

## Your Designated Safeguarding Lead is Mrs Fennelly

If you have a worry you can talk to your teacher or an adult you trust.  
We also have other important people in school who know what to do if you have a serious worry – their pictures are below:



Mrs Fennelly  
Headteacher

## Deputy Designated Safeguarding Leads



Mrs De Board  
Assistant Headteacher



Mrs Richards  
Gruffalo Class Teacher



Mrs Holland  
Inclusion Leader



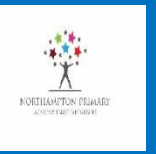
Miss Garrard  
Nurture Lead





## Dates for your Diary

Date	Year group	Event
2nd February	All Parents and Carers	Short Reports Out to Parents
3rd February	Year 6	Year 6 Trip to Parliament, London
7th February 9th February	All Parents and Carers	3:30pm -6:30pm Termly Learning Conference (Parent's Evening) Sign up for your slot from Monday Jan 9th at 6pm
10th February	Whole School	School closes for half term
Tuesday 21st February	Whole School	School open for the new term



Dear Parents and Carers,

It was wonderful to see the school turn into a Shakespeare showcase today and to see every child full of joy and pride at the wonderful work they have produced. Welcoming you and your family to this event was such a privilege and it was lovely to speak to so many of you and see how proud you were of your child/children. In addition, it has been delightful to see the enormous sense of pride that each child has had from their hard work and their superb pieces of work.

We were also lucky to welcome the CEO of our trust (NPAT) Julia Kedwards, and the trust Education Lead, Anna Carter to the showcase, they too were astounded by the high attainment level of writing and artwork across school.

I am so proud of the whole school for their commitment and their enjoyment that has filled the classrooms during our Romeo and Juliet unit. Seeing the happiness and pride from children and families today was a perfect end to the unit.

I hope you have a lovely weekend and I look forward to seeing you next week.

Best wishes

Mrs Fennelly

## Poster of the Week



**This week we shared how fantastic the children have been during our three-week Shakespeare unit. Their work has been outstanding, and they have learnt so much. We are so proud of everyone!**

## School Mental Health Leads

### Ms Holland and Miss Garrard are the Mental Health Leads at Simon de Senlis

If you have any worries or concerns about any aspect of your child's mental wellbeing please speak to your child's class teacher or contact us in school.



Laura Holland

Inclusion Leader  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



Hannah Garrard

Family Support Worker  
Deputy Designated Safeguarding Lead  
Mental Health First Aider



## Mental Health and Wellbeing at SDS

### A Message from Mrs Fennelly

Being aware of children's mental health and well-being and being skilled to support this in school is extremely important to me and all the staff at school.

We know that children and adults will have times in their life when they need help and support with their mental health. Because of this there are many things that are in place at SDS if your child needs support-

- Mrs Holland and Miss Garrad are trained Mental Health Leads.
- We have a team of staff who are also trained to support children.
- We have a dedicated room, the pod, which is calm and peaceful and where support can be delivered in a comfortable setting.
- All classes take part in a weekly PSHE lesson, where children develop knowledge of relationships, feelings and emotions.
- Children have lessons where they create their 'hand of support'- those adults who they know they can go to if they are feeling unhappy or worried.
- Teachers and support staff are skilled to support children on a day to day basis and know when to refer to Mrs Holland or Miss Garrard.
- We work closely with many external professionals to support children when needed.
- Each classroom has a worry box where children can report any concerns.
- A new addition to the newsletter will be a Mental Health and Wellbeing page to offer support and guidance.


## Miss Garrard says...

Are you a parent of a child who is struggling to manage their well-being and mental health? The Lowdown offers a drop-in session for parents to offload, learn strategies to support their child further and meet other parents in the same situation.

Check out their website, as they also offer support for children too.

[Emotional Wellbeing | The Lowdown | Support Young People](#)

Please do not hesitate to contact me if you would like some further information or support.



## Parent Support Services

For parents/carers of young people who are struggling with their mental health or emotional wellbeing.

**Drop-in Support:**


Every Monday  
4pm - 6pm  
@thelowdown

- Support
- Offload
- Explore Strategies
- Boost Wellbeing
- Learn Skills


**Parent/carer Facebook Page:**

To find us search:  
'Lowdown's Parent/Carer Support Group'

or scan QR code to take you to the page >



Join our facebook group for support, information, share experiences and gain coping strategies.



the lowdown  
3 Kingswell Street,  
Northampton NN1 1PP  
01604 634385

[www.thelowdown.info](http://www.thelowdown.info)

## Miss Garrard says...

### Parenting and relationship support

Parenting can be one of the hardest jobs there is and we may all find at times that we need some extra help and support. Relationships can often change when we become parents or step-parents.

Less sleep, less time for each other and less time to talk can all place added strains on parents. External pressures such as the coronavirus pandemic and increases in the cost of living can all add to this strain.

Support is available for you and can be accessed by emailing our Children and Family Support Service, [CFSS@nctrust.co.uk](mailto:CFSS@nctrust.co.uk). You are not alone and our children's centres can offer help and guide you along the way.

### Parental Relationship Support

Conflict is a normal part of any relationship. It only starts to become a problem when conflict is frequent, intense and remains unresolved. Research tells us that parental conflict is harmful to children and affects their mental health, behaviour and success at school. We can support you by finding ways to improve your communication and reduce conflict.

There are 3 online resources to help parents which show how conflict can happen in stressful situations, and how these situations could be handled differently to reduce stress and reduce the impact on their children.

These resources are available free to parents. An account will need to be opened and then access is available for any of the modules.

There are also 'Getting On Better' cards available, which provide handy hints and tips for handling different situations, and these are available by emailing [CFSS@NCTrust.co.uk](mailto:CFSS@NCTrust.co.uk)

Resource	Who is it for	What is covered
Me,you and baby too	New and expectant parents	<p>The resource:</p> <ul style="list-style-type: none"> <li>• helps new and expectant parents to recognise and adapt to the changes that parenthood can have on relationships</li> <li>• raises awareness of the impact of stress and conflict on their baby</li> <li>• supports parents to develop skills to manage conflict constructively</li> </ul>
Arguing better	Parents experiencing high levels of stress and couple conflict	<p>The resource:</p> <ul style="list-style-type: none"> <li>• raises awareness of parental conflict and its impact on children</li> <li>• increases parents' capacity to cope with stress together</li> <li>• supports parents to develop skills to manage their conflict more constructively</li> </ul>
Getting it right for children	Separated or separating parents experiencing high levels of stress and conflict	<p>The resource:</p> <ul style="list-style-type: none"> <li>• raises parents' awareness and understanding of how they are putting their child in the middle of their conflict</li> <li>• helps parents to develop positive communication skills.</li> <li>• supports parents to cooperate and work out solutions together</li> </ul>



## A good visual to help you support your child's wellbeing

### THE EMOTIONAL CUP

#### Some ways that children deal with having an empty cup:

- Steal from other people's cups
- Misbehave to get your attention and show that they need a refill
- Seem to have bottomless cups, or need constant 'topping off'
- Can't sit still for refills or actively refuse them
- Bounce off the walls when they approach 'empty'
- Think they have to fight or compete for every refill

#### What fills a child's cup:

- Play
- Friendship
- One-on-one time
- Love and affection
- Connection
- Succeeding
- Doing what they love



#### What empties a child's cup:

- Stress and strain
- Rejection by peers
- Loneliness and isolation
- Yelling and punishment
- Failing
- Fatigue
- Doing what they hate

Imagine that every child's emotional wellbeing was like a cup that needed to be filled – with affection, love, security and attention. Some children might seem to have a full cup most of the time or know ways to help them refill this. However, some children might need a little adult support to help them do this and most children will get a little nervous when their cup is running empty and can display this in a lot of different ways as highlighted above.

You might like to explore with your child ways in which you can both ensure their cup is topped up each day to help keep their emotional wellbeing (and yours) as healthy as it can be.

Ms Holland 😊

# Community Safety Day

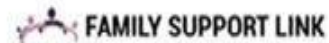


**Saturday, 4 February 2023**  
11am-2pm  
at **Far Cotton Rec Centre**



Come and meet organisations offering advice on all aspects of your home and personal safety. An opportunity to raise concerns, share ideas and hear from those officers working in the area.

*Cllr Emma Roberts*





Far Cotton Community Safety Day Event, 4th  
February 2023

**Members of the police community  
will be offering security marking for  
your bicycles**



[Supporter registration](#)[Educational Resources](#)[Supporters](#)[Safer Internet Day Youth Charter](#)[Films](#)[Video Wall Guidance](#)[Video Wall](#)[Social Media Template](#)[Parents and carers](#)[Social Media Pack](#)

Safer Internet Day 2023 will take place on the 7th of February 2023, with celebrations and learning based around the theme ‘Want to talk about it? Making space for conversations about life online’.

There is a range of free resources and information available online which parents and carers can access at home. From films to books, games to top tips, you can find a range of ideas and activities which you could complete with your child at home – to better improve their understanding of the internet. <https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2023/parents-and-carers>

Safer Internet Day is a great opportunity to focus on online safety with children, whatever their age. The resources available on the link above offer a range of pages to help you start a conversation with your child, whatever that may be about and no matter how much time you have.

## Reading

**PhonicsPlay**

Website: [PhonicsPlay](https://www.phonicsplay.co.uk/)

Username: simonde

Password: simonde

**Developing phonic knowledge is the first stage of reading and reading fluency. These skills develop from Reception into Year 3. Did you know that the school has a membership to PhonicsPlay that you and your child can use at home for free? Log into Phonics Play using the username and password below and go to resources to play phonics games with your child:**

Home	Resources	Teachers	Parents	FAQs	Subscribe
Phase 1	Phase 2	Phase 3	Phase 4	Phase 5	Phase 6

## Whole School RSC Showcase

This morning we welcomed Parents and Carers to see their child's writing and art outcomes from the end of our whole school unit on Shakespeare's Rome and Juliet. It was amazing!

Please see the work from across school on the sway below-

<https://sway.office.com/xaHjQkI5vfXMKW8V?ref=Link>



## Anti-bullying Ambassadors

Our Year 5 Ambassadors met this week to share their ideas to ensure that any children who need help with friendships or someone to play with know where to find support.

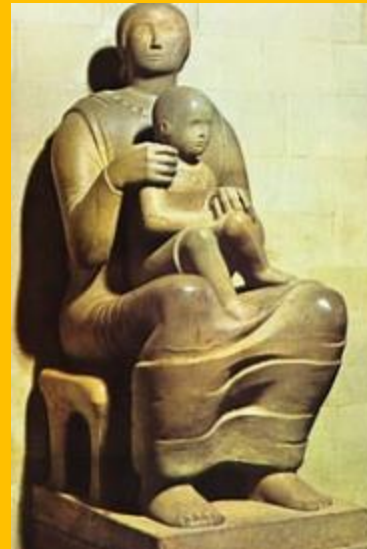
They have carefully chosen prominent places around school to display their posters and messages. Over the next fortnight, they will design and share their ideas across school.

This campaign is part of the wellbeing aspect of The Diana Award to support peers in school.



## Artist of the Week- Henry Moore

Henry Moore was a British artist and sculptor. He produced many large sculptures which became more abstract over the years. His sculptures are often of people and one of his recurring pieces is the reclining figure. His sculptures are very large and often placed in natural outdoor environments, usually made in bronze. Henry wanted his sculptures to be outside and he wanted people to walk all around them and touch the surface of the bronze. Did you know that there is sculpture by Henry Moore in ST Matthews Church in Northampton? It is called Madonna and Child.







## Contact Details

**Please remember to email the school office if, over the holidays, there have been changes to your:**

- **Circumstances**
- **Phone number**
  - **Address**
  - **Email**

**[info@simondesenlis.org](mailto:info@simondesenlis.org)**

## Think of the week

A **think** is an **unusual question** that makes you **think**. A beguiling question about everyday things that stops you in your tracks and helps you start to look at the world in a whole new light.



**Do animals think things are funny?**

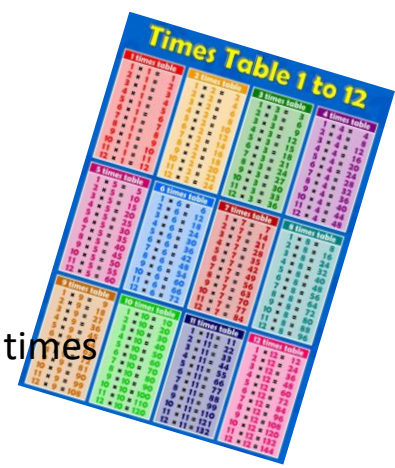


# In assembly this week

This week in our assemblies, we considered the impact of dropping litter on both our local environment and the wider world. We considered the effect litter has on plants and animals and wondered if people should have the choice about what they do with their rubbish. We considered how the rule of law might help us with this problem and how we have individual liberty over how much we follow the littering rules and over our sense of responsibility. We thought about how just one person doing the right thing can make a big difference.




## Why is learning times tables important?



1. Learning basic times tables will make it easier to learn more challenging ones – for example if children know their 3 times tables, they will be able to work out their 6 times tables by doubling the answer.
2. When children frequently, successfully recall their times tables they will grow in confidence, which will not only help them tackle more challenging maths problems, but will help to keep them motivated and engaged across other subjects too.
3. Multiplication underpins many other aspects of mathematics such as algebra, division and fractions – an early understanding of multiplication will help children right up to GCSE level and beyond.
4. Recalling times tables improves memory skills, which is a transferrable skill that will help children throughout school and into adult life.
5. Children will find it easier to solve maths problems and to do mental arithmetic if they have already memorised their times tables.
6. Children will find maths exams less daunting as they will be assured in their ability to recall times tables. This means that when tackling more challenging maths problems they can easily recall and apply their existing knowledge whilst focusing on the question.
7. Multiplication is used day to day throughout adulthood, whether it's working out price reductions, doubling recipes or splitting bills!

## Sports – It's a Hit

### How to play



**1**

Play in small teams – up to 4 players in a team. In each team, give each player a letter: A, B, C etc. Players stand behind a start line. The finish line is opposite, at least 10 metres away.

**2**

Player B has the ball and starts to count – 1, 2, 3 seconds. As soon as the counting starts, player A must run towards the finish line. Player A may zig-zag as they run.

**3**

After the 3 seconds, player B throws the ball, trying to hit player A before they reach the finish line. The hit must be below the player's shoulder. B scores a point if it's a hit. If it misses or player A reaches the finish line, there is no score.

**4**

Player A collects the ball, runs back to the start line and gives the ball to player C. Player C starts to count and player B starts to run.

**5**

Keep playing so all team members get to throw and run at least once. See how long you can keep the relay going!

#### Variations

- Change the distance between the start and finish lines to suit the speed and power of the different players, e.g. shorter for younger children.
- Make up your own rules and scoring.

#### Challenge yourself

- Can you improve your previous score?
- Can you increase the distance between the start and finish lines?
- Can you play for longer without a rest?

## It's a Hit

Why not try this team game and practice your throwing skills. Be creative and make up some rules and scoring system.

Enjoy and stay active.

Miss Bland

## Information for Year 5 Parents of children with SEND IASS Northants information events

Dear Parents and Carers, IASS Northants will be holding their secondary school transfer seminars for parents of children with SEND (with or without EHC Plans).

These are open to families in both North and West Northamptonshire. Please see below for more information.

The first sessions are held in January - to book please visit: <https://tinyurl.com/4vb728rb>

For more information please contact Ms Holland or Mrs Haigh via the school.

### Northamptonshire Information, Advice, and Support Service for SEND (IASS)

#### Year 5 Seminars 2022-23

Supporting the positive transfer from primary school to secondary school for children with special educational needs and/or disabilities (SEND). This seminar is for you if you're a parent or carer of a child in Year 5 who either has an EHC Plan or receives SEN Support at school.

#### Dates & Locations:

- Corn Market Hall, Kettering - Thu, 19 Jan 2023 (6pm-8pm)
- Castle Theatre, Wellingborough - Tue, 14 Mar 2023 (10am-12noon)
- NMPAT, Northampton - Thu, 26 Jan 2023 (12:30pm-2.30pm)
  - Daventry Town FC - Wed, 15 Mar 2023 (6pm-8pm)

To book, visit <https://tinyurl.com/4vb728rb>





## Abington Museum



### Vegan market

Saturday 28 January

11am - 4pm

Free entry

Veggie delights will be in abundance at this vegan market. Whether you are vegan, vegetarian or just v-curious, you will find a wide choice of stalls selling delicious plant-based food and drink produced in the region, along with vegan beauty products and other ethically produced items, including clothing.

## Abington Museum



### Vintage and craft fair



Saturday 11 March

11am - 4pm

Free

A selection of vintage, reworked and handmade stalls selling fashion, accessories, jewellery, collectibles, homeware and more. Enjoy the delicious hot food and drinks in the courtyard from local food and drink producers.



The Community Fridge is located at the Abbey Centre. This is open Tuesday and Friday 10.30-12 pm and Friday 4-5:30pm. They require a £1 donation.





# ELITE FOOTBALL COACHING



## GIRLS PLAYER DEVELOPMENT



### DEVELOPMENT

For players to enhance their skills outside of team training. Open to all players, the emphasis is on our female players improving their fundamental techniques in a competitive environment.



### OPPORTUNITIES

Every Friday  
Ages U10 - U12  
6.30 - 7.30PM  
£35 Per Month



### SKILLS

Players learn close control, dribbling, 1v1 moves and other footballing techniques. Players will be challenged in pressured scenarios to improve the ability to execute in games.

FOR MORE INFORMATION  
info@elitefootballcoaching.org



SESSION LOCATION  
Moulton 3G, Brunting Road

## EFC Player Development

Elite Football Coaching brings ELITE level coaching to grassroots players.

At Elite Football Coaching we want to bridge the gap and give players access to quality coaching with experienced coaches.

EFC Player Development program is designed to improve the players overall technical and tactical ability with the ball.

Each player will have a ball at their feet for the majority of the session.

**EFC PLAYER DEVELOPMENT**

EVERY MONDAY      EVERY FRIDAY

Age U7-U10 | 5-6pm      Age U7-U10 | 5:30-6:30pm

Age U11-U14 | 6-7pm

£35 PER MONTH

LOCATION | MOULTON 3G, BRUNTING ROAD, NN3 7QF

BOOK | INFO@ELITEFOOTBALLCOACHING.ORG



## Girls Player Development

Girls Player Development returns this February

This program will focus on our female players improving their fundamental techniques in a competitive environment.

In these fast paced sessions, players will be encouraged to be creative and take risks. This program is perfect for all players.



LIMITED SPACES PER DEVELOPMENT PROGRAM

Email [info@elitefootballcoaching.org](mailto:info@elitefootballcoaching.org) to SIGN UP



For more information please visit | [WWW.ELITEFOOTBALLCOACHING.ORG](http://WWW.ELITEFOOTBALLCOACHING.ORG) | 07592299384

# Holiday Fun



## February Half Term 2023

<b>Games /Sports</b> 	<b>Atomic Science</b> 
<b>Arts &amp; Crafts</b> 	<b>YOGA and Mindfulness</b> 
<b>Circus Skills</b> 	<b>Music</b> 

Is it for me?

Open to Primary age children from Reception to Age 11

How much?

£15 per day, 9am – 3.30pm each day

How do I book?

To book spaces please visit: [www.northamptonesco.co.uk](http://www.northamptonesco.co.uk), you can book as many days as you require. Full details can be seen on our website/facebook page.

What do I need?

Packed Lunch and plenty of drinks.

Wear clothes suitable for moving freely and trainers/plimsolls.

Parents/Carers must drop off and pick up children.












Please ensure your child's lunch does not contain any nuts.

Queries?

Email- [msmith@northamptonesco.co.uk](mailto:msmith@northamptonesco.co.uk) or 07917 535762

## February Half Term 2023

Monday 13<sup>th</sup> February to Friday 17<sup>th</sup> February

Monday 13 <sup>th</sup> February	Tuesday 14 <sup>th</sup> February	Wednesday 15 <sup>th</sup> February	Thursday 16 <sup>th</sup> February	Friday 17 <sup>th</sup> February	Venue
<b>Sports</b> 	<b>Yoga</b> 	<b>Yoga</b> 	<b>Yoga</b> 	<b>Circus skills</b> 	<b>Cedar Road Primary School,</b>  <b>Broadway East, NN3 2PP</b> (access through pedestrian gate to main hall)
<b>Games</b> 	<b>Science</b> 	<b>POP CHOIR (NEW)</b> 	<b>Arts and Crafts</b> 	<b>POP CHOIR</b> 	
<b>Science</b> 	<b>Arts and Crafts</b> 	<b>Games</b> 	<b>Science</b> 	<b>Music</b> 	



We are proud to announce that we are now fully OFSTED Registered and as a result of this, we are able to accept all types of childcare vouchers and the government tax-free scheme as payment for our services.

This is something we have been working on for some time that will hopefully allow even more people to join us at our amazing Holiday Camps.

## HOW TO REGISTER

To register for any of our Camps throughout the year, please head to our website.

**Rhinosportsacademy.co.uk/camps**

Select the camp activity and dates you desire and your good to go.

### NEED SOME HELP REGISTERING?

If you are experiencing any difficulties registering your child for one of our clubs or camps please don't hesitate to get in contact with one of the team who will be more than happy to help.

 @Rhinosportsacademy

 @RhinoSportsAcad

 @rhinosportsacademy

Phone: 07894 713006

Email: [enquiries@rhinosportsacademy.com](mailto:enquiries@rhinosportsacademy.com)

# FEBRUARY CAMP



MULTISPORTS

ARTS & CRAFTS

PERFORMING ARTS

[RHINOSPORTSACADEMY.CO.UK/CAMPS](http://RHINOSPORTSACADEMY.CO.UK/CAMPS)

We are pleased to announce Rhino Sports Academy Camps will be held at two different venues this February. Blisworth Primary School and Good Shepherd Primary School

Here is some more information on what each activity will include on the day. We encourage children to try out new experiences and if on the day your child wants to swap over and do something different that is no problem at all.

## MULTISPORTS

At a Rhino multisport camp, every child spends a portion of their day participating in each of the sports on offer. They will learn the rules of the game plus new skills and new techniques for the first part before moving on to match play and games for the latter part.

Our Multisport Camps are a great way for children to enjoy some sporting variety and encourage participation in new sports for those still looking to find out which sport they enjoy the most.

Our coaches are all passionate about healthy competition and about exploring the fun and excitement that playing sport can bring. Prizes will be awarded for effort and excellence shown throughout the day.



## PERFORMING ARTS

Rhino Dramatics and Rhino Dance are coming together to offer something special to those who love to explore their expression and will learn new ways of using voice and body and naturally build up their confidence whilst having heaps of fun in the process.

Every child will spend their day learning, devising and performing different areas of Dance & Drama with experienced and passionate coaches. We will focus on learning new techniques, creating new work and promoting confidence in performance. Making our performing arts camp fun and engaging for all involved.

Prizes will be awarded for effort and excellence shown throughout the day.

## ARTS & CRAFTS

Our brand new Arts & Crafts Camp will be a great opportunity for children who love to be creative and get a bit messy. We will help your children discover their unique abilities and find their artistic talents. They will have lots of fun doing lots of different activities from colouring to painting, making things out of different materials and exploring new ways of learning. With the option to do some baking and decorating

## BLISWORTH CAMP

Blisworth Primary School, Courteenhall Road,  
Northampton NN7 3DD  
13th-17th February  
9am-4pm  
Ages 4-12

**Multisports Camp**  
Full Week - £90.00  
Full Day - £22.50  
Half Day - £12.00

**Performing Arts & Crafts**  
Full Week - £100  
Full Day - £25.00  
Half Day - £12.50

## GOOD SHEPHERD CAMP

Good Shepherd Primary School, Kingsland Gardens,  
Northampton NN27BH  
13th-17th February  
9am-4pm  
Ages 4-12

**Multisports Camp**  
Full Week - £90.00  
Full Day - £22.50  
Half Day - £12.00

# THE RHINO SHOP

Order your Rhino clothing from our online store



visit: [rhinosportsacademy.co.uk/shop](http://rhinosportsacademy.co.uk/shop)

Pupil Days

Bank Holidays

School Holidays

Teacher Training Days

# NPAT Academic Calendar 23/24

**Teacher Training Days**  
Monday 4 September 2023  
Tuesday 5 September 2023  
Monday 30 October 2023  
Monday 26<sup>th</sup> February 2024  
Monday 3<sup>rd</sup> June 2024

September 2023					
Mon		4	11	18	25
Tues		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

October 2023					
Mon		2	9	16	23
Tues		3	10	17	24
Wed		4	11	18	25
Thu		5	12	19	26
Fri		6	13	20	27

November 2023					
Mon			6	13	20
Tues			7	14	21
Wed		1	8	15	22
Thu		2	9	16	23
Fri		3	10	17	24

December 2023					
Mon		4	11	18	25
Tues		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

January 2024					
Mon	1	8	15	22	29
Tues	2	9	16	23	30
Wed	3	10	17	24	31
Thu	4	11	18	25	
Fri	5	12	19	26	

February 2024					
Mon		5	12	19	26
Tues		6	13	20	27
Wed		7	14	21	28
Thu	1	8	15	22	29
Fri	2	9	16	23	

March 2024					
Mon		4	11	18	25
Tues		5	12	19	26
Wed		6	13	20	27
Thu		7	14	21	28
Fri	1	8	15	22	29

April 2024					
Mon	1	8	15	22	29
Tues	2	9	16	23	30
Wed	3	10	17	24	
Thu	4	11	18	25	
Fri	5	12	19	26	

May 2024					
Mon		6	13	20	27
Tues		7	14	21	28
Wed	1	8	15	22	29
Thu	2	9	16	23	30
Fri	3	10	17	24	31

June 2024					
Mon		3	10	17	24
Tues		4	11	18	25
Wed		5	12	19	26
Thu		6	13	20	27
Fri		7	14	21	28

July 2024					
Mon	1	8	15	22	29
Tues	2	9	16	23	30
Wed	3	10	17	24	31
Thu	4	11	18	25	
Fri	5	12	19	26	

August 2024					
Mon			5	12	19
Tues			6	13	20
Wed			7	14	21
Thu		1	8	15	22
Fri		2	9	16	23

This may be of  
interest to you-  
Take a look at this  
course- English for  
Speakers of Other  
Languages

# ESOL

## English for Speaker of Other Languages

Improve your English skills and become more confident in communicating with others.

We have groups at all levels, with a choice of days and times. To find the best group for you, we will ask you to complete an Initial Assessment to find out your level.

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**How much control do influencers  
have over our choices?**

***27TH JANUARY  
2023***

**SOME  
NEWS FOR  
OUR CHILDREN**



## Let's look at this week's story



A drink called 'Prime Hydration' has arrived in the UK and as quickly as it arrived, it sold out. The creators of the drink are online influencers KSI and Logan Paul. After opening, some shops saw pushing and shoving as people tried to get their hands on the drinks, with many deciding to limit customers to one bottle per person. The craze did not stop at the supermarket shelves; on eBay, the drinks were up for sale for thousands of pounds each. The founders of Prime, KSI and Logan Paul, have a combined YouTube following of over 40 million people.



# Christmas tree flood protection

Yorkshire business person, Sara Tomkins, has been talking about her innovative idea to tackle flooding – with pre-loved Christmas trees! She set up a company in 2020 that hires out potted fir, pine, and spruce trees over the festive period and collects them back again in the New Year. This way the trees remain alive and continue to grow. Once the trees have grown too large and can no longer be hired out to households, they are planted to give natural flood protection in Mytholmroyd and Hebden Bridge, Yorkshire. Dozens of the original 400 trees have now become too tall for the average living room, and have been planted in the upper parts of the Calder Valley to help stop floodwaters running down into the two towns below. Rooted Christmas tree rental founder, Sara, discussed the project saying, 'It's like people adopt them. They become part of the family. I've got a couple of people



**Pictured:** Christmas trees in pots  
**Source:** Canva

already asking if they can have the same tree again in 2023 and I'm trying to gently break it to them that it's going to be nine foot by then so it won't fit in their house.'

# Single-use plastic cutlery and plates to be banned in England

The government has announced that single-use plastic plates, trays, bowls, cutlery, balloon sticks and certain kinds of polystyrene cups and food containers will be banned in England for environmental reasons. This follows similar announcements already made by Scotland and Wales. Research by Defra (Department for Environment, Food and Rural Affairs), tells us that each person in England uses an average of 18 single-use plastic plates and 37 items of plastic cutlery every year. Also stating that only 10% of those are recycled. 1.1 billion single-use plates and more than 4 billion pieces of plastic cutlery are used in England annually. This new rule applies to plastic packaging for food and drinks from restaurants and cafes, not supermarkets and shops (which the government will consider separately). Environment Secretary Thérèse Coffey, said, 'This new ban will have a huge impact to stop the pollution of billions of pieces of plastics and help to protect the natural environment for future generations.' Other



**Pictured:** Disposable plastic cutlery **Source:** Canva

people, whilst welcoming the ban, thought that the government could still do more, with Megan Randles, a political campaigner for Greenpeace UK, saying, 'We're dealing with a plastic flood, and this is like reaching for a mop instead of turning off the tap'.  
**Do you think this ban is a good idea? Should more items be banned too?**

Share your thoughts and read the opinions of others

[www.picture-news.co.uk/discuss](http://www.picture-news.co.uk/discuss)



# Never-Ending Literary Treasure Hunt

A literary treasure hunt is where children search for and find hidden books, read them and re-hide them for others. One such book hunt is based in Braidwood, a small town in the Southern Tablelands of New South Wales, Australia. A variety of books suitable for all ages of children are hidden all around the town, in locations such as shop windows, among shrubs, in parks, on benches and anywhere the children involved think would be a good hiding place for them. Each book is placed inside a plastic bag to keep it safe with a flyer that says: 'You are the lucky finder of this book. Read it, enjoy it, and then re-hide it for someone else to enjoy. Please reuse this bag. Add your name inside the cover and let's see how many can find it!' It has been reported that the people of Braidwood are enjoying the treasure hunt, after hearing about similar ones in other towns and setting up their own. 'It's lovely to watch the little kids' faces when they find the books, and it's just a little bit more magical,' mum of 5, Samantha Dixon said, adding 'I enjoy the fact these books are being read and are not just being left on the shelves and that kids are outside finding them not on screens.'

**Do you think this is a good idea for a treasure hunt? Can you think of anything else that could be hidden for a treasure hunt?**



**Pictured:** Children enjoying the literary treasure hunt in Braidwood. **Source:** Braidwood Hidden Books Facebook page.

Last week's topic:  
**Can you learn how to manage under pressure?**

I think that we can help each other deal with difficult times better, that's the best way.

**Ellie**



I think some people manage better than others when things are hard.

**Andrew**

I think that sometimes you can't but if you just do what you can that's brilliant!

**Selina**

**Let us know what you think about this week's news?**



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# Mutual Respect and Tolerance

We all have the power to influence so should consider how our behaviour, actions and words can affect others.

# Reflection



Influencers may have thousands or even millions of online followers; people who admire or look up to them.

Whilst they may guide some of our choices, it's important for us to remember to make our decisions with an open mind, considering both positive and negative consequences.



# TAKEHOME

23 - 29  
January



**How much control do influencers have over our choices?**

## In the news this week

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### Things to talk about at home ...

- > Do you watch any influencers online? Talk to others in your home – do they watch influencers?
- > Are there other well-known people that you admire or look up to? What are they known for?

**Please note any interesting thoughts or comments**

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Share your thoughts and read the opinions of others

