amey and we've worked hard to build rewards and benefits that put you first.

What we can offer

- Real Living Wage employer
- · Exceptional development and progression plan
- Contributory pension scheme
- Minimum 24 days holiday + Bank Holidays and additional leave purchase scheme
- Amey Rewards Portal including healthcare, free GP service and dental
- £350 referral bonus for Amey staff after the successful applicant has been in post for six months

Personal pride in our public service | EMPOWER | ENGAGE | EXCEL



21ST APRIL 2023

SOME NEWS FOR OUR CHILDREN

ESPOTLIGITATION YOUR WEEKLY NEWSPAPER

WasteShark in plastic infested waters



n the Middle Dock at Canary Wharf, on the river Thames in London, a robotic shark is helping to tackle the waterways waste problem by eating up the plastic, which can be found littering the river, allowing it to be recycled!
RanMarine's WasteShark is the world's first autonomous surface vessel that can monitor the water quality, whilst also removing rubbish and harmful algae from the water. Just when you thought the WasteShark couldn't be any better for the environment, its designers say it will also soon be able to clean up oil and it already

operates emission free! The ingenious invention uses two electric thrusters to move through the water, has a maximum speed of 3km per hour and can collect 22,700 plastic bottles per day. The floating machine has 15 different sensors that can measure things such as temperature, depth, dissolved oxygen, turbidity, bluegreen algae, as well as crude and refined oils, helping scientists to analyse the conditions in the river. The batterypowered robot travels for up to five kilometres (3.1 miles) scooping up floating plastic. Creator, Richard Hardiman, said 'I am not against plastic, it is a convenient product. But we do have a huge mountain of plastic waste entering the environment. It's all about how to recycle plastic even better. We can make great strides in that and the WasteShark can contribute. My dream is to have millions of WasteSharks active all over the world."

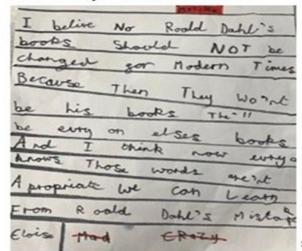
Pictured above and below: WasteShark models and in action cleaning up the waterways Source: RanMarine Technology Twitter page.



Your views on the news

Here at Picture News Headquarters, we love to hear your thoughts on our big questions and news stories! So many of you regularly share your fantastic opinions and answers through the discussion board found on our website and we want to take this even further. If you would like your voice to be featured in our newspaper or social media accounts - please get in touch by sending us your comments, your writing or photo snaps! Alternatively, if you are inspired by a news story or event, locally or in the wider world, and would like to write a story for us to publish 'in the spotlight' simply send it to us! Your teacher or grown-up can send us your work via post, email or social media using the links below.

Let us know your views on our stories!





Pictured: Pictures sent in to us from Picture News schools. Source: Picture News Facebook page.









Lucky Strike golden discovery

An amateur gold digger has discovered a ginormous gold nugget, worth hundreds of thousands of dollars in Victoria, Australia. The metal detecting enthusiast, who does not wish to be named, discovered a 4.6kg rock in the Goldfields region of Victoria, also known as the 'Golden Triangle' as it is famous for its gold. The nugget, which was found with the help of a budget metal detector contained 2.6kg of gold and is worth £130,000! 'It's one of those lifechanging pieces,' said Darren Kamp, who owns Lucky Strike Gold Prospecting where the gold was valued and bought. When he dropped it into my hand my jaw dropped with it. I've been in the gold industry for 43 years and it's the biggest gold specimen I've seen. You see big specimens found by big companies underground... but to find it with a detector, it's the biggest one I've seen.' In order to prospect for gold, a miner's right must be held. The licences. which last for 10 years, cost \$25.50 (about £20) and if you do not have one, you can't keep any gold you find as it then belongs to the crown. Whilst discoveries of this size are very rare, many people look for gold in Australia as it is believed to have the largest gold reserves on the planet and

The Lucky Strike Nugget 83 OUNCES OF GOLD



Pictured: Lucky Strike gold nugget. Source: Lucky Strike Gold Facebook page

many of the largest gold nuggets have been found there. The largest recorded to date being the 'Welcome Stranger' which weighed 72kg and was found in 1869!

Last week's topic:

How important are guide dogs for those in need?

I think all options should be explored to help people. It shouldn't be relied on by volunteers.

Mark



I think they are really important because they help people who need them and they also keep you company if you are lonely. They will become your best friend after a while because that is what they do. Guide dogs are really useful for those in need.

Grace

I think there are lots of tools around to help people who can't see.

Lily

Let us know what you think about this week's news?

- www.picture-news.co.uk/discuss
- help@picture-news.co.uk
- @HelpPicture



Picture News Ltd, Colber Lane, Bishop Thornton, Harrogate, North Yorkshire, HG3 3JR











Can you prepare for emergency situations?





Let's look at this week's story

Loud siren-like sounds will be triggered on mobile phones and other devices on 23rd April as part of a UK Government test of its new emergency alerts system. The service will broadcast alarms and send emergency advice to people's devices to warn them of nearby danger that could threaten their life such as a large fire or flooding. As part of the service's roll out, a number of trials are taking place.

TAKEHOME

Can you prepare for emergency situations



In the news this week

Loud siren-like sounds will be triggered on mobile phones and other devices on 23rd April as part of a UK Government test of its new emergency alerts system. The service will broadcast alarms and send emergency advice to people's devices to warn them of nearby danger that could threaten their life such as a large fire or flooding. As part of the service's roll out, a number of trials are taking place.

Things to talk about at home ...

- Do you believe the emergency alerts are a good idea? How do you think they might help?
- Have you ever experienced an emergency? What happened and how did you feel? Have others in your home experienced an emergency?

Please note any interesting thoughts or comments







